(2021-2022) Annual Plan

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Instructions:

Government Code Section 30061(b)(4) and Welfare & Institution Code Section 1961(b) call for consolidation of the annual plans required for JJCPA and YOBG.

Please submit your most up-to-date consolidated plan. The following is a standardized template for a consolidated county plan. If you find it helpful to use this template, please do so. Each field must be completed before submitting your plan to the BSCC. If you have nothing to report for a field, please indicate 'N/A'. At the end of the template please press the 'Submit' button to be recorded with the BSCC. Your work will be saved each time you log in, if you need to make any edits.

Your Submission will be posted, as submitted, to the BSCC website.dhansen@smcgov.org

If you have any questions on completing your annual plan, or wish to use your own plan, please email:

JJCPA-YOBG@bscc.ca.gov

Juvenile Justice Plan

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Part I. Service Needs, Priorities & Strategy (Government Code Section 30061(b)(4)(A))

A. Assessment of Existing Services

Include here an assessment of existing law enforcement, probation, education, mental health, health, social services, drug and alcohol, and youth services resources that specifically target at-risk juveniles, juvenile offenders, and their families.

The Probation Department is committed to providing at-risk and Juvenile Justice involved youth and their families with prevention, early intervention, culturally-sensitive, trauma-informed, evidence-based and/or promising-practice programs that promote resiliency, pro-social behavior, emotional wellbeing, improved family functioning, reduced substance use, and increased engagement in the community and in school.

In March 2020, San Mateo County declared a local health emergency in response to the COVID-19 pandemic, and a Shelter-In-Place (SIP) order was declared, where all residents were requested to stay home or at their place of residence. With this came the need for community-based organizations (CBOs) providing services under JJCPA/YOBG funding to convert from the standard in-person service delivery to a virtual delivery model. Probation was instrumental is assisting CBOs with their transition plans where contract amendments were executed to accommodate cancelled classes, such as the Victim Impact Awareness (VIA), as well as new program services that were designed to assist parents coping with multiple demands and additional stressors during the pandemic. Additionally, Institutions staff work closely with CBOs to carefully schedule and coordinate virtual program delivery to meet the individualized needs of each youth, continue all essential services, yet oversee daily activities to control Zoom fatique.

In October 2020, the department completed an Executive Summary, Fiscal Year 2019-20 comprehensive evaluation report for JJCPA funded programs, which was presented to the Juvenile Justice Coordinating Council (JJCC) at a quarterly meeting held on November 5, 2020. In the past years, desired outcomes were revised to shift emphasis from developmental assets to highlight the importance of youth's emotional well-being ultimately resulting in a decrease in justice involvement.

In FY 2019-20, there were a total of five (5) JJCPA funded programs that served 623 unduplicated clients which is a 4% decrease from last fiscal year. The average length of participation ranged from 1.5 to 11.7 months and the average hours of service provided per participant is 15.3 which is a 23% increase from last fiscal year. Programs provided more hours of service for a longer period of time on average per client compared with FY 2018-19, and this increase appears to be an artifact of the COVID-19 pandemic and/or the increased demand for more intensive services to address behavioral and emotional needs of clients in the programs

able to serve them through the pandemic.

The JJCC continues to utilize the Juvenile Assessment and Intervention System (JAIS) and the Child Adolescent Needs and Strengths (CANS) assessments which provide a standard measure of criminogenic risk, life functioning, and areas of need while informing program activities and decisions in the service of decreasing justice involvement for all youth. Programs served clients across the recidivism risk spectrum, though most clients were assessed as low risk (58%) rather than moderate (31%) or high risk (11%).

The JJCC members meet quarterly to discuss any emerging trends or programming changes for the youth. During FY 2019-20, the JJCC advanced the completion of the Local Action Plan 2020-2025, and has also convened the DJJ Realignment subcommittee due to the passing of SB 823, Juvenile Justice Realignment: Office of Youth and Community Restoration, setting into motion the phase-out of California's State Division of Juvenile Justice (DJJ) and establishing a system in which justice-involved youth will receive treatment and services closer to their families and communities. The DJJ subcommittee has developed the San Mateo County local plan for realignment of these youth which is mandated to go into effect on July 1, 2021.

