



Proposition 64

Cohort 3 Grant

Program

Local Evaluation Plan

Friday Night Live Program Expansion/TAY

Peer Outreach Program

Submitted by Riverside University Health System-Behavioral Health

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Project Period:

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Project Background

School districts and parents in the southwest region of Riverside County requested support from the County to increase educational presentations on substance abuse prevention; including cannabis use. Reports from schools within the districts indicate an upward trend in drug use related problems and youth have reported losing loved ones to Fentanyl overdoses. Recent data from the California Healthy Kids survey data is concerning, showing that some districts in this region have seen increases in the proportion of youth reporting drug and alcohol use in the past month. Notably, about 20% of 11th graders in districts with increases have reported recent substance use, underscoring the need.

Expanding the availability of substance abuse prevention services on school campuses is crucial, especially with the increasing prevalence of cannabis and the potential for it to serve as a gateway to other harmful substances like fentanyl. The RUHS-BH plan will increase the availability of Friday Night Live (FNL) chapters, and establish Transition Age Youth (TAY) Peer Outreach teams in southwest region high school campuses which could have a significant impact.

RUHS-Behavioral Health and Substance Abuse Prevention will establish TAY Peer Outreach teams to provide Substance Use Disorder and Mental Health preventative focused services at 5 high school campuses in the southwest area of Riverside County. The program will pair four TAY peers and 2 Health Educators to provide FNL activities to further the goals of expanding FNL chapters on those campuses. The TAY Outreach teams will work with youth leaders on the high school campuses to design and implement on campus outreach events focused on substance abuse prevention and mental health awareness. The design of these events will draw on the unique insights of youth with lived experience to design outreach and prevention efforts with youthful approaches to engagement. In order to ensure the full range of the TAY population is served, youth age 18-25 will receive substance abuse outreach and prevention at the Mid-County TAY Drop-In Center which serves youth age 16-25. The TAY Peer Outreach Teams will work with youth participating at the TAY Drop in Center to design and implement events with a focus on cannabis abuse education and prevention with youthful approaches to engagement. This will ensure the TAY age group older than high school is also served. TAY Peer teams will develop a schedule and plan to roll out the substance use prevention activities and steps to meet the goal of establishing an FNL chapter at each of 5 schools.

These TAY Outreach teams lead by TAY Peers and Health Educators will also collaborate with RUHS-BH mobile crisis teams that are frequenting these high schools campuses for crisis intervention. The same approach will be taken at the TAY Drop-In Center to cover youth 18-25 not on a high school campus. The TAY Peer Outreach teams in collaboration with mobile crisis teams will ensure access to treatment services by identifying youth and providing case management,

Key Goals and Objectives

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Goal 1. Implement new FNL chapters on 5 high school campuses in the Southwest region of Riverside County.

Objective

1A– Expand Friday Night Live (FNL) chapters to 5 high school campuses that do not currently have FNL chapters in the Southwest region of Riverside County.

Goal 2. Increase Substance abuse prevention on high school campuses in the Southwest region of Riverside County. Increase access to treatment services by utilizing the new TAY Peer teams to provide linkage and care coordination for youth needing substance use disorder treatment

Objectives

2A– Create 4 TAY Peer Outreach Teams with one TAY Peer for each team and employ 2 Health Educators to work across the teams to provide Outreach and Substance Abuse Prevention activities on 5 High School campuses to foster the development of the Friday Night Live chapters on high school campuses.

2B– Deploy TAY Peer Outreach Teams in the Mid-County TAY Drop-In Centers to provide Outreach and Substance Abuse Prevention activities to educate youth on the effects of cannabis use and other drugs.

2C– TAY Peer Outreach Teams will case manage and link youth in need of substance abuse treatment/early intervention services in collaboration with mobile crisis teams to ensure that youth needing substance use treatment services are able to access services.

Process Evaluation Method and Design

Goal 1-Implement new FNL chapters on 5 campuses

The process evaluation will entail documenting the development of 5 new FNL chapters on high school campuses in the Southwest region of Riverside County. During the implementation the process evaluation for FNL will include monitoring key milestones for the establishment of new Friday night chapters. The process data will be analyzed using descriptive and quantitative methods. The FNL activity report will provide the quantitative data to summarize the number of youth participating and the number of FNL activities provided by the new chapters. Please see evaluation Matrix for implementation of FNL chapters.

