



**Suisun City Police Activities League**  
**Proposition 64 Public Cohort 3 Grant Program**  
**Local Evaluation Plan**

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## Project Background

There is growing marijuana usage amongst teenage youth in Solano County at a higher rate than the statewide average. According to the most recent Healthy Kids Survey, 16% of California 11<sup>th</sup> graders report having used cannabis in the last 30 days – that rate is 20% for Solano County 11<sup>th</sup> graders according to Solano County Public Health. The same data states that 18.8% of California 11<sup>th</sup> graders reported using marijuana 4 or more times – that rate is 25% for Solano County 11<sup>th</sup> graders. While the trend of Solano County youth having higher usage rates of cannabis versus the statewide average holds true across 9<sup>th</sup> and 7<sup>th</sup> grade students, its most staggering difference is across 11<sup>th</sup> grade students.

There are many stated negative effects of youth cannabis use. According to 2017 Center for Disease Control (CDC) data, cannabis use can negatively impact youth school and athletic performance, increase risk of mental health issues, impair brain development, lung damage and leads to an increased potential for addiction.

With Suisun City having not banned indoor and outdoor commercial cannabis cultivation or the retail sale of marijuana or marijuana products, it is safe to assume that the prevalence of use and potential influence is higher than in any neighboring city in Solano County. Furthermore, a higher poverty rate and lower median household income average than neighboring cities make it less likely that Suisun City families have the financial resources to pay for teen-based programs that will provide cannabis education and discourage use. With Solano County youth using cannabis at a higher rate than the statewide average, the Proposition 64 Public Health and Safety Grant Program can make a significant, life-changing impact on Suisun City teens and on the public health of the City.

To curb the local youth impact due to the legalization of adult use recreational cannabis in California and the lack of local bans, it becomes a necessity to have a free, teen-based program focused on marijuana education and prevention. This vision for a free, teen-based program has conceived through meetings with Suisun City RPM staff, Police Department staff, based on 2021 community wide survey data from Suisun City RPM, and from feedback from local educational agencies, such as the Solano County Office of Education.

While this focus on marijuana is paramount, it is also an avenue to promote healthy behaviors, to build a sense of community, and to promote positive outcomes for teens. The program will have cannabis education and prevention at its forefront, but it will in turn be a place for Suisun City teens to come and learn relevant life skills, cultivate interpersonal skills, feel safe and supported, and will be something that they look forward to being involved with. This program will address the gap in Suisun City teen programming, address growing youth cannabis use in Suisun City, and will do so while respecting poverty/income concerns, and will give teens a developmentally appropriate and innovative program.

### Project Scope:

For teen programs to be effective, they cannot be static. They have to be fluid and able to grow and adapt with ever-changing interests, social climate, and trends. For that reason and because of the vast amount of resources state and nationwide that PAL possesses, other established programs or aspects can be easily implemented to the program throughout the funding cycle. Additionally, a collaboration with the local education office allows education experts to give the Suisun City PAL program the most current cannabis education trainings, statistics, methods of outreach, and ultimately the most appropriate and effective curriculum and assistance.

There also has to be the understanding that a teen cannabis prevention program cannot be strictly educational. Teens are at the developmental stage in their lives where they need to develop the cognitive reasoning skills in order for them to fully understand the dangers of cannabis use. They need to have the opportunity to explore alternate, positive behaviors. They need to be able to build their sense of self, to establish their own goals, to have mentors easily accessible to help guide them. They need the chance to build up their own reasons to not use cannabis internally and develop those internal mechanisms associated.

The following are aspects of the proposed Suisun City PAL program that will be implemented. The Suisun City PAL program will take place school days from 4pm-8pm at the Joseph Nelson Community Center – 611 Village Drive, Suisun City. There will be extended summer hours for the program. There will also be opportunities for PAL youth to attend relevant trainings, youth development and leadership conferences, participate in recreational sport opportunities, field trips, and other unique enrichment opportunities.

**Solano County Office of Education (SCOE) Partnership** – As mentioned, there would be an ongoing partnership with SCOE throughout the 5-year funding cycle. SCOE will provide technical assistance, project coordination, curriculum development and support to the Suisun City PAL program, active recruitment of Suisun City middle school and high school youth to the program through direct school and classroom visits, presentations, and ongoing dialogue with relevant school and school district administration, and on-site program assistance as necessary. Ultimately, SCOE will use their resources and standing as a county education office to champion the Suisun City PAL program and ensure its reach and impact are maximized.