JJCPA services and programs for youth are provided by CBOs, Probation's Assessment Center/Investigations Unit, Child & Family Services (CFS), the Family Preservation Program(FPP) and Behavioral Health and Recovery Services (BHRS). The services include counseling for youth attending community and court schools, case management, substance abuse treatment, 1:1 mentoring for youths, emotional well-being, academic skills, tutoring, and family counseling for youth on probation.

There is a total of six (6) YOBG funded programs that served an average of 38 youth. These are gender-responsive programing that include VIA, emotional regulation, drug and alcohol counseling, visual arts, law educational workshops, yoga cognitive behavioral therapy, mindfulness and life skills, and vocational services for job readiness and placement.

BHRS and the Human Services Agency (HSA) of San Mateo County also provide on-site mental health clinicians handling case management and supervision of youth with significant mental health and family issues in partnership with local enforcement agencies and the Probation Department for clients served through both funding streams.

Multi-Disciplinary Teams (MDTs) comprised of Deputy Probation Officers (DPOs), Group Supervisors, BHRS, HSA, and CFS who work together on an as-needed basis to discuss appropriate treatment, case plans, resources and other supports available for the youth and their families.

Describe what approach will be used to facilitate collaboration among the organizations listed above and support the integration of services.

Collaboration and communication amongst contracted CBOs occur through regularly scheduled meetings, which includes but is not limited to; policy updates, data collection processes, trainings, and Q&A. The meetings are being held virtually since COVID-19 and will continue in this format for the near future. The JJCC members also meet quarterly where all JJCC information and updates are being maintained and available on-line within the Probation Department's website.

B.Identifying and Prioritizing Focus Areas

Identify and prioritize the neighborhoods, schools, and other areas of the county that face the most significant public safety risk from juvenile crime.

Through the leadership of the JJCC, the San Mateo County Probation Department continues to partner with Applied Survey Research (ASR) who previously developed the department's Local Action Plan (LAP) 2016-2020 and has completed the current LAP 2020-2025 which went into effect on July 1, 2020. ASR develops an Annual Comprehensive Report based on data that guides the commission's work on providing programs and services to youth in San Mateo County . The LAP highlights the needs and gaps in services, which provides samples of best practices and recommends future steps for service delivery and needs to the JJCC. The current LAP highlighted that families' in high-needs areas experience challenges to accessing available resources and with the monitoring of their children. To increase access to services, all programs offered are free of charge to youths and their families and many services were intended to be provided in school locations to minimize transportation barriers for youths as their services were provided directly on school campuses.

For FY 2020-21, the San Mateo County Probation Department selected service providers that were located in, or in close proximity to, the identified high-needs cities listed below also taking into consideration local transportation options for clients and their families.

The LAP identified the city or residence for youth probationers and the five (5) cities with the largest concentrations of clients, as listed below in order of ranking, which demonstrates the areas in San Mateo County with the greatest needs for youth and their families on probation:

- 1.Redwood City
- 2.San Mateo
- 3. South San Francisco
- 4. Daly City
- 5.East Palo Alto

Due to the COVID-19 pandemic, in-person services ceased, and programs were redesigned to be delivered virtually starting in April 2020. The Probation Department will continue to align service providers to communities and neighborhoods where resources are needed most.

C. Juvenile Justice Action Strategy

Describe your county's juvenile justice action strategy. Include an explanation of your county's continuum of responses to juvenile crime and delinquency as well as a description of the approach used to ensure a collaborative and integrated approach for implementing a system of swift, certain, and graduated responses for at-risk youth and juvenile offenders.