Evaluation Matrix Goal 1			
Input/Resource/Activity/Output	Data Elements	Data Source(s)	Frequency of Data Collection
Establishment of staff FNL advisor on each campus.	Staff interest form.	Staff interest form	Collected at the beginning of project implementation on school campuses
Support to ensure 5 new FNL chapters are established.	The number of high school campuses establishing a new FNL chapter.	FNL chapter paperwork	At establishment of school FNL chapter
FNL activities on campus	FNL activity report activity dates, events, and students participating by age group.	FNL activities recorded in ECCO, including dates, events, and students participating by age group.	Collected throughout the year, as FNL activities occur, at least monthly. FNL chapter advisors submit activity reports to RUHS-BH who then records the data in ECCO

In addition the final local evaluation report will include information from the California Friday Night Live Partnership (CFNLP) administration of the Youth Development Survey which is administered directly to County FNL chapters. The administration of the Youth Development Survey is required of FNL chapters to remain in good standing. Countywide reports are provided that summarizes information about the FNL participants demographics, the length, frequency and intensity of program involvement and elements of the Youth Development Survey which includes responses on items to measure Standards of Practice and attitudes about Alcohol, Tobacco and Other Drug use.

Process Evaluation Method and Design

Goal 1 Continued -TAY Peer Teams Outreach and Prevention Activities

As part of the process evaluation for Goal 1, the activities of the Transition-Aged Youth (TAY) Peer Outreach Teams will be documented. These activities will include outreach and prevention efforts in local schools and the TAY drop-in center.

During the first six months of the grant, the TAY Peer teams will be hired and trained. Upon completion of training, the hired TAY peers will become certified peer specialists, equipping them with the necessary skills to support their outreach activities. Documentation will capture both the process of recruitment and training, as well as the impact of outreach efforts. This evaluation will provide insight into how effectively the TAY Peer teams are engaging with the target population and contributing to the prevention and FNL establishment support efforts.

TAY Peer Outreach Teams will work in schools and at the TAY drop-in Center. The TAY Peer teams outreach and prevention activities at the 5 high school campuses, and the TAY Drop-in center will be documented using several tools to collect the data for this program component. Outreach and prevention activities will be documented on a data collection form (Outreach Activities form) developed to capture the type of outreach activity, date of activity, location, and estimated number of youth attending the activity. For any additional specific health educator prevention presentations, sign-in sheets will be collected, as applicable. The data collected will be maintained in an electronic database.

Please see the evaluation matrix below for a description of inputs/resources, activity, outputs, data elements, data collection sources, methods and frequency.

Evaluation Matrix Goal 1			
Input/Resource/ Activity/Output	Data Elements	Data Source(s)	Frequency of Data Collection
Establishment of TAY teams on campuses.	MOUS with school campuses	MOUS with school campuses	As MOUS are established.
Development of outreach and prevention activities with youth to incorporate youth voices and empower them to speak out support designing outreach and prevention activities.	The number of youth enlisted as leaders and youth involved in development of campus/TAY Center outreach activities.	Data from Focus Groups and youth leader sign ins.	Once or twice per year as program planning occurs. .
TAY peer team outreach and prevention activities with health education.	Date , type of activity, location, topic, # youth attending, Sign-in sheets will be collected when applicable.	Outreach activities form, Student sign-ins when applicable.	Data will be collected as activities occur. Outreach Activity forms will be submitted monthly to RUHS-BH evaluation unit for data aggregation.

Outcome Evaluation

Goal 2-TAY Peer Team Case Management

Outcomes measures for the youth identified as needing case management and linkage to services will include: the number of youth screened, referrals to services, and the number accessing treatment services. Tracking of case management services will be documented in the RUHS-BH electronic health record system. This tracking and data collection includes youth demographics, screenings, referrals to services, the number attending treatment services, and the completing treatment services. The data collection for this program component will include youth at the 5 high school campuses, and the TAY Drop-in center. The estimated number of youth to be served with peer team case management will be 20 in the first year and 25 each year in each subsequent year of the grant.