**Leadership Development** - PAL leadership development program will provide an opportunity for PAL youth to teach, inspire, and motivate California’s future community leaders. The program brings together PAL youth and officers where officers play a vital role in encouraging youth to become positive role models, enabling them to realize their full potential to lead and influence positive change.

**Youth Directors Council** – The Suisun City PAL program will have its youth be a part of the Youth Directors Council. The PAL Youth Directors Council brings together young leaders from the community and annually across PAL chapters to connect, inspire, and learn from each other and officers through community service projects. The council helps to plan and implement

California PAL events including the Life After High School Conference, Youth Mentoring & Leadership Academy, PAL fundraisers and social activities. In addition, the Youth Directors Council uses their leadership skills and experiences to mentor younger PAL youth.

**Youth Mentoring & Leadership** - PAL teens will be involved in mentoring younger PAL youth, as well as youth in the 3 elementary schools in Suisun City. Curriculum key points are cannabis education and prevention, the importance of mental health care, and de-escalation tactics. The partnership with SCOE will assist in developing the education provided to our youth.

PAL teens will hear from inspiring motivational speakers, learn valuable skills by trained workshop presenters and learn from each other in small group sessions working on decision-making skills, conflict management and group dynamics, among other skills. Participants earn recognition awards for achievement in a wide variety of areas, including academics, athletics, and community service.

**Life After High School: Destination Success** – ‘Life After High School: Destination Success’ collaborations help to establish and foster on-going mentor relationships between PAL youth and officers to create educational and occupational pathways to success. Destination Success is geared towards youth who have aspirations of success and want to explore their options, whether it’s going directly to college, trade or technical schools, an arts conservatory, joining the armed forces or other post high school opportunities.

**College Readiness** - PAL youth starting with their freshman year of high school will be prepared for the possibilities of attending college. College tours, trade school opportunities, college application assistance, financial aid assistance, and what it takes to be accepted into various programs. SCOE will assist with this aspect as well.

**Sport Programs** - The Suisun City PAL program will participate in established PAL sports programs, such as judo, basketball, and soccer. The focus of these programs are to build confident youth through teamwork, perseverance, discipline, and the pursuit of excellence. They will be played in a safe, supervised environment and will give youth sporting opportunities they may have not had otherwise. The athletics programs also bring mentors and role models into the lives of program youth.

**Social Interaction** - Regularly scheduled activities are a critical component of programs for PAL. Officer engagement and continued mentoring and education are the pillars on which PAL programs are developed. Youth will have the opportunity to participate in regularly scheduled activities like, archery, movie club, E sports, field trips, and art programs.

### Target Population:

The target population of the Suisun City Police Activities League is the middle and high school aged kids who do not currently have access to education and programming outside of school. In a city of nearly 30,000 people, Suisun City does not have a high school. Once Suisun City students graduate middle school, they attend Armijo High School in the neighboring city of Fairfield. The

sad reality amongst Suisun City Recreation, Parks, and Marina (RPM) Department staff is that “once middle school students leave, they never come back.” Because of this unique dynamic and the challenges this creates, Suisun City staff have set the goal to have at least 100 youth in our PAL program each calendar year.

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**Goal:** Enhance adolescents' understanding of cannabis through comprehensive education.

- Suisun City will collaborate with the Solano County Office of Education to host informative cannabis education sessions.
- Within our youth engagement programs, we've created an inclusive space for lively and informative discussions, focusing on a diverse range of cannabis-related themes. Through these discussions, we aim to empower them with knowledge that promotes responsible decision-making and active engagement in relevant discussions.

**Goal:** Empower teenagers with valuable life skills they can carry with them into adulthood.

- Offer teenagers the chance to receive personalized one-on-one guidance regarding their post-high school aspirations and the practical steps they can take in the present to achieve their goals.
- Organize an annual post-high school conference-style event, providing young individuals with a centralized opportunity to explore a comprehensive array of future prospects in one convenient setting.

**Goal:** Establish structured programs that offer local youth opportunities for engagement, ensuring they stay productive and steer clear of potential trouble.

- Develop and implement a range of well-structured programs that not only engage local youth actively but also provide them with valuable opportunities for personal growth, skill development, and positive social interaction, ultimately helping them avoid potential challenges and stay on a productive path.
- Create multiple outreach strategies to identify and reach underserved youth in the community, ensuring that our structured programs effectively target and engage those who may need it most.

**Goal:** Foster a reassuring police presence for young individuals who may have had less-than-ideal previous interactions.