Through continued collaboration across San Mateo County's juvenile justice and local enforcement agencies, the county is committed to addressing the needs of youth and their families by providing programs and resources that improve family functioning, improve educational outcomes, increase developmental assets, as well as reduce substance use and gang involvement. These can be achieved by continuing to do the following:

- 1.Emphasize on early intervention starting in the middle schools when youth first begin to display behavioral problems or have other risk factors that may be predictive of future justice contact. Targeting youth who are showing signs of behavioral difficulties (e.g., behavioral referrals at school) through the continuum of those who are experiencing their first contact with the Juvenile Justice system or who are on Probation for the first time.
- 2.Address the needs of both youth and their families by offering parenting workshops and/or family counseling in addition to their youth-centered interventions.
- 3. Where possible, use practices that are recognized evidence-based models. Funded programs use a variety of solid, carefully-crafted practices to respond to the needs of their clients and that those practices spanned the range of what is evidence-based and/or promising practice programs.
- 4.Understand and address system barriers that limit accessibility and lead to increased recidivism. Programs are offered free of charge to youth and their families as well as providing services on-site at school campuses.
- 5.Address the needs of underserved groups or groups over-represented in the Juvenile Justice System by age, group, ethnicity, and geographic areas.
- 6.Support a complementary set of interventions along a continuum of youth and service's needs. Most of the department's programs provide trauma-informed and developmentally appropriate programs through partnerships with CBOs and county partners who work with youth and their families on the development of behavioral skills/decision-making while providing counseling and asset development, as well as information on community resources and referrals for services. Several programs also work on an alcohol and other drugs (AOD) continuum of education, early intervention, and treatment or referrals for treatment.
- 7. Eligible youth to be referred to the Phoenix Reentry Program (PREP) which provides youth with the specific tools and resources needed in attaining and maintaining successful reentry to their community upon release from custody.
- 8. Utilize the Child Adolescent Needs and Strengths (CANS) assessment which is a multipurpose tool developed for child's services to support decision-making including level of cage

and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes of services. In July of 2020, and in partnership with the Praed Foundation, San Mateo County provided CANS training to contracted CBOs at no cost, to ensure staff understanding on how to administer this survey.

- 9.Utilize a juvenile risk assessment tool to measure criminogenic risk of recidivism, strength, and needs that assists in the effective and efficient supervision of youth and case planning/management resulting in successful terminations of active probationers.
- 10.As appropriate, transition back to in-person program delivery for all services that are currently being offered virtually due to the COVID-19 pandemic.

D.Comprehensive Plan RevisionsDescribe how your Plan has been updated for this year.

With the onset of the COVID-19 health crisis and SIP orders of March 2020, it became immediately necessary to transform how the delivery of services were being provided, and evolved from in-person to a virtual style model to continue to support youth and families where feasible.

During the SIP, certain community activities and services were either suspended or substantially modified, including but are not limited to, all nonessential field operations, face-to-face interviews, chemical testing, the Electronic Monitoring System (EMP) and court-ordered programs for youth, such as the Community Care Program (CCP) and VIA. Included in the remobilization plan was the following updates:

- •Face-to-face contacts should take place outside of the residence unless it is deemed necessary to enter the home. If the DPO determines that there is a need to conduct a search, the DPO's supervisor will be notified prior to the search (whenever possible) or immediately afterwards.
- •Maintain at least 6 feet of social distancing with individuals whenever possible.
- •When feasible, county vehicles should be limited to one person per vehicle.
- •Personal protective equipment (PPE) has been provided and should be worn during all face-to-face contacts.
- •DPOs should notify their supervisor and the team if a probationer or family member discloses that they have been exposed, are in quarantine, or are being tested for COVID-19.
- "Go bags" with health & safety supplies (e.g., gloves, towels, disinfecting spray, face masks, hand sanitizer, etc.) will be available for DPOs conducting field visits and DPOs should ensure at least one "go bag" is placed in a team member's county vehicle prior to field operations and returned to the office upon completion of the field visits.

