

(2024-2025) Annual Plan

Date: 4/4/2024

County Name: Sutter

Contact Name: Donya Thompson

Telephone Number: 530-822-4371

E-mail Address: donyat@co.sutter.ca.us

Instructions:

Government Code Section 30061(b)(4) and Welfare & Institution Code Section 1961(b) call for consolidation of the annual plans required for JJCPA and YOBG.

Please submit your most up-to-date consolidated plan. The following is a standardized template for a consolidated county plan. If you find it helpful to use this template, please do so. Each field must be completed before submitting your plan to the BSCC. If you have nothing to report for a field, please indicate 'N/A'. At the end of the template please press the 'Submit' button to be recorded with the BSCC. Your work will be saved each time you log in, if you need to make any edits.

Your Submission will be posted, as submitted, to the BSCC website.donyat@co.sutter.ca.us

If you have any questions on completing your annual plan, or wish to use your own plan, please email:

JJCPA-YOBG@bscc.ca.gov

Juvenile Justice Plan

Part I. Countywide Service Needs, Priorities and Strategy

- A. Assessment of Existing Services
- B. Identifying and Prioritizing Focus Areas
- C. Juvenile Justice Action Strategy
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Part II. Juvenile Justice Crime Prevention Act (JJCPA)

- A. Information Sharing and Data Collection
- B. Juvenile Justice Coordinating Councils
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- C. Funded Programs, Placements, Services, Strategies and/or System Enhancements

Part I. Service Needs, Priorities & Strategy (Government Code Section 30061(b)(4)(A))

A. Assessment of Existing Services

Include here an assessment of existing law enforcement, probation, education, mental health, health, social services, drug and alcohol, and youth services resources that specifically target at-risk juveniles, juvenile offenders, and their families.

Sutter County Probation focuses heavily on prevention and intervention in juvenile delinquency by intervening early with at-risk youth and families, those involved in the juvenile justice system, and those solely referred for voluntary services from community stakeholders. Sutter Probation emphasizes partnerships and active collaboration among stakeholders to serve, and work with youth and their families. The Family Intervention Team (FIT), comprised of county and partner agencies, continues to seek and implement new programs and practices to effectively work with youth who are at risk for involvement in anti-social behavior, crime, delinquency, being Commercially Sexually Exploited (CSE), homelessness, truancy, dependency, and other social issues. Youth with these risk factors are identified by agencies within the county, including probation, Sutter County HHS, Children's Services, Child Welfare Services (CWS), Sutter Yuba Behavioral Health, community-based organizations, and city and county schools. The youth identified can be referred to the Family Assistance Services Team (FAST), which meets weekly, and is comprised of representatives from all the above agencies, as well as Alta Regional staff. The FAST team meets weekly to discuss referred cases (with appropriate releases of information in place) to brainstorm services that could potentially be provided to meet the needs of the youth and family. Further, local law enforcement collaborates with the probation department to refer youth and families for services when they have calls for service and no citation or arrest is deemed appropriate, to include runaway youth and their families. The common goal of all agencies is to provide prevention and early intervention to keep youth out of the juvenile justice system. Additionally, Probation attends Multi-Disciplinary Intervention Team meetings, bi-monthly, hosted by Sutter County Victim Services Child Advocacy Team to assist with and provide services for youth victims of child abuse or sexual assault, including those that are victims and/or at risk of being commercially sexually exploited.

Responding to the needs of youth and their families, the services, programs, and interventions in Sutter County Probation's PREVENTION array include:

- Digital Citizenship (6th and 8th grades)
- The Change Companies Interactive Journaling (Forward Thinking Journaling Series; Voices curriculum; and Marijuana Journal)
- The Parent Project
- Seeking Safety
- Sutter County Probation Mentoring Program

- Substance Use Disorder Services (SUDS) for Youth to include either Cognitive Behavioral Therapy (CBT)
 - for Substance Abusing Adolescents or Matrix for Substance Dependent Adolescents
- Referral to Sutter-Yuba Behavioral Health (SYBH)
- Referral to Sutter-Yuba Behavioral Health (SYBH) for Latino Outreach services
- Referral to Youth for Change for individual and/or family counseling
- Referral to SYBH for possible Youth for Change Full-Service Partnership
- Referral to Sutter County One Stop
- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Chronic Absenteeism Prevention through Student Attendance Review Team meetings with schools and youths' families
- Referral to ancillary services
- Wraparound (WRAP) as a Prevention Tool: As part of Family First Prevention Services Part I, Sutter County will be expanding our existing WRAP program to youth not involved with probation or child welfare. The WRAP program provides intensive case management and support for youth and their family. Sutter County Health and Human Services, Children's Services,, Child Welfare Services (CWS) contracts for this intensive therapeutic service with a community-based organization, Youth for Change. Child and Family Team meetings are a service included in WRAP.

In addition to Prevention efforts, Sutter County Probation also focuses on the needs of at-risk youth already displaying pre-delinquent behavior, first-time offenders, status offenses, and youth who have committed minor crimes. Probation's EARLY INTERVENTION efforts include, but are not necessarily limited to, the following:

- Digital Citizenship (6th and 8th grades)
- The Change Companies Interactive Journaling (Forward Thinking Journaling Series; Voices curriculum; and Marijuana Journal and Responsible Decisions- Impaired Driving Program Journal)
- The Parent Project
- Seeking Safety
- The Sutter County Mentoring Program
- Substance Use Disorder Services (SUDS) for Youth to include either Cognitive Behavioral Therapy (CBT)
 - for Substance Abusing Adolescents or Matrix for Substance Dependent Adolescents
- Intervention with Runaway Youth and their families
- Mobility Mapping and Family Finding and Engagement
- Referral to Sutter-Yuba Behavioral Health
- Referral to Sutter-Yuba Behavioral Health (SYBH) for Latino Outreach services

- Referral to Youth for Change for individual and/or family counseling
- Referral to SYBH for possible Youth for Change Full-Service Partnership
- Referral to Sutter County One Stop for employment readiness and job search support
- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Truancy Case Management
- Child and Family Team Meetings
- Referral to ancillary services
- Wraparound (WRAP) as a Prevention Tool: As part of Family First Prevention Services Part I, Sutter County will be expanding our existing WRAP program to youth not involved with probation or child welfare. The WRAP program provides intensive case management and support for youth and their family. Sutter County Health and Human Services, Children's Services, Child Welfare Services (CWS) contracts for this intensive therapeutic service with a community-based organization, Youth for Change. Child and Family Team meetings are a service included in WRAP.

While investing heavily in Prevention and Early Intervention, Sutter County Probation also provides a comprehensive array of SUPERVISION AND INTERMEDIATE INTERVENTIONS to work effectively with those youth and families who have entered the juvenile justice system. Supervision programs and Intermediate Interventions in place include the following:

- Case Management Services: Risk Based Supervision services provided by the Probation Department include school monitoring, drug testing, motivational interviewing, and referrals and support for treatment services.
- Family Assistance Services Team (FAST) and SuperFAST, our Interagency Placement Committee: As noted above, Probation partners with Sutter-Yuba Behavioral Health (SYBH), CWS, Sutter County Superintendent of Schools Office (SCSOS), Sutter County's Special Education Local Plan Areas (SELPAs), Sutter County Social Services, Yuba City Unified School District, Youth for Change, Alta Regional, and Sutter County Public Health to provide multidisciplinary case conferencing for youth who are in multiple systems of care. The team collectively problem solves and brainstorms creative solutions responsive to the needs of the youth and family being discussed. In reference to SuperFAST, the partners also work together on placement for youth with complex and/or special needs, determining, among other things, which system (SYBH, CWS, or Probation) is most appropriate to take the lead with each individual youth and/or family. The SuperFAST team also reviews all Wraparound cases, as these youth are deemed at imminent risk of removal from their homes if services are not effectively provided. FAST/SuperFAST always seeks options to avoid out of home placement and/or to determine most appropriate placements for youth who are removed from their homes.
- Incentives and Sanctions Matrix: Probation utilizes an Incentives and Sanctions Matrix to provide consistency in how incentives and sanctions are used. The use of an Incentives and

Sanctions Matrix is an Evidenced-Based Practice proven to motivate positive behavior change by placing an emphasis on positive behavior while applying appropriate sanctions for non-compliant behavior.

