

YOBG Funded Program, Placement, Service, Strategy and/or System Enhancement

This template should be copied as many times as needed to capture every program, placement, service, strategy, and system enhancement you plan to fund next year.

Program Name:

King and Associates Counseling

Nature of Coordination with JJCPA:

Early Intervention Program youth and families are referred to this counseling program for family and individual counseling. Youth also take part in Thinking For A Change.

Description:

A counselor will provide individual and group sessions to youth using a positive youth developmental approach. During the sessions, the youth will learn to identify, work through and manage negative emotions and will be able to identify the distortions that emerged from their dysfunctional thinking habits. The more painful the thoughts processed, the more painful the experience. The more unpleasant emotions always signal dysfunctional thinking. Even fear and anger that might arise in response to a real and present danger signal distorted thinking, which, if entertained, will result in less functional and/or perhaps catastrophic responses.