Also, within the plan were modifications to operations in Youth Services Center – Juvenile Hall (YSC-JH) and the Margaret J. Kemp Camp for girls (Camp Kemp) included:

- •Bookings will be accepted for all new felony law violations and violent misdemeanors (in addition to warrants, transfer-in cases and placement cases).
- •Bookings will be accepted for probation violations when a youth poses an immediate safety risk to the community (DPOs should continue to file out-of-custody probation violation notices in all other instances).
- •Face-to-face visits (familial and professional) may resume at YSC-JH and Camp Kemp visitors may be subject to temperature checks and COVID-19 screening questions based on recommendations by Youth Services Center's Correctional Health staff.
- •Familial and professional non-contact and virtual visits will continue as an alternative to contact and face-to-face visits.
- •Home passes may resume for Camp Kemp youth with the approval of the assigned DPO and in accordance with court orders.

Juvenile Traffic Court:

Due to SIP, the Juvenile Traffic Court was closed on March 17, 2020, and all traffic hearings were subsequently suspended along with the suspension of our walk-in options for youth not on the calendar. On June 16, 2020 hearings resumed in-person and all the traffic citations that were received during the closure were scheduled for hearings, placed on the court calendar and were scheduled 45 minutes apart. Aside from receiving PPE supplies, plexiglass was installed in the court, stickers were placed on the floor in the reception area to indicate 6 feet of distance from the reception counter to the traffic entrance, and the waiting area was reconfigured to give clients enough room to social distance. On December 15, 2020, in response to the bay area's spike in positive COVID-19 cases, and the reclosure of non-essential activities, all hearings were transitioned into being held virtually and plans are in place to evolve back into in-person hearings when deemed safe.

In June 2020, the department's COVID-19 Remobilization Plan was released to gradually allow for staff to be back onsite. All Probation staff were issued Personal Protective Equipment (PPE) and are expected to adhere to stricter social distancing protocols, as recommended by the San Mateo County Health Officer.

With the progression and roll-out of the COVID-19 vaccinations and rapidly changing state regulations, the department is taking steps to safely reinstate in-person delivery of services for all at-risk, juvenile justice involved and detained youth.

If your Plan has not been updated this year, explain why no changes to your plan are necessary.

Not Applicable

Part II. Juvenile Justice Crime Prevention Act (JJCPA) (Government Code Section 30061(b)(4))

A. Information Sharing and DataDescribe your information systems and their ability to facilitate the sharing of data across agencies within your county. Describe the data obtained through these systems and how those data are used to measure the success of juvenile justice programs and strategies.

The following are the systems utilized by the San Mateo County Probation Department in partnership with the CBOs delivering program services:

Probation Information Management System (PIMS)

PIMS is the probation internal case management system which tracks client information in detail and is utilized for data collection, reports and analysis.

Juvenile Assessment and Intervention System (JAIS)

JAIS is a criminogenic risk, strength, and needs assessment tool designed to assist in the effective and efficient supervision of youth, both in institutional settings and in the community. CBOs are required to administer the pre-JAIS assessment once, at intake, for all youth enrolled to provide Probation with the needed data to determine recidivism risk.

Child Adolescent Needs and Strengths (CANS)

CANS is a multi-purpose tool developed for children's services to support decision-making in determining level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes.

The Holistic Student Assessment (HSA)

The HSA is a data-driven tool to promote social-emotional development in youth in school and afterschool settings. The self-report tool provides teachers, program staff and administrators with a social-emotional "portrait" of the unique strengths and challenges of each youth.

Stakeholders Self-Assessment Survey

Youth are administered the Self-Assessment Survey biannually in the fall and spring sessions which provide data directly related to CBOs meeting their targeted performance measures within the Project-LEARN program.

Youth Self-Report Survey

Youth are administered a Self-Report Survey on the first, fourth and final sessions, which provide data directly related to CBOs meeting their targeted performance measures within the Victim Impact Awareness (VIA) program.

CBO administers this pre/post assessment of youths' understanding of the Law Program content, focusing on the most important aspects of each lesson that will help youth stay safe and reduce Juvenile Justice involvement. The survey will be completed in two (2) parts with the pretest completed on the first day of class and the post-test on the last day of class.