- Positive Achievement Change Tool (PACT): A web-based risk assessment tool which has been used by Sutter County Probation since 2008. The probation officer receives an output report stating Criminogenic Needs which is used in determining treatment needs/goals and case planning.
- The Change Companies Interactive Journaling (Forward Thinking Journaling Series; Voices curriculum; and Marijuana Journal and Responsible Decisions- Impaired Driving Program Journal)
- The Parent Project
- Seeking Safety
- Substance Use Disorder Services (SUDS) for Youth to include either Cognitive Behavioral Therapy (CBT)
 - for Substance Abusing Adolescents or Matrix for Substance Dependent Adolescents
- Mobility Mapping and Family Finding and Engagement
- Sutter County Probation Mentoring Program - this program is currently offered to youth with current or past probation involvement. As the population of mentors increases, it is hoped to be able to expand the program to community referrals.
- Referral to Hall for Home Services through the Tri-Counties Juvenile Rehabilitation Facilities
- Referral to Sutter-Yuba Behavioral Health
- Referral to Sutter-Yuba Behavioral Health (SYBH) for Latino Outreach services
- Referral to Youth for Change for individual and/or family counseling
- Referral to SYBH for possible Youth for Change Full-Service Partnership
- Referral to Sutter County One Stop
- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Child and Family Team Meetings
- Family Urgent Response System (FURS): FURS is a coordinated statewide, regional, and county-level system designed to provide collaborative and timely state-level phone-based response and county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth. This program is contracted with a community-based organization, Youth for Change, via Sutter County Health and Human Services, Children's Services, Child Welfare Services (CWS).
- Referral to ancillary services
- Assisting youth and families with tangible items that would support their rehabilitation efforts
- School Focused Services: Case assignments for most youth under probation supervision are primarily based on the school attended by the youth to provide collaboration between Sutter County Probation and local school supports.

- Youth who are experiencing significant legal and life problems related to a diagnosis of a mental illness are assigned to a probation officer who collaborates and coordinates behavioral health services through Sutter-Yuba Behavioral Health, Children's Systems of Care, Youth for Change, school staff, community service providers, and other agencies in the community. Child and Family Team meetings may be held to regularly staff these cases. The goal is for the officer to provide the youth and their family with the services and intensive supports needed while the youth and family needs are being addressed. These youth may be at imminent risk of removal from their home, and every effort is made to continue the youth in their home.
- Wraparound (WRAP): The WRAP program provides intensive case management and support for youth and their family who would otherwise be considered for placement, either in a Resource Family Home or a Short-Term Residential Therapeutic Program (STRTP) placement. Sutter County Health and Human Services, Children's Branch, CWS contracts for this intensive therapeutic service with a community-based organization, Youth for Change. Child and Family Team meetings are a service included in WRAP. WRAP is also frequently used when a youth returns home from an STRTP to ensure a smooth transition, as well as youth in danger of moving up from a resource family home to an STRTP.

Despite the community and home-based intermediate sanctions available in Sutter County, the need for RESIDENTIAL INTERVENTIONS remains. Options for youth ordered into out of home placement or secure detention by the Court include the following:

- Mobility Mapping and Family Finding and Engagement
- Short Term Residential Therapeutic Program (STRTP) - Sutter County Probation had no youth in STRTP placement in Fiscal Year 2022-2023. This was accomplished through intensive supervision practices, understanding that youth are best served in their family by supporting the whole family to make positive change.
- Resource Family Placement - Sutter County Probation had one youth placed with a Resource Family in Fiscal Year 2022-2023.
- Assisting youth and families with tangible items that would support their rehabilitation efforts.
- Family Urgent Response System (FURS): FURS is a coordinated statewide, regional, and county-level system designed to provide collaborative and timely state-level phone-based response and county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth. This program is contracted with a community-based organization, Youth for Change, via Sutter County Health and Human Services, Children's Branch, CWS.
- Non-Minor Dependent (AB12) - Sutter County Probation had two youths take advantage of this supportive program in Fiscal Year 2022-2023. Services may include Transitional Housing Program (THP-Plus) for housing and support.
- Child and Family Team Meetings

The Probation Department and Juvenile Court use DETENTION and long-term custody when lower-level treatment options are inappropriate or have proven ineffective:

- Tri-County Juvenile Rehabilitation Facility (TCJRF): a 60-bed secure facility for youth pending Juvenile Court proceedings, and adjudicated youth awaiting transfer to a placement, camp/ranch, and/or secure youth track. There were 33 Sutter County bookings in the TCJRF during Fiscal Year 2022-2023.
- Sutter County, Yuba County, and Colusa County collaborated to design an effective Secure Youth Track (SYT) program, the Resilience Program, for youth adjudicated for Welfare and Institutions Code 707(b) offenses, which may have previously been dispositioned to the Department of Juvenile Justice (DJJ). Since the detention facilities are shared via Joint Powers Agreement with all three counties, collaboration has proven to be key in implementing a plan that will serve and meet the needs of all three counties. The team meets regularly to adjust and develop the program as needs are identified and arise with this new program of local detention. The team has been working together with Sutter-Yuba Behavioral Health, Sutter County Superintendent of Schools, and the Yuba County Office of Education.
- Electronic Monitoring (EM) is available to assist in monitoring youth as an alternative to detaining a youth in the juvenile detention facility. EM was initiated in 2021 when youth that would normally leave the Maxine Singer Youth Guidance Center (MSYGC) on furlough were unable to do so due to COVID-19 precautions. Moving forward, electronic monitoring can be considered as an option for Less Restrictive Program as part of an SYT commitment when determined appropriate by the Sutter County Court.
- Referral to Hall for Home Services through the Tri-Counties Juvenile Rehabilitation Facilities. Hall to Home (H2H) works with any youth who was detained in TCJRF for at least three days and those youth that are dispositioned to the Maxine Singer Youth Guidance Center (MSYGC). Services help youth and their families overcome common barriers, and help transition the youth back to school, engage in supportive services, and obtain employment.
- Multi-Disciplinary Team Meetings with TCJRF and MSYGC

The Probation Department and its community-based partners are increasingly focused on REENTRY/AFTERCARE services including the following:

- Stepping Stones Aftercare Program: This program of supervision provides intensive support, case planning, and case management services for those youth detained and transitioning out of the Maxine Singer Youth Guidance Center (MSYGC). The Probation Officer assigned to this caseload also completes The Change Companies Re-Entry journal with each youth prior to them exiting the facility to aid in creating a comprehensive and supportive reentry plan.
- The Yuba County Office of Education leads the Hall to Home program for Yuba, Sutter, and Colusa County youth housed in the Tri-county Juvenile Rehabilitation Facility (TCJRF), as well as those housed at the Maxine Singer Youth Guidance Center (MSYGC). This program assists youth with an individualized reentry plan, to include assistance in enrollment into the appropriate

school system, referral to appropriate behavioral health services, referral to ancillary programs, as well as supportive services, and mentoring.

- Youth with behavioral health needs are also eligible for the Augmented Forensic Youth Program through Sutter Yuba Behavioral Health. The purpose of this program is to increase engagement in services for youth with a psychiatric disorder after their release from detention, reducing the need for higher levels of care, and reducing the length of stay in residential treatment settings or inpatient services.
- Youth returning home from a Short-Term Residential Therapeutic Program (STRTP) do so with a supportive hand-off from the STRTP to local community services already in place; usually Wraparound or a like service.
- Electronic Monitoring is available as an alternative to detaining a youth both pre and post adjudication.
- All other services available for Supervision/Intermediate Interventions.

Sutter County Probation and the county in whole is lacking in family counseling for youth and families without private insurance and is a noted gap in service in our local area. To address this need, Sutter County Probation entered into contract with Youth for Change, a local community-based organization, to provide family counseling (and individual counseling) to either bridge a gap in services or provide the unmet family counseling need.

Describe what approach will be used to facilitate collaboration among the organizations listed above and support the integration of services.

Sutter County Probation actively participates in several multi-agency committees:

- AB2083 Memorandum of Understanding: This MOU seeks to ensure that the Systems Partners' programs and policies reflect a coordinated, integrated, and effective delivery of services for children, youth, and families. Partner agencies have been designated by the Interagency Leadership Team - Family Intervention Team (FIT) and approved by the Sutter County Board of Supervisors to provide oversight and accountability for certain state and federally funded programs and services, and to otherwise act as a trauma informed coordinating council and planning body related to the programs and services contained herein to every extent possible. The System Partners agree that consistent trauma informed interdepartmental and interagency leadership is essential to successful collaboration on behalf of youth and families. The goal of this MOU is to address systemic barriers to the traditional provision of interagency services. It is the intent of the agency partners to create a coordinated service plan and maintain an administrative team with collaborative authority over the interrelated child welfare, juvenile justice, education, and mental health children's services. The agencies do not delegate their legal authority with respect to any core function or power of their agency, office, department, or position. The System Partners are not establishing policies that are intended to be averse to any relevant agency-wide policies, rules, or agreements. However, it is the intent of the System Partners to fully support the structure and processes contained in this MOU through a trauma informed lens and to provide the framework that will guide their operations and the activities, decisions, and direction of each of their employees regarding children, youth, and family programming. Accordingly, this MOU should be interpreted in light of this intent and purposes.

- Family Intervention Team (FIT): meets monthly and is comprised of department heads and assistant department heads from Probation, Sutter-Yuba Behavioral Health (SYBH), CWS, Public Health, Yuba City Unified School District (YCUSD), Sutter County Superintendent of Schools (SCSOS) Office, Feather River Academy, Youth for Change (YFC), Yuba City Police Department (YCPD), Sutter County Sheriff's Office (SCSO), Alta Regional, and Sutter County Special Education Local Plan Areas SELPA. The team addresses system-wide issues, problem solves, and prepares for new mandates, regulations, and implementation of programs across agencies. This team also serves as our Juvenile Justice Coordinating Council.

- Juvenile Justice Coordinating Council – subcommittee per SB823: meets at minimum, twice a year. In Fiscal Year 2022-2023, the council met to review and approve the Secure Youth Track plan that was submitted to the Office of Youth and Community Restoration (OYCR) in early 2022.

- Family Assistance Services Team (FAST): meets weekly and is comprised of Probation, SYBH, CWS, Sutter County Social Services, YCUSD, SCSOS, YFC, and Alta Regional. Staff from other agencies may participate as needed, as they may be involved with a youth or family and able to provide insight. The team reviews referrals for information sharing and brainstorming of services available in the community to assist families in need.
- SuperFAST: meets monthly and is comprised of participants from Probation, Sutter-Yuba Behavioral Health (SYBH), CWS, Public Health, Yuba City Unified School District (YCUSD), Sutter County Superintendent of Schools (SCSOS) Office, Youth for Change (YFC), and Alta Regional. The team reviews cases in out-of-home care and/or those that are at risk of entering out-of-home care, including Wraparound cases. This team also serves as Sutter County's Interagency Placement Committee (IPC).
- Resource Family Approval (RFA)/Foster Parent Recruitment, Retention, and Support (FPRRS) Team: This team meets as needed to determine processes for RFA and recruiting for RFA. The team is comprised of Sutter County Probation and CWS.
- Commercial Sexually Exploited Children (CSEC) Team: This team meets as needed to determine processes, protocol, and policies for CSEC youth. The team is comprised of Sutter County Probation, CWS, SYBH, local school administration, and other county and community-based agencies.
- Foster Youth Services Coordinating Program (FYSCP) Executive Advisory Council: the team meets quarterly for oversight of the educational advocacy program providing a variety of education-related services to foster youth. In accordance with Assembly Bill 490, Foster Youth makes certain that foster youth in-group or foster homes immediately enroll students in school.
- Bi-County Coordination of Care Team: This team is comprised of Sutter and Yuba County Probation, Sutter and Yuba County CWS, SYBH, SCSOS, Yuba County Office of Education, and Youth for Change participants. The team meets quarterly to discuss and trouble-shoot any system-wide issues in relation to services provided, barriers to service, and service gaps, as well as any new multi-disciplinary mandates. This team also addresses Continuum of Care Reform (CCR), discussing and sharing information regarding CCR and trainings attended, as well as upcoming trainings. The team also brainstorms and creates processes for CCR mandates, including Therapeutic Foster Care, Level of Care Protocol, Resource Family Approval (RFA) and recruitment, etc.
- Domestic Violence and Child Abuse Council: The Council's goal of reducing all forms of domestic violence and child abuse in Sutter County continues to be the focus of the council's activities through the multi-disciplinary collaborative work of the organization. This council monitors response rates to family violence and oversees the Child Abuse Prevention Intervention and Treatment funds (CAPIT) and Community Based Child Abuse Prevention funds (CBCAP). Beginning in 2009, the California Department of Social Services required that programs funded through CAPIT, CBCAP and Promoting Safe & Stable Families funds (PSSF) align with the California Children and Family Services Review (C-CFSR) to strengthen child

abuse prevention effort and improve outcomes for children and families. This team meets bi-monthly. The membership of the Council continues to include the following agencies: Sutter County Superior Court, Sutter County Family Law Court; Sutter County District Attorney's Office; Sutter County Sheriff's Office; Sutter County Probation Department; Sutter County Victim/Witness Assistance Program; Sutter County Health & Human Services Department, Employment & Eligibility Branch; Sutter County Health & Human Services, Children's Services Branch; Child Welfare Services; Sutter County Superintendent of Schools Office; Sutter County Health & Human Services – Public Health Branch; Sutter-Yuba Behavioral Health Services; Yuba City Unified School District; Yuba City Police Department; California Highway Patrol, Yuba-Sutter Area office; Children and Families Commission; Yuba Sutter Bar Association; Casa de Esperanza; Adventist Health +Rideout, Family Birthing Center; Adventist Health+ Rideout Emergency Room.

- Displaced Youth Multidisciplinary Team Committee: The purpose of this team comprised of Probation, Sutter County Superintendent of Schools, and Yuba City Unified School District staff is to provide a team approach to build on a youth's strengths and respond to his/her needs in a coordinated manner, to assist displaced youth/children and their families in achieving and maintaining a permanent and healthy living environment.
- Probation Advisory Committee: this Committee is led by the Chief Probation Officers of California (CPOC) and is comprised of probation staff from all over California to discuss issues/new mandates for those youth in out of home placement.
- Bi-County Youth Homeless Avengers Team: The purpose of this team comprised of Probation, Sutter County Superintendent of Schools, Yuba City Unified School District, Yuba County Office of Education, Sutter Yuba Behavioral Health, Sutter Yuba Homeless Consortium, and Cal-Works staff is to provide a team approach in identifying unique challenges of homeless youth and ways to serve this population in the community. The team meets quarterly and collaborates with various community partners with the common goal of serving youth experiencing homelessness.
- Probation attends local law enforcement briefings at least annually to educate officers and deputies on services provided to youth and families, as well as considerations for booking youth in secure detention, and the numerous different types of juvenile supervision. Collaboration with local law enforcement has resulted in decreased referrals to probation for citation/arrest and increased referral for services to defer youth and families from the juvenile justice system.
- Probation collaborates with Yuba City Unified School District and Sutter County Superintendent of Schools to provide supportive services for youth via education. This includes providing the Change Companies Journaling program to youth on campus, referrals for substance abuse counseling, assistance with case management of habitually truant youth via Student Attendance Review Teams and the Student Attendance Review Board (SARB), and participation in positive on-campus activities (probation vs. youth athletic events, Cookies with a Cop events, Read Across America, etc.).

· Probation is an active member of the county's Juvenile Justice and Delinquency Prevention Commission (JJJPC). Probation collaborates and coordinates with the JJJPC on their targeted goal for the year. This past year, the JJJPC continued to focus on creating positive and trusting relationships between youth and local law enforcement by hosting several "Cookies with a Cop" events at local elementary and high schools which included games, a DJ, raffle prizes, and snacks on site at the school, where youth could interact with local law enforcement from Yuba City Police Department, Sutter County Sheriff's Office, and Sutter County Probation, as well as JJJPC members in a positive environment.

· Probation meets regularly with Yuba and Colusa County Probation Departments to discuss detention facility processes and programs, including the newly developed Secure Youth Track program.

Probation is a member of Sutter County Child Advocacy Center's (SCCAC) multidisciplinary team. This team is devoted to assisting children and their families affected by violence, abuse, or any other form of trauma. Utilizing national best practices, SCCAC's services create a space for child victims and their families to openly communicate their experiences, optimize healing, and reduce trauma. The SCCAC's multidisciplinary team agrees to:

- Treat children with dignity and respect.
- Minimize trauma to children through cooperative multidisciplinary efforts which limit the number of times children are interviewed.
- Protect children from further trauma by valuing and utilizing the expertise of each team member/agency and sharing appropriate case information to reduce duplication of effort and increase effectiveness.
- Conduct forensically sound, developmentally appropriate, interviews in a neutral, centralized setting that is child and teen friendly.
- Participate in activities that support the strength of the SCCAC team and the quality of the SCCAC team's work, including training, tracking of case outcomes, regular case reviews, and reviews of SCCAC's systems and procedures.
- Continue to work to meet the many and varied needs of the child in the most comprehensive and efficient manner possible.

Probation's role as a member of the SCCAC multidisciplinary team is to:

- Participate in team meetings to provide/receive input regarding cases involving potential/identified trafficking victims or perpetrators;
- Participate in team meetings to provide/receive input regarding cases where W&I § 241.1 issues may be present;
- Contribute historical family information, which enhances the MDT's ability to foster child safety;
- Work in conjunction with Health and Human Services Department/Child Welfare Services to preserve the family when possible, by safety planning and family engagement;
- Work in conjunction with Health and Human Services Department/Child Welfare Services to

coordinate services for wards and families through Probation and outside agencies;

- Work in conjunction with Health and Human Services Department/Child Welfare Services to provide on-going case management to monitor progress and compliance with court orders, and ensure the safety and well-being of wards;

- Work in conjunction with Health and Human Services Department/Child Welfare Services to maintain a 24 hour on-call hotline.

B. Identifying and Prioritizing Focus Areas

Identify and prioritize the neighborhoods, schools, and other areas of the county that face the most significant public safety risk from juvenile crime.

Based on referrals received through the probation department and areas noted by Yuba City Police Department, areas of concern include:

- North-East Yuba City – area between Highway 99 and Live Oak Boulevard, Yuba City, CA
- East and South-East Yuba City – area between Highway 99 and Garden Highway, Yuba City, CA

C. Juvenile Justice Action Strategy

Describe your county's juvenile justice action strategy. Include an explanation of your county's continuum of responses to juvenile crime and delinquency as well as a description of the approach used to ensure a collaborative and integrated approach for implementing a system of swift, certain, and graduated responses for at-risk youth and juvenile offenders.

Juvenile Justice System Diversion

Diversion, prevention, and early interventions are integral to Sutter County's juvenile justice continuum. Sutter County Probation provides several Prevention and Intervention services through the Youthful Offender Block Grant, as well as the Juvenile Justice Crime Prevention Act, for local schools and the community. These programs include: Digital Citizenship, The Change Companies Interactive Journaling Series, Cognitive Behavioral Therapy for Substance Abusing Adolescents, The Parent Project, Mentoring Program, and Truancy Case Management. Additionally, probation officers are stationed at two local high schools, two middle schools, and a local alternative school to provide Prevention and Intervention services to at-risk students. These services are offered to the whole community, taking referrals from all local agencies, community-based organizations, self-referrals, and from Yuba County. Services are offered to the youth's entire family, as Sutter County Probation recognizes and respects the family system and understands that servicing the whole family creates a greater likelihood of positive outcomes, thus reducing the recidivism and at-risk concerns for the youth and their siblings. Further, many youths are diverted from the juvenile justice system at the local law enforcement level, as local law enforcement officers often refer youth to our department in lieu of citation. Those who choose not to take the opportunity for diversion offered by police, and other more serious offenders are sent to the Probation Juvenile Intake Unit for review. If the matter is deemed eligible and suitable for Diversion, a youth may be provided the opportunity to complete a program or task related to their criminogenic needs, including restorative justice type interventions. If the youth completes Diversion successfully, the matter is sealed per 786.5 of the Welfare and Institutions Code.

Juvenile Justice System – Probation Intake and Supervision

The Sutter County Probation Department has 45 employees and an operating budget of \$8.48 million. The Department has three (3) divisions: Adult Division, Juvenile Division, and Support Division. The Juvenile Services Division is responsible for completing dispositional reports for the Juvenile Court, to include completing assessments, developing collaborative case plans, and providing supervision services to youthful offenders. Deputy Probation Officers (DPOs) working in the Juvenile Services Division monitor and support youth and their families using an evidence-based risk assessment tool [Positive Achievement Change Tool (PACT)], strength-based behavioral-based case plans, motivational interviewing, cognitive behavioral treatment interventions, as well as chemical testing and monitoring school performance/attendance. The department uses Interactive Journaling via The Change Companies curriculum which is a

cognitive-behavioral intervention utilizing evidence-based strategies to assist youth involved in the juvenile justice system in making positive changes to their thoughts, feelings, and behaviors. The Juvenile Intake Unit completes a lengthy interview process with the youth and their family. Using Motivational Interviewing (MI), the probation officer interviews the youth and family to gather information to complete the Positive Achievement Change Tool (PACT) assessment to determine the youth's risk to reoffend, as well as any immediate risks and/or needs to be addressed, including screening youth to determine if they have been victimized or are at risk of being victimized through Child Sexual Exploitation. If determined to be low risk to reoffend, the youth may be diverted from the delinquency system with the DPO making appropriate referrals to services and/or programs, which may include: Change Companies Interactive Journaling, The Parent Project, Substance Use Disorder Services for Youth, Mentoring Program, Sutter-Yuba Behavioral Health (SYBH), Children Systems of Care (CSOC) via SYBH, Seeking Safety, grief counseling, Transitional Aged Youth (TAY) via CSOC, Family Assistance Services Team (FAST), Youth for Change, Sutter County Health and Human Services, Children's Services Branch, Child Welfare Services, Sutter County One Stop and Adult Education, Alta California Regional Center, Sutter County Public Health, and to the DPO on campus at the school. At any point in the process, a youth's case may be staffed at the weekly FAST meeting, which allows for several county agencies and community-based organizations (with a signed release of information) to discuss how the juvenile and family might best be served. A youth's case may also be staffed at the probation department, either informally with a supervisor, or formally at regularly scheduled Think Tank meetings that are attended by probation supervisors and juvenile programs staff to brainstorm, and problem solve ideas for case planning, to meet the needs of the youth and family.

If a youth is cited and/or arrested for an offense that is a mandatory referral to the District Attorney's Office or the PACT assessment indicates moderate or high risk to reoffend, the probation officer begins to address needs of the youth and the family immediately as noted above. However, the youth may then start the Court process as well. At times, more information is needed to disposition a case, and a youth may be referred for a psychological evaluation to assist Probation in making an informed recommendation to the Court. If/when a youth is placed on some type of supervision, the risk and needs of the assessment, along with a collaborative conversation with the youth and their family, translates into a written case plan. While on supervision, the probation officer utilizes the Juvenile Response Matrix. The matrix includes graduated sanctions for technical probation violations and incentives to reinforce positive behavior. The Response Matrix is presented to a supervisor when a violation of probation (VOP) is considered and the filing of a VOP must be approved by a supervisor when the VOP only includes technical violations and/or misdemeanor offenses. An updated PACT assessment is completed no less than every six months for a youth who is under any type of probation supervision. This allows for updated risk and needs information to inform team decisions and case planning. A case plan is updated/modified regularly when need arises, at minimum no less

than every six months.

Many of the juvenile services provided by probation are open to referrals from all other agencies, community-based programs, and self-referral. Unless the youth is detained or the program in question is a parenting class, all services are conducted with individual meetings with the youth and their family. Group-based programming is discouraged with youth, as many studies point out the danger of contamination of youth, particularly those that are low risk to reoffend, when introduced to new, potentially negative peers, especially those that are at a higher risk to reoffend. Further, all Sutter County Probation Officers are trained in Motivational Interviewing (MI) to create a foundational relationship for change. Meta-analyses show that the provider-client relationship plays a large role in client outcome (Hubble, Duncan, and Miller, 1999; Wampold et al., 1997). A critical finding drawn from more than 1,000 research studies concludes: "Putting this all into perspective, the amount of change attributable to the relationship is about seven times that of the amount attributable to a specific model or technique" (Hubble, Duncan, and Miller, 1999). Probation keeps MI at the forefront of probation officers' tools by providing booster trainings several times per year. Probation also implemented the Juvenile Response Matrix in 2015 to address the need to provide swift and certain graduated sanctions and incentives for behavior change. From prevention to out-of-home placement, services are provided along a continuum to maintain rehabilitation and safety of the youth and the safety and best interests of the community.

School-based Probation Officers are housed at two local high schools, a middle-school, and one alternative school. The school-based probation officers provide supervision of all youth on any type of probation supervision, as well as assist with truancy matters, aid in triaging school behavior issues, identify at-risk youth, refer youth and families to appropriate programs and services, and provide direct-service through evidence-based programming to youth in need. This programming includes The Change Companies journaling system which addresses criminogenic factors, including, but not limited to aggression, criminal thinking, relationships, family, substance abuse, and victim awareness. Further, Probation has two probation officers that assist school districts with absenteeism-related matters, these DPOs regularly make referrals to programs within probation, as well as community-based organizations to assist families with overcoming barriers to attendance.

Three DPOs are trained to facilitate Child Family Team (CFT) Meetings and can be utilized to conduct CFTs for youth placed out-of-home (as mandated by Continuum of Care Reform), youth at Imminent Risk of Removal from their home, youth under supervision with a high level of needs/support, and non-probation youth needing support and case management.

Juvenile Justice System – Detention and Commitment

Sutter County Probation does not operate a juvenile detention facility; however, partners with Yuba and Colusa Counties through a Joint Powers Agreement (JPA), housing youth at the Tri-County Juvenile Rehabilitation Facility (TCJRF) and the Maxine Singer Youth Guidance Center (MSYGC). Yuba County Probation operates both facilities per the JPA. The 60-bed TCJRF

provides safe and secure housing for wards and youth pending Juvenile Court under the care of Yuba County and offers an array of programs and services. The MSYGC is a 60 bed facility for male youth. In addition to a full school program, both facilities utilize evidenced based interventions to include Positive Behavior Interventions and Supports (PBIS), Change Companies Interactive Journaling, cognitive behavioral groups, case planning, and skill building. In addition, educational services, recreational activities, religious services, grief counseling, medical and behavioral health care are also provided. The Matrix Substance Dependence Program for Adolescents is provided for any youth housed in the facility that assesses for a dependent level of drug/alcohol treatment. Moral Reconciliation Therapy (MRT) is offered at TCJRF and is a program which leads youth to enhanced moral reasoning, improved decision making, and increased frequency of appropriate behavior. In Fiscal Year 2022-2023, there were 33 TCJRF youth admissions for Sutter County and 4 youth committed to MSYGC for the same time period.

D.Comprehensive Plan RevisionsDescribe how your Plan has been updated for this year.

After a reevaluation of funding, the Transitional Age Youth (TAY) Supervision program that was previously a part of our plan was disbanded at the juvenile unit, and those youth were reassigned to regular adult supervision caseloads. Hence, the TAY Program previously reported is no longer in existence nor funded by JJPCA/YOBG monies.

Previously, programs that addressed substance abuse were identified as separate programs: namely Marijuana journaling, Cognitive Behavioral Therapy (CBT) for Adolescent substance abusers, and Matrix Program for drug/alcohol addicted youth. Moving forward, these three separate programs will be identified in name and function as the Adolescent Substance Use Disorder Services (SUDS) programs at Probation. This best addresses the continuum of care that clients receive in our program(s) and better matches the program consolidation that has occurred to meet the more cohesive referral process by our community partners and reflects the holistic assessment and placement of youth in SUDS programs based on their needs regarding substance use risk.

Lastly, the Forward Thinking Interactive Journaling plan has been renamed as the Interactive Journaling program as it incorporates the numerous Change Companies offerings and materials that may be accessed by officers working with youth.

If your Plan has not been updated this year, explain why no changes to your plan are necessary.

See changes above.

**Part II. Juvenile Justice Crime Prevention Act (JJCPA)
(Government Code Section 30061(b)(4))**

A. Information Sharing and Data Describe your information systems and their ability to facilitate the sharing of data across agencies within your county. Describe the data obtained through these systems and how those data are used to measure the success of juvenile justice programs and strategies.

At this time, data is collected internally within the probation department via our case management system and data spreadsheets. The information is limited in sharing electronically; thus, information is shared during team meetings (FIT, FAST, SuperFAST, etc.). Data collected includes:

- Referrals to probation: crime, arresting agency, mandatory referral, 707 W&I reports, case outcome, restitution owed, case disposition, Court reports ordered, and case closure type.
- Referrals to services provided by probation and community-based organizations.
- Supervision: type of supervision, risk level, criminogenic needs, protective factors, risk factors, violation of probation (VOP), drug testing results, out of home care, CSEC screenings, reasonable candidates for Title IV-E, and placement type/length.
- Substance Use Disorder Services (SUDS) for Youth: Cognitive Behavioral Therapy (CBT) for Substance Abusing Adolescents and The Matrix Model Substance Abuse Program for dependent Adolescents and Transitional Aged Youth; all referrals, sessions attended, successful/unsuccessful completion, risk level, referral source, arrests/ detentions prior to program, arrests/detention in program, VOP, restitution completion, juvenile work hour completion, positive drug tests, out of home care, and length of time in the program.
- Stepping Stones Aftercare: referrals, successful/unsuccessful completion, risk level, arrests/detentions prior to program, arrests/detention in program, VOP, restitution completion, juvenile work hour completion, out of home care, and length of time in the program.
- Yuba City Unified School District and Sutter County Superintendent of Schools Office share information on truancy and school behavior related issues for the purposes of supervision of probation youth, as well as to provide prevention and intervention services to students and their families. This includes several probation officers having access to the school case management system (Aeries).
- Sutter County Probation, Sutter County Child Welfare Services, and Sutter-Yuba Behavioral Health share data and outcomes information via a shared drive within the county in relation to the Family Urgent Response System.

Sutter County Probation transitioned to Enterprise Supervision as the new case management system in June 2020. The first year roll out was an adjustment to a significantly different and more modern mode of case management for our department. Probation is focused on setting consistent expectations for data input and program tracking with staff as they become increasingly competent in their use of this relatively new case management software. Probation continues to work with Enterprise Supervision on being able to provide more meaningful data and analysis so that any data extrapolated can be relied upon.

B. Juvenile Justice Coordinating Councils

Does your county have a fully constituted Juvenile Justice Council (JJCC) as prescribed by Welfare & Institutions Code 749.22?

yes

If no, please list the current vacancies that exist on your JJCC, when those vacancies occurred, and your plan for filling them.

Sutter County utilizes the FIT Team as our JJCC. All partners are invited to attend the meeting regularly.

C. Funded Programs, Strategies and/or System Enhancements

JJCPA Funded Program(s), Strategy and/or System Enhancement

Below are JJCPA funded programs reported by the county.

