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SEX OFFENDER TREATMENT PROGRAM

1 Deputy Probation Officer (DPO)

The DPO will:

- Assess all minors using the JSORRAT (Juvenile Sexual Offense Recidivism Risk Assessment Tool), a Static Risk Tool, in order to develop an individualized case plan.
- Assist the treatment provider in addressing critical issues and in supervising the minor's activities in the home and community according to the developed safe plan.
- Work closely with the treatment provider(s) in developing a case plan to ensure the minor is meaningfully participating in the treatment program and complying with court and therapeutic directives that may include a polygraph.
- Provide a link between the provider and the minor's family.
- Provide case management functions including liaison with other community agencies involved with the family.
- Track outcomes for each minor.
- Utilize motivational interviewing skills to establish rapport and assist the minor through the stages of change.

Goal – Minors are expected to learn values as they relate to a respect for self and others. They may receive sex education and will develop an understanding of healthy human sexuality, and the correction of distorted beliefs about appropriate sexual behavior. Therapy focuses on impulse control and coping skills, assertiveness skills and conflict resolution to manage anger and resolve interpersonal disputes. Family Maintenance efforts are primary. The case plan is geared towards reducing recidivism and preventing out of home placement or Department of Juvenile Justice (DJJ) commitment.

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WRAPAROUND INTERAGENCY NETWORK FOR GROWTH & STABILITY (WINGS) FOR EMOTIONALLY DISTURBED MINORS

1 Deputy Probation Officer (DPO); 1 Mental Health Clinician; 1/2 Legal Process Clerk (LPC); Contract with 1 Parent Partner, 1 Skill Builder

The Team will:

- Review referrals from DPO for caseload appropriateness for minors with a mental health diagnosis.
- Identify strengths/needs of the family, family commitment and establish treatment goals.
- The family will be given choice and voice in determining how to meet their needs and the team will assist in facilitating their utilization of resources.
- Develop a crisis safety plan as part of the treatment plan to reduce the threat of violence or suicide.
- Monitor progress and provide care coordination.
- Monthly WINGS Court review with the team, judge, minor and family.
- Team will meet weekly to review progress and staff cases.
- Incorporate the Positive Achievement Change Tool (PACT) assessment and case plan into treatment goals to maintain focus on evidence-based practices.
- Statistical information will be maintained regarding school attendance, re-arrest, successful probation completion, or out of home placement.

The LPC will:

- Lend administrative and clerical support to program staff
- Attend staff meetings; take notes; enter data into automated database

The Parent Partner will:

- Under the guidance of supervisor, provide direct services to children and families, and secure community-based resources.
- Provide interventions for children and families that support the individualized Child/Family Plan.
- Be available to families on a flexible basis.
- Participate in work groups, special projects and trainings.
- Help the family team to determine who will make up the family team.

The Skill Builder will:

Teach skills that enable youth to problem solve and engage in everyday positive social interactions. These skills include but are not limited to:

- Money management, such as budgeting and shopping skills
- Using public transportation
- Time management to help with scheduling activities (i.e. household chores, appointments, etc.)
- Drug and alcohol prevention
- Pregnancy prevention
- How to avoid incarceration

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- Following family rules
- Communication techniques to manage family disagreements
- Coping skills to deal with stressful situations such as day-to-day disappointments and family disagreements

Goal – Wraparound philosophy promotes supporting family strengths and community involvement. This program will create a strengths-based, family-focused case plan with a team of professional staff, family and others all focused on providing services, assistance and care toward the ultimate program goal. Individualized programs will work towards reducing recidivism, minimizing the need for high level placements, and improving the family's ability to effectively cope with the minor's mental health issues. Family Maintenance efforts are primary. The case plan is geared towards reducing recidivism and preventing out of home placement.

The process of engaging the family, convening the team, developing the treatment plan goals, implementing the plan, and transitioning the youth out of formal wraparound is managed by Probation as the lead agency. The lead agency responsible for implementing the wraparound process for families must support implementation in several key ways, including maintaining appropriately low caseload sizes; ensuring that primary staff receive comprehensive training and skill development; supporting wraparound team efforts to ensure necessary members attend meetings and participate collaboratively; and making timely decisions regarding funding for strategies developed by the team to meet families' unique needs.

Fiscal strategies, including providing funds to break down barriers to success, have been developed to support the wraparound effort and to better meet the needs of families. These funds can be utilized for necessary basics such as food, clothing and acquiring shelter, but also for privileges, rewards, incentives and other items and services that reinforce family members' needs, goals, and likelihood of success.