The Exit Evaluation

This is a program evaluation each youth completes on the last day of the Law Program class using a Likert scale about the impact of the class on the youth's outlook and choices. It will help determine increased in positive decision making, engagement with adults, reductions in likelihood of breaking the law, etc. as key program indicators.

San Mateo County Probation Department also contracts with Applied Survey Research, a third-party organization to conduct a comprehensive annual evaluation of its programs and services funded through the JJCPA. All the demographic and service datasets provide relevant outcome information about the characteristics of clients receiving services, their length of involvement in services and the impact of involvement of specific services. The department has recently renewed the contract and an annual evaluation will also be completed for all YOBG funded programs and services beginning in FY 2021-22.

B. Juvenile Justice Coordinating Councils

Does your county have a fully constituted Juvenile Justice Council (JJCC) as prescribed by Welfare & institutions Code 749.22?

yes

If no, please list the current vacancies that exist on your JJCC, when those vacancies occurred, and your plan for filling them.

Our JJCC representatives are comprised of the mandated members as prescribed by W&I 749.22 with a total of 17 active members, and currently there are no existing vacancies

C. Funded Programs, Strategies and/or System Enhancements

JJCPA Funded Program(s), Strategy and/or System Enhancement

Below are JJCPA funded programs reported by the county.

Program Name:

Court Schools: Collaborative Counseling and Transition Program

Evidence Upon Which It is Based:

Psychodynamic Therapy- Trauma specific and trauma informed systems of care to youth. The evidenced-based approach being used is psychodynamic therapy. As validated in Dr. Johnathan Shelder's abstract, "The Efficacy of Psychodynamic Psychotherapy": Empirical evidence supports the efficacy of psychodynamic psychotherapy.

Description:

The Collaborative Counseling program provides behavioral health/mental services to serve the most at-risk youth, those who are on probation and/ or have been expelled from their district schools. These are students who have suffered severe adverse childhood experiences; violence being predominant. The program provides: critical interventions to at-risk youth through on-site individual and group psychodynamic counseling; a positive counseling experience, through which students will express and regulate their emotions, and make positive choices about their actions and life.

The Transition Program is a continuum of services for the students who are transitioning from the Collaborative Counseling Program at the Court and Community Schools. The Transition Program addresses the lack of parental empowerment and advocacy; challenges youth face when going from a small highly structured and individualized educational environment to a large high school with anonymity and negative peer influences; and a history of prior school failures.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model in April 2020.

Victim Impact Awareness Program (VIA)

Evidence Upon Which It is Based:

VIA is an alternative dispute resolution program that is a trauma-informed and strengths-based program that includes interactive educational activities and facilitation that teaches empathy and support toward active reparation to victims.

Description:

The intervention model for VIA is a tried and true curriculum that uses the power of teenage peer-led influence and empowerment as a tool to expand and shift youth offenders' thought and behaviors patterns away from the ones that informed the decisions that led to their arrest. Our mission is to assist youth in identifying their own capacity to learn and use their own motivation and connectedness to build viable coping skills which steer them away from further involvement in the juvenile justice program, to increase empathy and pro-social behavior, and to create new pathways for hopefulness in the future and overall well-being as important citizens in our community. Due to the COVID-19 pandemic, in-person program delivery ceased, and VIA services were suspended for Q4 of FY 2019-20 and Q1 of FY 2020-21. In April 2020, an amendment to the contract was executed specific to Q4 FY 2019-20 which reallocated funds to provide Counseling Center Services to high-need parents identified by DPOs on their caseloads, who were struggling to cope with COVID -19 related stressors, i.e. at-home schooling, unemployment, housing issues and food deprivation.

Subsequently, the VIA program was redesigned and transitioned into virtual delivery mode and classes resumed in October 2020.

Family Preservation Program (FPP)

Evidence Upon Which It is Based:

This is a supervision unit within the San Mateo County Probation Department whose supervision guidelines are modeled after graduated responses and an evidence-based risk and needs assessment tool.

Description:

The FPP was developed with the intent to encourage the continuity of the family unit by providing intensive probation supervision to wards of the court, who are at high risk for out-of-home placement. This home-based program is appropriate for juveniles, where significant family, emotional and/or mental health issues are present. In an effort to avoid out-of-home placement, the juvenile and parents agree to participate in the FPP. The program offers intensive case management where DPOs work collaboratively with BHRS, CBOs, HSA, CFS, schools, and other collateral agencies.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model in April 2020.

Law and Leadership Program

Evidence Upon Which It is Based:

The Law and Leadership Program offers intervention and prevention strategies for at-risk and system-involved/probation youth grounded in evidence-based principles and focused on building developmental assets such as motivational interviewing; cognitive behavioral based therapy; growth mindset goal management; strengths-based case management; and gang awareness training.

The Leadership Training Program intervenes more intensively with high-risk juvenile probation and at-risk populations to decrease recidivism and increase educational engagement. Youth receive one-on-one case management with a positive, non-parental adult who can provide connection, supervision, guidance, skills training, vocational support (where applicable), help youth understand/manage social norms, and establish goals to meet their full potential.

Description:

The Law-Related Education (LRE) curriculum covers topics such as: assault, theft, vandalism, hate crimes, drugs, gangs, and the Three-Strikes law.

Classes meet once per week for two hours over a 12-week period running from September to December over the fall semester and from January to May over the spring semester. The topics covered capture youth interest, activate cognitive-behavioral change, and build life skills in conflict management, problem solving, empathy and resisting negative peer pressure, which in tum contributes to the youth's developmental assets.

Each week youth participate in role-plays to build pro-social life skills in non-violent conflict resolution, drug refusal, problem solving, and positive leadership. Youth take a field trip to a local university where they take a campus tour, learn about the juvenile justice system, and act out a trial in a law school courtroom. Guests such as lawyers, judges, police officers, and probation officers attend sessions to share their experiences. The program culminates with a recognition ceremony for youth, their families, and friends.

After the LRE course, youth who are assessed as moderate to high-risk and involved in the juvenile justice system will have the option of applying to participate in the Leadership Training Program (LTR), which offers intensive, long-term support for personal transformation. The moderate to high-risk designation is determined by an actuarial risk assessment, the Ohio Youth Assessment System (OYAS), discussed further in Tab 7. The year-long Leadership Training

Program builds on the work of the LRE course, utilizing staff-driven case management and peer-to-peer support for personal transformation. The goal is to help youth get off probation, finish high school, and avoid committing new crimes.

The LTR begins with a three-day wilderness retreat where participants develop leadership skills, learn how to serve their community, and bond with FLY staff and peers in their cohort. Youth then meet monthly to support each other in a group setting, and to design service-learning projects, which help youth to self-reflect and redefine their identities into positive ones.

Due to the COVID-19 pandemic, in-person delivery and field trips were suspended, and services were expanded and transitioned into a virtual delivery model starting in April/May 2020.

Insights Behavioral Health Services – Seeking Safety

Evidence Upon Which It is Based:

Seeking Safety draws upon multiple evidence-based models to improve participants' behavioral health to help individuals achieve safety from trauma experiences and/or substance abuse. Counselors use Family Skills Training, a cognitive behavioral therapy (CBT) model that provides skills to support pro-social behaviors and deal with challenging adolescent behavior and this model, which was developed in 1992 by Dr. Lisa Najavits, has proven extremely successful in directly addressing substance use and Post-Traumatic Stress Disorder (PTSD) in youth without them being retraumatized by the therapeutic process.

Description:

Established in 1994, the Insights Seeking Safety program offers early intervention and family focused individual or peer group support sessions—along with case management—for firsttime offenders and other atrisk youth. For youth with emerging substance abuse problems, it also offers more intensive family counseling, as appropriate. "This treatment provides 12 topics from Seeking Safety's curriculum to align with the 12week duration of programming at Insights. The topics selected are those that appear most relevant to the population served, and include Safety, Detaching from Emotional Pain (Grounding), When Substances Control You, Asking for Help, Taking Good Care of Yourself, Red and Green Flags, Honesty, Commitment, Community Resources, Setting Boundaries in Relationships, Coping with Triggers, and Healthy Relationships.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model starting in April 2020.