- Collaborate with the Suisun City Police Department to incorporate officers into our programs, facilitating meaningful interactions with the youth.
- Young participants will experience a sense of security when interacting with our officers, forging lasting and positive relationships.

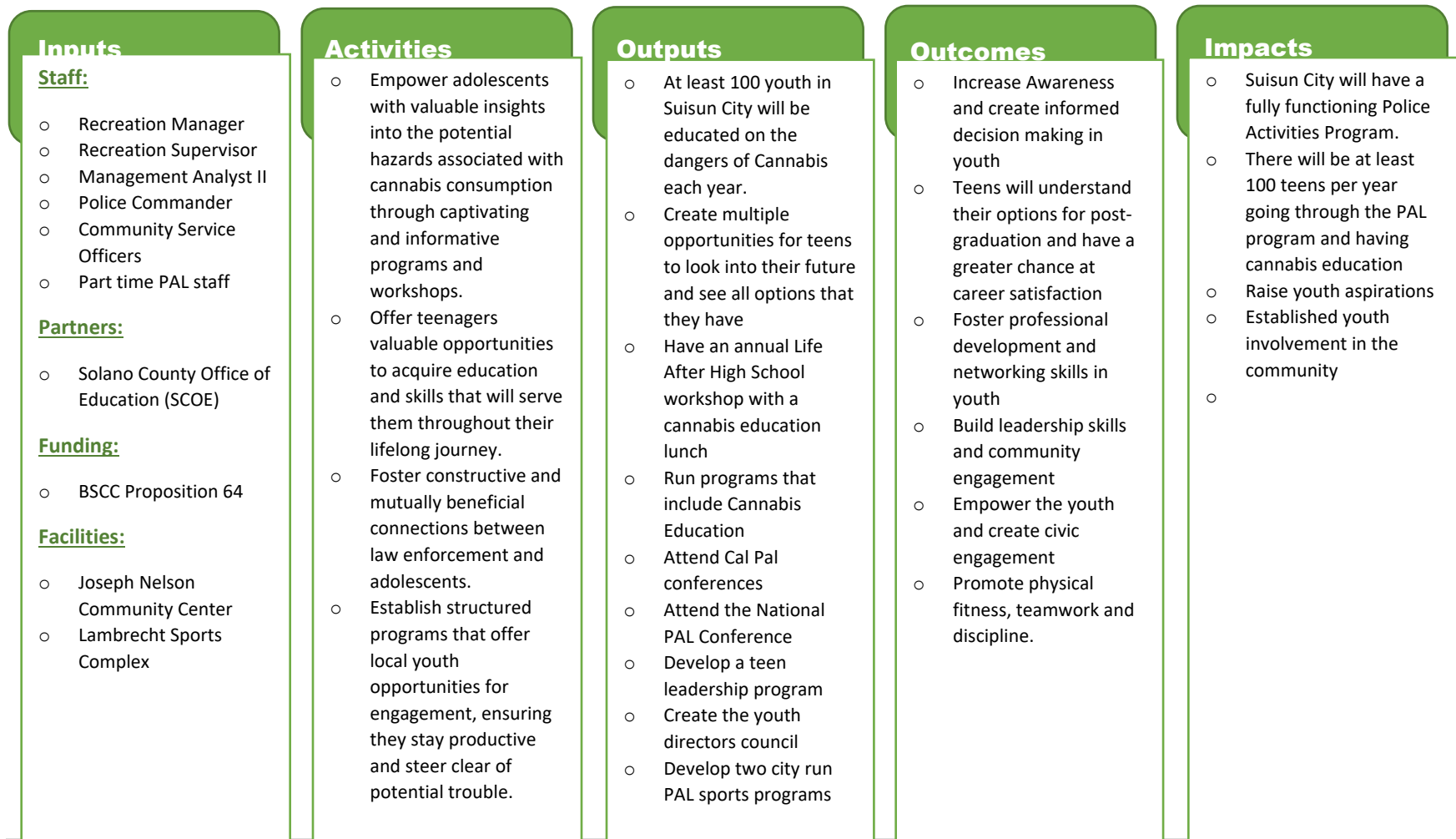
## Logic Model

**Goal 1:** Establish structured programs that offer local youth opportunities for engagement, ensuring they stay productive and steer clear of potential trouble.

**Goal 2:** Empower teenagers with valuable life skills they can carry with them into adulthood.

**Goal 3:** Establish structured programs that offer local youth opportunities for engagement, ensuring they stay productive and steer clear of potential trouble.

**Goal 4:** Foster a reassuring police presence for young individuals who may have had less-than-ideal previous interactions.



