

Imperial County

Proud Parenting Project

2018 Local Evaluation Plan

**Imperial County
Probation
Department
El Centro, CA**

**In partnership with:
Rite Of Passage ATCS**



1. Project Description:

Imperial County Probation Department and its community-based partners will provide parenting services to 50 (annually) young parents or expectant parents between the ages of 14 to 25. Participants eligible for the Proud Parenting Program present considerable hardships such as depressed socio-economic indicators, unemployed, system involvement and/or criminogenic factors. Proud Parenting Program design is multi-faceted, culturally appropriate and strengths-based. The program also follows the Principles of Effective Intervention, notably, service delivery responds to the risk/needs of the participant, is directed by a Service Plan, and includes delivery of evidence-based, cognitive behavioral skill groups (*Nurturing Parenting and Aggression Replacement Training*). All participants will receive case management services, in order to ensure young parents receive access to medical and economic community-based resources to maintain their success as parents. Participants will develop a case plan that will help identify their goals, objectives and potential barriers. It is anticipated that the successful completion of this program will be within three months. Participant's progress will be monitored through a data spreadsheet, in which participant attendance, successful completions/dropouts, individual session start date and end date, supportive services, phone calls and home visits will be monitored.

2. Project Evaluation Design:

Based on the comprehensive research conducted within the county, discussions and interviews with current clientele within the target population, and discussions with community partners, Imperial County Probation Department has thoughtfully prioritized the top three goals and corresponding objectives for the Project:

Goal 1: To improve parenting skills and knowledge

Objective 1: That young and expectant parents successfully complete an evidence-based 12-module curriculum, *Nurturing Parenting*, and demonstrate an increase in parenting skills and knowledge as measured through objective pre- and post-tests.

Goal 2: To improve anger management skills

Objective 2: That young and expectant parents successfully complete a culturally relevant, and evidence-based, a 12-module 36-hour curriculum, *Aggression Replacement Training*, that teaches and provides opportunities for rehearsal and practice that demonstrate positive anger management strategies and problem-solving skills.

Goal 3: To promote healthy families

Objective 3: Provide targeted case management services that connect young and expectant families to the specific resources needed within the community, including medical care, immunizations and substance abuse referrals, to ensure sustained health and well-being for families.

Participant's program success will be determined upon completion of all three goals. Upon completion of the program, participants will complete a post-test, in order to determine their knowledge gained. The following data will be collected:

Program Operations Data/Process Measures

1. Referrals to the program
2. Acceptance/Denial Rate
3. Number of Participants
4. Age of Participants
5. Attendance
6. Successful Program Completions/Graduates
7. Participant Success/Failure differences between ordered and voluntary participants

Case Management Data

1. Assessments Completed
2. Stress Levels of Clients
3. Interventions Utilized
4. Achieved Goals
5. Reduction of Stress
6. Knowledge Gained
7. Pre and Post Assessment Measures

Mixed Counseling Data

1. Groups Conducted/Number of Hours
2. Individual Sessions/Number of Hours
3. Family Crisis Interventions
4. Family Activities Participated

Service Brokerage

1. Progress of Client
2. Educational Referrals
3. Social Services Referrals
4. Health Care Referrals
5. Job Training Referrals

Upon completion, participants will also receive a \$50.00 gift card, in order to assist with their current hardships. All financial items will be monitored through a monthly budget spreadsheet and submitted to the Department of Probation for processing. Participants who receive an incentive will sign off a participant waiver, certifying they received the incentive. Participant incentive

certification will be monitored daily through spreadsheets.

3. Project Oversight:

Our project will target young parents, adult and juvenile, by providing a variety of services designed to enhance their parenting skills and develop a nurturing parent plan. Program eligibility criteria will target young parents who are within the County's probation, social services system and considered at-risk. The program will also respond to vulnerable students and young parents referred by the Imperial County Office of Education and local high schools.

Imperial County will collaborate with local agencies in order to provide quality services and link participants to partner agency services. Program services will be offered in various locations in order facilitate participant attendance and adhere program success. Quarterly stakeholder meetings will be arranged in order to ensure program comments are being monitored, assessed and adjusted as necessary.

Rite of Passage perform an annual quality assurance site visit in which the programs multi-departmental items are monitored and performing according to agency standards and oversee participant direct care services in order to establish best practices.

4. Project Logic Model:

