



# **Healing Generations through Sacred Parenting:**

*Local Evaluation Plan*

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## **Project Description:**

- The service used in this project will be a “Raising Children with P.R.I.D.E.” Sacred Fatherhood program.
- Our target population will consist of, but is not limited to, ‘high risk’ fathers/mothers, primarily Latino, African American and South East Asian, between the ages of 14-25.
- Ideally the number of participants to receive this service will be in the range of 1-25 members per session, with classes presented almost daily in one on one sessions in home and small group settings within the Department of Juvenile Justice, which should reach a total of 25-125 participants.
- We have determined that the Sacred Fatherhood program is the best alternative due to the high risk of poor outcomes for participants.
- Documentation for each participant will be recorded in their personal files for each session completed, along with “homework” assignments and activities completed. The files composed will distributed to the participants upon their completion of our program, along with their certificate acknowledging such feat.
- The plan for tracking our participants progress will be through in depth case management and tracking through excel spreadsheet containing, start date, dropouts, completions, sessions attended & dates of sessions.
- Participants will also be provided connection to resources within the agency and the community, which includes court advocacy in both child protective services cases and criminal court.

## **Project Evaluation Plan:**

- Our project goals and objectives are: Parental responsibility and accountability; Healthy relationships with selves and others; Improved quality of life of young and expectant fathers/mothers and their families.
- Each goal and objective will be determined if completed through individual evaluation.
- Each participant will receive a pre/post test to collect data that will be analyzed.
- Cost per participant will be documented by dividing total costs by the number of participants.

## **Project Oversight:**



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- Decision making process for this project will be an open conversation between facilitator, manager & administrator; We will consider the specific commitments as outlined in our contract.
- Facilitator, Manager and Administrator meet on a weekly basis to ensure project components are being monitored and adjusted as necessary.

## **Project Logic Model:**

Inputs/Resources	Activities	Outputs	Outcomes and Impacts
<ul style="list-style-type: none"> <li>● Sacred Fatherhood curriculum</li> <li>● Cultural perspective</li> <li>● AB 109 San Joaquin County Probation</li> <li>● Evidence based practices and strategies</li> <li>● Other various partnerships</li> <li>● Young Men as Fathers Evaluation</li> <li>● Free baby items upon program completion</li> <li>● Letters of support</li> <li>● Transportation to class</li> <li>● Trauma</li> </ul>	<ul style="list-style-type: none"> <li>● Icebreakers</li> <li>● Discussing values</li> <li>● Role play scenarios</li> <li>● Healing circles</li> <li>● Self evaluation</li> <li>● Rights of Passage</li> <li>● Self care</li> <li>● Court advocacy</li> <li>● Financial literacy</li> <li>● Positive problem solving</li> <li>● Interactive activities</li> </ul>	<ul style="list-style-type: none"> <li>● Group engagement</li> <li>● Mindfulness of spiritual functioning</li> <li>● Communicatin g with value</li> <li>● Cultivating positive peer relationships</li> <li>● Personal insight</li> <li>● Identifying healthy/unhealthy practices</li> <li>● Self healing</li> <li>● Documentation</li> <li>● Communicatio n with partners</li> <li>● Financial responsibility of parenting</li> <li>● Breaking stereotypes of young parents</li> </ul>	<ul style="list-style-type: none"> <li>● A sense of belonging</li> <li>● Counteractin g generalized apathy and fear, distrust in self and others, anger turned inward/outward, self harm, hypersensitivity, established alternative routes.</li> </ul>



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<p>Recovery Center presentations on anger, confusion, self hate, hate, and rage</p> <ul style="list-style-type: none"><li>● Planned Parenthood presentations on contraception, planned vs unplanned pregnancy, and reproductive health</li></ul>			
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