**Process Evaluation Method and Design**

Suisun City has implemented a comprehensive framework to diligently monitor and manage data pertaining to the Police Activities League (PAL). This multifaceted system encompasses several components, including our sophisticated Registration system, RecDesk, post-program surveys, meticulous budget trackers, and employee time cards. These integrated tools collectively serve as the bedrock for capturing, analyzing, and ensuring the integrity of data throughout the entire grant period.

The efficacy of these data tracking mechanisms is pivotal to the successful achievement of our overarching objectives. As we delve into the predicted activities and outputs outlined below, it becomes evident that these components serve as the crucial building blocks that underpin the attainment of our ultimate goals. Each facet of this data monitoring system plays a pivotal role in not only measuring our progress but also ensuring that our endeavors remain aligned with our broader objectives.

This comprehensive approach to data tracking and management underscores our commitment to transparency, accountability, and the delivery of impactful programs through the Police Activities League. By meticulously monitoring and analyzing the data generated from these various sources, we can make informed decisions, optimize resource allocation, and ultimately ensure that our goals are not only met but surpassed.

Input/Resource/Activity/Output	Data Element(s)	Data Source(s)	Frequency of Collection
At least 100 youth in Suisun City will be educated on the dangers of Cannabis each year.	Number of youth enrolled in PAL	Registration Numbers	Each time a person registers the system updates. There is a yearly membership.
Create multiple opportunities for teens to look into their future and see all options that they have	Number of Youth attending Life After High School Events and meetings along with the number of events and meetings.	Registration Numbers	Program registration updates as someone registers.
Have an annual Life After High School workshop with a cannabis education lunch	Number of youth that attend the workshop.	Registration Numbers	As participants register
Run programs that include Cannabis Education	Number of programs run	Registration Numbers and document the education provided	Post programs

Proposition 64 (Cohort 3) Grant Program

Attend Cal Pal conferences	Number of Cal Pal Conferences attended	Travel/Training budget tracker	Annually – Physical Year
Attend the National PAL Conference	Number of National Pal Conferences attended	Travel/Training budget tracker	Annually – Physical Year
Develop a teen leadership program	Number of teens registered to the leadership program/mentoring groups	Registration Numbers	As Participants Register
Create the youth directors council	Number of youth on the council and the number of meetings the council has	Registration Numbers	Annually
Develop two city run sports programs	Number of sports programs offered	Registration Numbers	Annually
Foster constructive and mutually beneficial connections between law enforcement and adolescents.	The number of programs and officer was present to interact with the youth	Employee Time Cards	Annually

### Outcome Evaluation Method and Design

The Outcome Evaluation meticulously crafted by Suisun City serves as a robust framework for ascertaining the attainment of the goals established for the grant period. This comprehensive evaluation strategy incorporates a multifaceted approach, integrating various data sources and engagement methods to provide a holistic view of our progress and achievements.

To gauge the success of our initiatives, we will employ a combination of surveys, open discussions, budget trackers, and registration data analysis. This well-rounded methodology enables us to capture both quantitative and qualitative insights, ensuring a comprehensive evaluation of our efforts.

Beyond merely assessing individual activities and outputs, this evaluation framework is inherently forward-looking. In concert with our specific activity objectives, the anticipated outcomes serve as integral building blocks that collectively contribute to the realization of our overarching project goals.

By harnessing the power of data-driven analysis and constructive dialogue, we not only measure our success but also refine our strategies, identify areas for improvement, and make informed decisions to propel us closer to our objectives. This meticulous approach to outcome evaluation underscores our commitment to accountability, transparency, and the strategic advancement of our grant-funded initiatives.

Outcome	Definition	Data Source	Frequency of Data Collection
Increase awareness and create informed decision making around cannabis in youth	Over the years, a growing number of young people will become informed about the dangers of cannabis, potentially leading to reduced rates of cannabis-related issues in the community. With ongoing education, adolescents may make more responsible choices regarding cannabis consumption, leading to better long-term health outcomes which may include a decrease in cannabis use among youth, resulting in improved physical and mental health.	Survey #1 and open discussion	Annually