Program Name:

Stepping Stones Aftercare

Evidence Upon Which It is Based:

Outcomes have demonstrated the Program to be effective in reducing juvenile crime and/or delinquency. In 2002, Sutter County Stepping Stones Aftercare Program began reporting outcome data. The program continued after 2011, however was funded through the Youthful Offender Block Grant. It has been funded via JJCPA since the 2013-2014 fiscal year. Data from 2002 to 2011 showed goals met in all the following categories:

- Arrest Rates decreased by 46.5% from 98.9% to 52.9%
- Probation Violations decreased by 37% from 71.4% to 44.9%
- Completion of Probation increased from 3% to 41%
- Incarceration Rates decreased by 56.6% from 99.5% to 43.2%
- Rate of Restitution Completion increased from 0% to 30%
- Completion of Court Ordered Community Service increased from 5% to 55.6%

Description:

Stepping Stones Aftercare

This multi-tiered program incorporates a graduated scale of supervision and family-based service interventions to Wards and their families. The youth are initially committed to the Maxine Singer Youth Guidance Center (MSYGC) for up to one year, as depending upon their progress in the program, the juvenile has the potential to complete the program sooner than a year. The MSYGC program consists of four phases, the juvenile obtaining more incentives as they work through the phases. Acceptance into the MSYGC program begins with a multi-disciplinary assessment to determine the needs of the juvenile and his/her family, and to determine the appropriateness for entrance into the program. Phase four of the program includes a home furlough period with the juvenile returning to the program during the day. The Stepping Stones Aftercare Program is implemented during Phase II of the MSYGC program to create a solid re-

entry plan between the juvenile, their family, and the community. Intensive supervision and support of the juvenile and his/her family continues from the date of commitment to and including six months after release from the MSYGC program. The caseload is maintained by one Deputy Probation Officer who supervises no more than 15 juveniles at a time. Services for these juveniles are family-centered and include detention-based as well as intensive community-based treatment, supervision, drug treatment, education, recreation, life skills building and other capacity building activities. Additionally, participating youth can be connected to the Hall to Home (H2H) program, which is designed to assist in development of successful reentry plans for youth transitioning out of any juvenile detention facility. The H2H program focuses on a carefully developed success-plan to link youth to positive community engagement opportunities, job and vocational skill building, and completion of high school credits or General Education (GED) requirements. H2H utilizes Child and Family Team (CFT) meetings while using evidenced-based practices to support the creation of collaborative and successful re-entry plans in coordination with MSYGC staff, the Aftercare officer, the youth and their families. This approach is an expansion of the multidisciplinary, family-centered approach Sutter County has been working under since 1998. There is success in using this approach in early intervention cases, and we have found similar success through the Aftercare program with juveniles already entrenched in the justice system. This program has been in effect in Sutter County since 2002; however, it has also been previously funded by the Youthful Offender Block Grant. Collaborative partners involved in the MSYGC program and The Stepping Stones program include the Counties of Yuba, Colusa, and Sutter, as the MSYGC is a regional facility. Yuba County maintains the MSYGC facility. Sutter County Probation Officers and/or Intervention Counselors provide Change Companies Interactive Journaling, The Parent Project, Mentoring Program, intensive supervision, and quality case planning. Sutter-Yuba Behavioral Health provides counseling and family support services, as well as alcohol and other drug services. Yuba County Office of Education and Sutter County One Stop provide education and employment services to eligible youth.

Program Name:

Substance Use Disorder Services (SUDS) for Youth: Cognitive Behavioral Therapy (CBT) for Adolescent Substance Use Disorders and The Matrix Model Substance Abuse Program for Adolescents and Transitional Aged Youth

Evidence Upon Which It is Based:

CBT is an evidenced based technique that has been in existence since the early 1950's. CBT is based on the scientific evidence that our feelings are determined by our thoughts and perceptions, rather than by external influences such as people, situations, and events. As for the juveniles who enter the juvenile justice system, the majority, if not all, have been reared and/or exposed to environments that have influenced their negative behavior, resulting in criminal behavior and/or the abuse of controlled substances. By introducing CBT techniques to these identified juveniles, the opportunity to provide ways to take charge of their thought processes can positively impact their feelings in ways that improve their reactions to situations and events. Currently in California, numerous Probation Departments are collaborating with community partners and are utilizing evidence-based practices, including CBT-based programs, as an integral component of intervention and prevention. There are numerous resource documents available noting this evidence-based practice, many of which can be located via the National Association of Cognitive Behavior Therapist's website located at www.nacbt.org. The Mental Health Service Act (Proposition 63) "Mental Health Models that Work for Children and Youth" is a toolkit of information located in the FIGHT CRIME: INVEST IN KIDS California. The toolkit provides reference to CBT, and further discusses the Purpose, Target Population, Duration of the Program and Cost of Participation, the Evaluation Status and Cost Benefit Evaluation.

The Matrix Model for Teens and Young Adults is a proven Intensive Outpatient Program for people ages 13 to 25. It uses evidence-based practices to teach patients to analyze events and change thoughts, behaviors, and lifestyle related to alcohol and other drug use. There are several resource documents available noting this evidence-based practice, most notably THE CALIFORNIA EVIDENCE-BASED CLEARINGHOUSE FOR CHILD WELFARE. The Matrix Model Institute had collaborated on research studies with an array of partners—including UCLA, NIDA, SAMHSA and private industry—that evaluate the effectiveness of their cognitive/behavioral treatments.

Description:

Probation's Substance Use Disorder Services (SUDS) for Youth program aims to address substance abuse by youth in our community. All referred youth must first be assessed using the

Drug Use Questionnaire (DAST-20) to determine their potential involvement with drugs. Sutter County Probation utilizes an Intervention Counselor certified in Drug and Alcohol Treatment Services to provide these services. The program also incorporates chemical testing to hold youth accountable throughout the program.

CBT will be prescribed for those youth that are determined to abuse controlled substances. The program is 12 to 16 weeks in length, with the CBT Facilitator and the youth meeting weekly for 45 minutes to 1 hour on an individual basis. As noted above, three sessions can be family sessions, if the youth agrees to said sessions. There are three Core Modules and 11 Skills Modules. Each session consists of a Check In/Review of Skills and At-Home Practice; Teaching Skills; and Practice, Practice, Practice. The program utilizes Motivational Interviewing for engagement and change processes, role-playing, and modeling.

The 15 sessions cover the following modules:

1. Motivation/Engagement
2. Functional Analysis
3. Coping with Cravings
4. Communication Skills
5. Anger Awareness/Anger Management
6. Negative Affect Regulation
7. Problem Solving
8. Substance Refusal Skills
9. Social Support
10. Job-Seeking/Education
11. Coping with a Slip
12. Seemingly Irrelevant Decisions
13. HIV Risk Prevention
14. Termination
15. 1, 2, 3 Family Sessions

The Matrix Model for Teens and Young Adults will be prescribed for youth who are experiencing physical dependency on substances of abuse. The Matrix is an intensive outpatient treatment approach for substance abuse and dependence. The program uses research-based techniques in an approach comprised of relapse-prevention groups, separate parent and adolescent substance education groups, individual sessions for parents and adolescents, family sessions, social-support groups, and urine and breath testing delivered over a 16-week period. New alternative drug-free recreational activities are reinforced. Patients learn about addiction and relapse and receive direction and support from a trained therapist. The program uses a cognitive/behavioral approach imbued with a motivational interviewing style and supplemented with contingency management.

The overall goals of the Matrix Model for Teens and Young Adults are:

- Abstain from or decrease alcohol or other drug use
- Understand addiction and relapse
- Learn relapse prevention skills
- Develop pro-social behaviors

Program Name:

Interactive Journaling (The Change Companies)

Evidence Upon Which It is Based:

Interactive Journaling is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the Interactive Journals to their own lives helps participants achieve their goals for responsible living.

Interactive Journaling was developed in collaboration with the California Department of Corrections and Rehabilitation, Division of Juvenile Justice's Interactive Journaling® Charter. Pennsylvania Department of Corrections Evaluation, 2007

The Office of Planning, Research, Statistics and Grants of the Pennsylvania Department of Corrections in 2008 completed an evaluation of the pilot program Changing Offender Behavior (COB), launched in 2006 at five correctional facilities (institutions and community centers). Effectiveness of the COB program was evaluated using multiple sources of information: 1) inmate (n = 102) changes in criminal attitude and thinking measured by differences in pre and post CSS-M assessment scores; 2) program facilitator and inmate participant responses on a self-administered survey about the program; and, 3) program facilitator and inmate participant interviews about the program. Preliminary evidence suggests that changes in CSS-M scores (reduction of criminal thinking and attitudes) are correlated with a decrease in institutional misconduct and recidivism*.