Probation Department Juvenile Assessment Center

Evidence Upon Which It is Based:

The Assessment Center utilizes the Juvenile Assessment and Intervention (JAIS) tool to measure criminogenic risk, strength, and needs assessments that assists in the effective and efficient supervision of youth. It has been validated across ethnic and gender groups.

Description:

The Juvenile Assessment Center provides a primary point of entry for intake and assessment of youth who have come into contact with the juvenile justice system. At the Assessment Center, the process begins when the youth receives a multidisciplinary team risk/needs assessment, including screening for mental health, substance abuse, and other significant risk factors. Based upon the assessment findings, a recommendation that includes a balance of accountability and support/treatment services is completed and discussed with the youth's family by the assigned DPO.

Recommendations are also made to the Juvenile Court if release from custody is appropriate. Diversion-eligible youths can be referred to a range of programs and services including the Petty Theft Program, Juvenile Mediation Program, Victim Impact Awareness Program, and Traffic Court. Youths may also be placed on short-term (3 months) or long-term (6 months) supervised Probation Diversion contracts.

The Assessment Center works in collaboration with CFS and has entered into a Memorandum of Understanding (MOU) for the Youth Outreach Program (YOP), which provides at risk youth and their families with clinical services through family counseling, crisis support, and individual clinical support as identified through an individual and family assessment. Under this MOU, group and one-on-one parenting support is also provided via The Parent Project® which is an evidence-based parenting program specifically designed to help parents prevent and intervene in destructive adolescent behaviors.

Part III. Youthful Offender Block Grant (YOBG) (Welfare & Institutions Code Section 1961(a))

A. Strategy for Non-707(b) Offenders

Describe your county's overall strategy for dealing with non-707(b) youthful offenders who are not eligible for commitment to the Division of Juvenile Justice. Explain how this Plan relates to or supports that strategy.

San Mateo County Probation Department recognizes that the varied needs of non-707(b) youth require a comprehensive approach if the department is to be successful in transitioning these youth back into the social and educational mainstream. Specifically, the Probation Department's Juvenile Justice Development Plan responds to non-707(b) offenders by employing a strategy of providing appropriate services to these offenders based on the youths' assessed needs. YOBG funds supervision and aftercare/transition needs and follow up at the YSC-JH, funds electronic monitoring in order to release youth from custody earlier, as well as providing funding for community based treatment providers (e.g. substance abuse counseling, mentoring, trauma services, life skills, etc.) who provide the various wraparound services that youth increasingly require before the transition phase can take place. Some of the CBOs follow the youth into the community where they continue to offer them services and supports.

Probation is vested in providing youth with the specific tools and resources needed in attaining and maintaining successful reentry into their community upon release from custody. The YC-JH has implemented the Phoenix Re-entry Program (PREP) which works collaboratively with BHRS to provide trauma-informed, family focused, culturally responsive, gender responsive, and a holistic approach to the mental health services offered to youth and their families so that clinical services are delivered appropriately, effectively, and cohesively.

Making mental health a focus for each PREP eligible youth is critical in their successful transition into the community. Most of the youth at the YSC-JH have a history of complex trauma, which research has found to increase risk for criminogenic behaviors in adulthood. The departments goal is to take a holistic approach to the mental health services of PREP by using a trauma-informed approach, that includes family members, BHRS, Probation DPOs and Institutions staff members, as well as other supportive services. This approach will assist the youth in managing symptoms in order to sustain long-term psychological, spiritual, and emotional wellbeing upon re-entry into the home and community.

B. Regional Agreements

Describe any regional agreements or arrangements to be supported with YOBG funds.