Proposition 64 (Cohort 3) Grant Program

Teens will understand their options for post-graduation and have a greater chance at career satisfaction	Teens who explore their options early may be more likely to pursue careers that align with their interests and passions, leading to greater job satisfaction.	Survey #2 and one on one discussion	Annually
Foster professional development and networking skills in youth	Attendance at conferences can lead to enhanced skills and knowledge among staff and youth, improving the quality of programs offered in the long term. Building connections with other organizations can lead to collaborative opportunities, resource sharing, and ongoing support for the community's youth.	Travel/Training budget tracker	Annually
Build leadership skills and community engagement	Adolescents who engage in a teen leadership program can develop leadership skills and a sense of responsibility, which can benefit them in their future careers and personal lives. Over time, the program can produce young leaders who contribute positively to their communities, fostering long-term community development.	Registration numbers and open discussion	Annually
Empower the youth and create civic engagement	Through the youth directors council we can empower youth to have a voice in decision-making processes, ensuring that their perspectives are considered in matters that affect them, leading to improved youth outcomes over time. Members of the council may develop a strong sense of civic engagement, leading to active participation in community affairs as they grow older.	Survey #3 and open discussion	Quarterly
Promote physical fitness, teamwork and discipline.	Through sports programs and physical activities, we can promote physical fitness among youth, leading to healthier lifestyles and potentially reducing healthcare costs in the long term.	Registration Numbers	Annually

Proposition 64 (Cohort 3) Grant Program

	Participation in sports can instill values such as teamwork, discipline, and perseverance, which can have a positive impact on participants' personal and professional lives as they mature.		
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**Survey #1:**

Cannabis Awareness:

1. Have you ever received any formal education or information about the potential risks and effects of cannabis use? (e.g., school programs, workshops, presentations)

- Yes
- No

2. On a scale of 1 to 5, with 1 being very low and 5 being very high, how would you rate your current awareness of the potential hazards associated with cannabis consumption?

- 1
- 2
- 3
- 4
- 5

Cannabis Use:

3. Have you ever used cannabis, either recreationally or for medicinal purposes?

- Yes
- No

4. If you have used cannabis, what age were you when you first tried it?

5. What is your primary reason for using cannabis? (Select all that apply)

- Recreational use (e.g., for fun)
- Medicinal use (e.g., for pain relief, anxiety, etc.)
- Peer pressure
- Curiosity
- Other (please specify): \_\_\_\_\_

Informed Decision-Making:

6. How confident do you feel in making informed decisions about cannabis use?

- Very confident

Proposition 64 (Cohort 3) Grant Program

- Somewhat confident
- Neutral
- Somewhat uncertain
- Very uncertain

**Survey #2**

Understanding Post-Graduation Options:

1. How familiar are you with the various options available after high school graduation? (e.g., college, vocational training, workforce, gap year, etc.)

- Very familiar
- Somewhat familiar
- Neutral
- Somewhat unfamiliar
- Very unfamiliar

2. Have you received any guidance or information from the Police Activities League about different post-graduation options?

- Yes
- No

Career Satisfaction:

3. How confident are you that you will find a career that you will be satisfied with in the future?

- Very confident
- Somewhat confident
- Neutral
- Somewhat uncertain
- Very uncertain

4. What factors do you believe are most important for achieving career satisfaction? (Select up to three)

- High income potential
- Pursuing a passion or interest
- Job security
- Work-life balance
- Opportunities for advancement
- Location and commute
- Other (please specify): \_\_\_\_\_

Sources of Information:

5. Where do you primarily seek information about post-graduation options and careers? (Select all that apply)

Proposition 64 (Cohort 3) Grant Program

- School counselors or career advisors
- Parents or guardians
- Teachers
- Online resources (websites, social media)
- Friends or peers
- Police Activities League
- Other (please specify): \_\_\_\_\_

Future Programs and Support:

6. Would you be interested in participating in workshops or programs that provide more information about post-graduation options and career planning?

- Yes
- No

**Survey #3**

Youth Empowerment:

1. Do you feel empowered to make a positive impact in your community?

- Yes, very empowered
- Yes, somewhat empowered
- Neutral
- No, somewhat disempowered
- No, very disempowered

2. Have you participated in any programs or activities that aimed to empower youth in your community? (e.g., leadership programs, youth councils, mentorship programs)

- Yes
- No

Civic Engagement:

3. Have you been involved in any community service or volunteering activities in the past year?

- Yes
- No

4. What motivates you to participate in community service or volunteering? (Select all that apply)

- Desire to make a positive impact
- School or graduation requirements
- Peer influence
- Family encouragement
- Personal interest or passion

Proposition 64 (Cohort 3) Grant Program

- [ ] Other (please specify): \_\_\_\_\_

Future Engagement:

5. Would you be interested in participating in more programs or activities that promote youth empowerment and civic engagement?

- [ ] Yes

- [ ] No