A summary of findings indicated:

- COB had a favorable impact on inmates' thinking and attitudes about crime as measured in pre and post assessment scores. These changes indicate that criminal attitudes and thinking improved, or became more pro-social, after participating in the COB program.
- Overall, of the inmates who reported changes in their level of criminal thinking, approximately 42% (n = 41) showed decreases that were large enough to place them into a lower range for criminal thinking.
- Staff and inmates indicated a general satisfaction with the COB program including the topics covered, the exercises and examples used and the organization of the workbook.

*Sigmourd, D. (2006). Validation of risk/needs assessments in the Pennsylvania Department of Corrections. National Institute of Justice Report, NCJ - 221255. Washington: U.S. Department of Justice.

Citation: Antonio, M.E. (2007). Evaluation of Pennsylvania Department of Corrections pilot program Changing Offender Behavior (COB). Camp Hill, PA: Pennsylvania Department of Corrections.

A Summary of Feedback Studies: To determine the success of Interactive Journaling® with outpatient and inpatient alcohol and drug treatment populations, The Change Companies® conducted nine interview/studies at seven treatment sites using a structured questionnaire provided to participants in the program. The population was made up of individuals who were attending aftercare or continuing care programs at the treatment sites and who had used The Change Companies®' Journals during primary care. The purpose of these studies was to determine the strengths and weaknesses of The Change Companies®' materials in order to improve the Journals.

A total of 287 individuals participated in the questionnaire. The length of time in aftercare ranged from just having completed primary care to 13 months of aftercare with the average length of time out of treatment being 104 days. Key findings throughout all groups are described below. Participants indicated that graphics were found to be very helpful in many instances. Also, participants appreciated pages that offered the greatest amount of journaling opportunities the most. The Journal was found to be very useful with or without counselor involvement and valued the ability to share the Journal with their peers. Less than 5% of all participants reported that the Journal was too difficult to understand.

Nearly 90% of individuals reported that the Journal played an important role during primary care with 74% reporting that the Journal helped them stay clean and sober after primary care. Eighty percent of participants reported that the Journal helped them to recognize and express their feelings, and since completing primary care, seven out of 10 respondents use the Journal on a regular basis (at least once per week).

<https://www.changecompanies.net/evidence/?id=16>

Description:

The Change Companies Interactive Journaling Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the Interactive Journals to their own lives helps participants achieve their goals for responsible living.

The Forward Thinking Interactive Journaling® Series was developed in collaboration with the California Department of Corrections and Rehabilitation, Division of Juvenile Justice's Interactive Journaling® Charter.

The program is conducted on an individual basis with youth in and out of detention. Based on their needs, either determined by a PACT assessment and/or at-risk indicators, the youth will complete one or more of the following journal topics with a DPO:

What Got Me Here

Individual Change Plan

Responsible Behavior

Handling Difficult Feelings
Relationships & Communication
Victim Awareness
Reentry Planning
Substance Using Behavior
Family
Marijuana
Responsible Decisions – Impaired Driving
Voices – Self-Empowerment for Girls

The program is also conducted at the MSYGC in small group format. All DPOs are trained to facilitate the journals and most utilize the curriculum with not only youth under supervision, but also youth diverted from the juvenile justice system, and youth showing at-risk behaviors, including students at local schools. Referrals are taken from DPOs, schools, community agencies, self-referrals, etc. One DPOs sole assignment is to provide supportive services to youth and families, journaling being an included service.

*This program serves many different populations and may be partially funded via YOBG.

Program Name:

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

Evidence Upon Which It is Based:

At least 20 empirical investigations have been conducted evaluating the impact of TF-CBT on children who have been victims of sexual abuse or other traumatic events (Cohen & Mannarino, 2017). Research has shown that TF-CBT resulted in significantly greater gains for children and parents. Follow-up studies (up to 2 years following the conclusion of therapy) have shown that these gains are sustained over time. TF-CBT has been designated as an evidence-based approach by several organizations, including the California Evidence-Based Clearinghouse for Child Welfare and the National Registry of Evidence-Based Programs and Practices. According to the US National Library of Medicine National Institutes of Health, TF-CBT alone has been evaluated across the child and adolescent developmental spectrum (3–18 years), for multiple index trauma types (e.g., sexual abuse, commercial sexual exploitation, domestic violence, disaster, war, traumatic grief, multiple and complex trauma), in different settings (e.g., clinic, foster care, community domestic violence center, refugee NGO, HIV treatment centers) and in multiple countries and cultures (e.g., US, Africa, Europe, Australia) and with both mental health and non-mental health providers. In all the studies, TF-CBT has been found to be superior to the comparison conditions for improving PTSD symptoms/diagnosis, as well as other related mental health difficulties such as depressive, anxiety, behavioral, cognitive, relationship, and other problems.

Description:

TF-CBT is an evidence-based treatment that helps children address the negative effects of trauma, including processing their traumatic memories, overcoming problematic thoughts and behaviors, and developing effective coping and interpersonal skills. It also includes a treatment component for parents or other caregivers who were not abusive. Parents can learn skills related to stress management, positive parenting, behavior management, and effective communication. TF-CBT combines elements drawn from multiple approaches and theories:

- Cognitive therapy, which aims to change behavior by addressing a person's thoughts or perceptions, particularly those thinking patterns that create distorted or unhelpful views.
- Behavioral therapy, which focuses on modifying habitual responses (e.g., anger, fear) to non-dangerous situations or stimuli.
- Family therapy, which examines patterns of interactions among family members to identify and alleviate problems.
- Attachment theory, which emphasizes the importance of the parent-child relationship and

Developmental Neurobiology, which provides insight on the developing brain during childhood. TF-CBT is a short-term treatment typically provided in 12 to 16 weekly sessions, although the number of sessions can be increased to 25 for youth who present with complex trauma (Cohen, Mannarino, & Deblinger, 2017). Most sessions last approximately 60 minutes, with the child and parent separately seeing the therapist for about 30 minutes each. There are some conjoint sessions in TF-CBT, particularly later in the treatment when the child shares his or her trauma narrative with the parent. TF-CBT is usually completed within 4–6 months. Some children may benefit from additional services once the trauma specific impact has been resolved. Each individual session is designed to build the therapeutic relationship while providing education, skills, and a safe environment in which to address and process traumatic memories. The therapist, parents, and child all work together to identify common goals and attain them. Joint parent-child sessions are designed to help parents and children practice and use the skills they learned and to assist the children in sharing their trauma narratives. These sessions can also foster more effective parent-child communication about the abuse and related issues. This program has yet to begin, as the community-based organization contracted with is still in development of said program.

*This program serves many different populations and may be partially funded via YOBG.

**Part III. Youthful Offender Block Grant (YOBG)
(Welfare & Institutions Code Section 1961(a))**

A. Strategy for Non-707(b) Offenders

Describe your county's overall strategy for dealing with non-707(b) youthful offenders who are not eligible for commitment to the Division of Juvenile Justice. Explain how this Plan relates to or supports that strategy.

Sutter County's strategy for non-707(b) youth includes diverting youth out of the Juvenile Justice System at all levels and rehabilitating those who are in the system. By being involved at all levels: truancy, school-based, multi-agency, etc., Probation Officers are offering services, referrals, and support to youth and families in the entire community, not just those youth involved with Probation.