Not Applicable

YOBG Funded Program(s), Placement, Service, Strategy and/or System Enhancement

Below are YOBG funded programs reported by the county.

Program Name:

Aftercare Law Related Education (LRE)

Evidence Upon Which It is Based:

Youth who are in custody at the YSC-JH or Camp Kemp will continue to receive LRE services upon release.

Description:

The LRE course educates youth about the laws and their rights, to shift mindsets about crime, illegal activity and risky behavior, and to build individual life skills that increase capacity to problem solve in prosocial ways while building resiliency. The goal of the case management/mentoring component is to identify critical needs and criminogenic risks and use this information to develop a comprehensive youth-centered service plan that leads to lasting positive change. The service plan and case management support address the needs and risks by connecting youth to wrap-around resources that meet their specific needs and mitigate risks, including introducing a positive adult role model (the CBO Case Manager) in the youth's daily life that serves as an advocate, mentor, and resource to address critical needs 24-hours a day.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model starting in May 2020.

GIRLS- Gaining Independence and Reclaiming Lives Successfully

Evidence Upon Which It is Based:

Youth who are in custody at the YSC-JH or Camp Kemp will continue to receive gender responsive services upon release.

Description:

The GIRLS program promotes resiliency, encourages pro-social behaviors, emotional well-being and supports youth in decreasing their involvement in the juvenile justice system and helps them make positive health choices when they return to the community. Services provided are gender specific for female youth.

Program Name:

Yoga & Creative Arts Program

Evidence Upon Which It is Based:

Youth who are in custody at the YSC-JH or Camp Kemp will continue to receive yoga and creative arts program upon release.

Description:

Asana and Pranayama class days include the opportunity for girls to create a "yoga deck". The girls then have a set of cards to keep that will remind them of the poses and breathing practices they learned. This "transitional object" serves as a way for the girl to stay connected to yoga and its benefits. There are six yoga & reflective writing classes in each module that contain interactive journaling prompts and other expressive activities.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model starting in May 2020.

Academic Study Hall and Job Readiness

Evidence Upon Which It is Based:

Contractor's mentoring and academic tutoring strategy contains a targeted matching process that is centered on student's individual educational content standard and the Job Readiness Training is designed to prepare youth for the transition to employment once released.

Description:

The programs strategy will increase youth personalization and academic stamina, so that youth demonstrate higher success rates upon release. Additionally, the academic counseling strategy is a component that deepens students' understanding of college pathway options through the formulation of personalized learning plans centered on certificate development pathways and academic attainment. Job readiness curriculum helps youth develop work maturity skills, including: conflict resolution; dealing with punctuality, fraternization or authority issues; stress management and financial literacy (including reading a pay stub, understanding banking systems, etc.). The Job Readiness program also utilizes Money Smart curriculum developed by the FDIC.

Due to the COVID-19 pandemic services are being offered by virtual delivery model starting in July 2020.

Mental Health Treatment Services

Evidence Upon Which It is Based:

Youth who are in custody at the YSC-JH or Camp Kemp will continue to receive services upon release.

Description:

Clinicians will provide a therapeutic safe space for the youth by using evidence-based curriculums such as Trauma Informed Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT). CBT can be an appropriate evidence-based practice for adolescents because it helps youth develop an understanding of their thought process. Services will provide individual, group, and multi-family therapy as well as case management. The focus of these services will be on alcohol and drug use, anger/aggression replacement therapy, life skills, parenting, and other mental health disorders.

Due to the COVID-19 pandemic, in-person program delivery ceased, and services were transitioned into a virtual delivery model starting in April 2020.

Program Name:

Drug and Alcohol Counseling

Evidence Upon Which It is Based:

Youth who are in custody at the YSC-JH are connected to other services upon release based on need.

Description:

This program utilizes strength-based approaches in assisting youth to identify goals, areas of growth, and effective communication. Moreover, counseling services will provide youth with effective coping skills and opportunities to practice skills. These services are delivered at YSC-JH, Camp Kemp, and to youth eligible for PREP Re-entry services.