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JUVENILE ACCOUNTABILITY CASELOAD (JAC)

1/2 Deputy Probation Officer (DPO); 1/4 Probation Assistant (PA); 1/4 Legal Process Clerk (LPC)

The DPO will:

- Review police report referrals to determine eligibility of minor to the program.
- Meet with the minor and parent(s) and complete a prescreen PACT assessment that identifies the problems, issues, and strengths of the family.
- Depending on the identified needs, refer the minor and family to the appropriate services. (Various education programs, Peer Court, Thinking For a Change (T4C); substance abuse counseling, mental health services, parenting classes, community service work, victim impact classes, Coroner's Office tour, discussion on choices, restitution, writing assignments, and apology letters.)
- Monitor those placed on diversion for completion of sanctions and/or programs.
- Track outcomes for each minor.

The PA will:

- Monitor the return of "Minor and Family and Assessments" paperwork.
- Contact minors and families regarding non-compliance; refer to the DPO as needed.

The LPC will:

- Perform data entry to document that the assigned programs and services have been completed.
- Scan all documents into the computer when case is closed.

Goal –Provide diversion programs for low risk and first time offenders that support Evidence-Based Practices to reduce recidivism.

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JUVENILE DETENTION ALTERNATIVES PROGRAM (JDAP)

1/4 Deputy Probation Officer (DPO); 1/2 Legal Process Clerk (LPC)

The DPO will:

- Be responsible for the overall provision of the program.
- Screen referrals from DPOs and the court for low to moderate risk offenders appropriate for community supervision in lieu of formal custody.
- Assess minors combining the PACT with officer recommendation.
- Supervise a maximum of ten minors in the program.
- Consult with Supervising Deputy Probation Officers and Supervising Juvenile Detention Officers from Juvenile Hall to determine the eligibility of minors in formal custody to be furloughed on JDAP.
- Interview minor and family for inclusion in the program.
- Give final approval on selecting minors for inclusion in the program.
- Meet with minor and family for release from formal custody.
- Complete all necessary paperwork for the program.
- Assign JDAP workbook tasks and furthers specialized program requirements when necessary.
- Accomplish all field supervision/telephone contacts.
- Be responsible for returning minors to custody and filing of necessary detention memos.
- Re-evaluate low- to moderate-risk minors in formal custody that have previously violated program rules or re-offended.

The LPC will:

- Monitor the JDAP phone-in line and enter case notes.
- Keep the DPO informed of the current whereabouts of the minors and their progress and compliance while in the program.

Goal –Maintain a low Juvenile Rehabilitation Facility (JRF) population by providing a proactive, intensive level of supervision services to the minor and family as an alternative to JRF custody. Provide support and supervision for minors transitioning from formal custody back into the home and community. Enhance community protection and reduce recidivism by strict enforcement of new and previously imposed court requirements. Improve the rehabilitative efforts of probation by identifying possible problem areas and making appropriate interventions and/or recommendations in alignment with evidence-based practices.

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PARENT PROJECT

10% Probation Assistant (PA); 20% Juvenile Detention Officer (JDO); 1/4 Deputy Probation Officer (DPO) Contract with 1 Parent Partner

Two components: Parenting Classes and Teen Curriculum

Parenting Classes:

- For parents with difficult or out-of-control adolescents
- Parents learn and practice specific prevention and intervention strategies for destructive behaviors such as:
 - Truancy
 - Alcohol and other drug use
 - Gangs
 - Running away
 - Violence in the home and in the community
 - Suicide
 - Poor school attendance and performance
- Twelve-week course commitment; three-hour sessions
- Three courses per year
- Maximum class size of 25
- Parents pay \$25 for a workbook. Dinner is provided
- Commencement ceremony at the end of the course presided over by the Juvenile Court Judge and the Chief Probation Officer

Teen Curriculum:

- For at-risk minors whose parents are participating in the Parent Project and who are excessively truant, lack self-control, have difficulty problem solving, and are not respecting family values.
- Targets case plan; satisfies and fulfills select recommended treatments based on risk assessment and needs assessment.
- Minors will learn personal and social responsibility focusing on:
 - Accountability, Communication, Cooperation
 - Determination, Dependability, Goal-Setting
 - Honesty, Integrity, Problem Solving
 - Perseverance, Reliability, Responsibility
 - Respectfulness, Self-Control, Self-Discipline, Self-Esteem
- Twelve-week course, two-hour sessions, once a week
- After school
- Class size of 15-20 minors
- Transportation assistance will be offered
- Commencement ceremony will be the same night as the parents

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- Teens will also be journaling in the evidence-based Courage to Change workbooks: What Got Me Here?; Responsible Thinking; My Individual Change Plan

Goal – The parenting classes give parents concrete, concise tools to change negative or unwanted behaviors in children and to build a stronger family unit. The teen component empowers teens to recognize their impact on others and accept responsibility for their actions. With both of these programs, we should see decreased absenteeism, fewer school suspensions, fewer incidents of destructive behavior, and reduced recidivism.