Evaluation Matrix			
Goal 2			
Input/Resource/Activity/Output	Data Elements	Data Source(s)	Frequency of Data Collection
TAY Peer outreach Teams will case manage and link youth in need of substance abuse treatment/early intervention services in collaboration with multiple campus referral sources.	Youth contacted, age, demographics, outcome of case management, and linkage.	Individual contact form. RUHS-BH electronic health record for case management services.	During the course of the grant period. Submitted at the conclusion of each month to RUHS-BH Evaluations.
Follow-up by TAY Peer teams to ensure youth access the substance abuse treatment/early intervention services they were referred to.	Youth receiving follow-up contacts, age, demographics, outcome of follow-up contact.	RUHS-BH Electronic Health Record for participation in treatment services.	Monthly data extracts. Form RUHS-BH service records.
Access to substance abuse treatment/early intervention services.		RUHS-BH Electronic Health Record for participation in	Monthly data extracts. Form RUHS-BH service records.

An oversight structure will be established that includes the Consumer Peer Services Programs Manager, the Deputy Director of Peer Support Services, and key RUHS-BH FNL program staff. The Deputy Director of Peer Support Services is the supervisor of the Peer Service Program Manager, who will be responsible for making project level decisions in consultation with the Deputy Director. The Peer Services Programs Manager will directly supervise the TAY Peer Support Specialists and Health Educators hired for this project and will be able to monitor the work activities on a regular basis.

Overall completion of project components will be monitored using several methods. One method will be monitoring monthly the activity logs of the TAY Peer teams to ensure productivity. The other method will involve information collected at a regular oversight implementation meeting. Grant implementation meetings will be used during the ramp up and through out the grant to monitor progress on goal accomplishment and to document and address any barriers encountered during implementation. Resolutions to address barriers and problems encountered in implementation will also be discussed and documented in the implementation meetings. Regular reports will be used to monitor progress and make any adjustments as needed. The data collected for the grant will be used to create the reports that can inform the project manager and be used for grant reporting. The RUHS-BH Evaluation units will share reports with the project manager and reports will also be available for discussion during the Grant Implementation meeting. The establishment of FNL chapters has a proscribed structure which can be used to ensure the new chapters implemented in the 5 high schools are adhering to the FNL guidelines. The development and progress of the new FNL chapters will be a standing agenda item on the Grant implementation meetings.

INPUTS

Collaboration with school district on MOU for new FNL chapters in Southwest Riverside county.

Establishing FNL Chapters

Establish TAY Peer outreach teams to work on High School campuses and TAY center

Establishing TAY Peer Outreach team

ACTIVITIES

- Provide Outreach and SA prevention activities to foster interest in building a FNL chapter on each campus.
- Work with an Advisor on each high school campus to establish an FNL chapter on each campus.
- Build the relationships with the high Schools needed for the TAY Peer teams to begin working on campuses.
- Participation on student/youth leadership activities
- Friday Night Live Team Meetings and Trainings
- Friday Night Live Outreach Events and Activities Participation
- Hire 4 TAY teams
- Train TAY Peer team to become a certified peer specialist.
- TAY Peer Outreach Teams (TAY and Health Educator) will conduct Substance abuse and mental health awareness Outreach and Prevention activities.
- Case management services
- Referrals and linkages with substances use services
- Education presentations
- Partner the newly employed TAY Peer Outreach Team with the Friday Night Live, Crisis Support System of Care and Peer Support Services Team to develop outreach and prevention events.
- TAY Peer Outreach Teams will work with youth leaders and other youth with lived experience to incorporate youth voices into the development of the outreach and prevention activities to occur on campuses and at the TAY drop-In Center.

OUTPUTS

- X number of youth become active in FNL; Chapter become ambassadors
- X Number of activities on each of the 5 campuses
- X number of youth receive case management services
- X number of youth received follow up to uninsured youth access the services they were referred
- X number of youth received substances abused services and linkages

IMPACT

- Schools will have establish FNL chapters in campus .
- The Students/Youth received opportunity to created mindful connection within the school and will have increased the school connection.
- Student/Youth will develop positive social values, norms, skill building and mastery and have a feel a sense of belonging.