Almost two decades ago the department and partner agencies committed to providing local services for youth out of concern for the number of youths who were in out-of-home placement or were committed to DJJ with few positive outcomes. A Family Intervention Team (FIT) Policy Group was developed and remains intact to this day to focus on youth shared across systems. Federal Title IV-E, Juvenile Probation Funding (JPF,) YOBG, and JJCPA funding allowed the implementation and maintenance of programs to address youth and family issues with prevention, early intervention, intensive supervision, and individualized counseling and support services within the community. Because of these initiatives, Sutter County Probation has significantly reduced the number of out-of-home placements, the number of youths requiring DJJ commitments, and the number of youths under supervision overall. The implementation of the Principles of Effective Intervention has mandated reduced caseloads to provide officers the time necessary to properly assess and case plan with moderate to high risk juveniles. High risk youth with significant behavioral health issues, multi-generational family dysfunction, CWS history, substance abuse, and developmental disorders require significant time and collaboration to prevent them from entering detention and keep them stabilized within the community. Youth who are low risk are evaluated out of the system when possible, sometimes with referral to other services/agencies, or are managed for a short period of time and only to reach specific, short-term goals (e.g., victim restitution). Sutter County continues to struggle with illegal street gang activity and with violent and serious crimes committed by High Risk youth. With the addition of the Mentoring Program, CFTs for any youth that needs said service, it is hoped we can continue to further reduce the number of youths entering the juvenile justice system. The department continues to seek effective programs to address this population, along with the expansion of evidence-based practices in general. Thus far, the number of referrals has continued to decrease over the past decade, as well as the number of youths under some type of probation supervision. In 2015, there were 97 youth under supervision and in 2019 that number was reduced to only 38. In Fiscal Year 2022-2023, the average number of youths on some type of probation supervision was 43. Sutter County Probation is not a dual jurisdiction county;

however, through our collaborative relationship with CWS and our commitment to the most least restrictive placements for youth, we have collaborated with CWS, co-case managing youth on lower levels of (non-wardship) probation while they remain dependents. DPOs and CWS Social Workers work collaboratively to meet these youths' and family's rehabilitative needs.

B. Regional Agreements

Describe any regional agreements or arrangements to be supported with YOBG funds.

The following programs are implemented with the assistance of other agencies:

- The Stepping Stones Aftercare program, currently funded by JJCPA, is carried out via the Tri-County Juvenile Rehabilitation Facility (TCJRF), Maxine Singer Youth Guidance Center (MSYGC). The regional facility is comprised of Sutter, Yuba, and Colusa counties. Each county provides their own aftercare services for the MSYGC program. This program also leases beds to several other California counties.
- The Parent Project program is also offered to parents of youth detained at the TCJRF and MSYGC facilities, as well as any parents referred by the local schools in Sutter-Yuba Counties or referred by community-based organizations or other agencies.
- The Digital Citizenship program is provided to local schools via agreements with Yuba City Unified School District and Sutter County Superintendent of Schools Office.
- Yuba City Unified School District and Sutter County Superintendent of Schools Office partially funds six probation officers: two at local high schools, one at a local middle school, one at an alternative school, and two officers primarily focused on chronically absent students to provide prevention, intervention, case management support, and referrals to appropriate services.

YOBG Funded Program(s), Placement, Service, Strategy and/or System Enhancement

Below are YOBG funded programs reported by the county.

Program Name:

Intensive Probation Supervision

Evidence Upon Which It is Based:

At minimum, there are annual conversations in regard to how best utilize and coordinate JJCPA and YOBG funds to best serve both the youth formally referred to Probation and those we are providing prevention and intervention services to in order to keep them from entering the juvenile justice system. While state funds are somewhat stabilized, Probation is using YOBG funds to assure that sufficient staffing is available to fully implement the core elements of evidence-based practices. This requires that caseload sizes remain below 15 to ensure officers can best carry out those services. Probation has also blended funding from the schools with Federal Title IV-E funding to ensure that YOBG funds remain available to cover other needs. JJCPA funds will provide SUDS for Youth, Stepping Stones, and Change Companies Interactive Journaling services to youth served within YOBG programs. Conversely, the YOBG funded "Parent Project" and CFT meetings will serve families in all programs.

Description:

YOBG funding is utilized in several areas of juvenile probation through reduction of caseload size, providing evidence-based programming and assessment, assisting in utilizing a Juvenile Sanctions and Incentives Response Matrix, assisting in providing multidisciplinary services, providing the training and ability to create comprehensive and collaborative case plans, using SMART (Specific, Measurable, Attainable, Realistic, Timely) interventions, Family Finding efforts, Child and Family Teaming, and providing parenting education. The Principles of Effective Intervention are used in assessing, case planning, and case management of offenders. EBP curriculum, including The Change Companies journaling series, are utilized. Referrals can also be made to all internal services, as well as community-based services. Sutter County Probation strives to follow evidence-based practices and best practices in all areas. Currently, Probation Officers are assigned caseloads of youth who attend local schools

including: Yuba City High School, River Valley High School, Gray Avenue Middle School, Albert Powell Continuation School, Feather River Academy, and Live Oak Unified School District (LOUSD) schools, as well as those in alternative school situations, including adult education and independent study programs. There are three probation officers housed on-site at Yuba City Unified Schools (YCUSD), one at Feather River Academy (a Sutter County Superintendent of Schools site) and one truancy officer for YCUSD and one truancy officer for Sutter County Schools. The probation officers assigned to Yuba City High School, River Valley High School, and Gray Avenue Middle School provide supervision for the youth on probation at the school, as well as assist with discipline and intervention for all students, provide The Change Companies - Interactive journaling, an evidence based Cognitive Behavioral Therapy program, for identified students, act as a resource broker for students with identified needs, attend after-hours school functions, assist with truancy and sit in on Student Attendance Review Team (SART) meetings. The probation officer assigned to Feather River Academy provides supervision for the youth on probation at the school, as well as assists with truancy issues for all students, provides The Change Companies, Change Companies Interactive Journaling program for identified students, acts as a resource broker for students with identified needs, provides tobacco and vaping prevention services, and attends after-hours school functions, assists with truancy and sits in on Student Attendance Review Team (SART) meetings and the Student Attendance Review Board (SARB). The truancy officers provide case management services to those youth on Student Attendance Review Board (SARB) contracts, attends SARB regularly, attends Truancy Court, and often sits in on SART meetings, and acts as a resource broker for services to youth and their families. Several probation officers and an intervention counselor, even those not assigned to specific school sites, also provide services to identified at-risk youth at school sites. Two Probation Officers focus on high risk youth who receive services from other agencies, particularly those youth with behavioral health concerns but who may not be attending school and youth at Imminent Risk of Removal from their home. Because of the reduced caseload size, the Probation Officers can provide intensive supervision, guidance, and oversight. Often, these Probation Officers will have contact with the youth and their family several times per week, whether it be at home, school, counseling, a Child and Family Team (CFT) meeting, or in the office. These Probation Officers provide extensive case management for these youth and their families. Some of these youth are at imminent risk for removal, thus qualifying for Title IV-E Federal funding, which requires detailed case plans and documentation. Others are adjudicated of offenses involving a sexual nature but are not deemed predators by psychological evaluation. The psychological evaluation may indicate the youth needs education and counseling around boundaries and normative sexual behavior. This has been identified as a service gap in the Sutter-Yuba area, as these types of programs tend to be cost-prohibitive and are not covered by insurance and/or Medi-Cal. YOBG funds may be utilized to assist in transportation of these youth to this type of program and counseling, and/or assist in funding of the program/counseling if needed. This assists with keeping youth in home-based care, rather than in out-of-home

placement, a key goal of Continuum of Care Reform.

As stated above two Probation Officers are assigned to assist the schools with chronic absenteeism. The officers' focus on grades First through Eighth, providing intervention and case management to address the needs of the student and their family to increase attendance and maintain the student in a school setting. This prevention and intervention service has been successful in decreasing youth entering the Juvenile Justice System. The officers support the truancy process which includes Student Attendance Review Team (SART) meetings (similar to a CFT) to address barriers in attending school and provide supportive services to increase attendance.

One probation officer and one intervention counselor provide programs and services, including The Parent Project, Seeking Safety, Cognitive Behavioral Therapy for Substance Abusing Adolescents, Matrix Intensive Outpatient, and The Change Companies Interactive Journaling. All services are provided to any youth referred.

Our department has also participated in several multi-disciplinary student team meetings, called Student Care Teams, held by Sutter County Superintendent of Schools. The purpose of these meetings is for the team of collaborative agencies to staff students/families who may require additional support or access to services.

Many youth receiving intensive services have experienced school failure, are gang members/associates, or are at risk of gang involvement. All Probation Officers and our Intervention Counselor may facilitate pro-social field trips or coordinate athletic and extracurricular activities for both offenders and at-risk youth. All Probation Officers also provide truancy services when assistance is needed by local schools. Probation Officers also regularly collaborate with community agencies to provide support for juveniles and families. Further, all Probation Officers provide local schools with the Digital Citizenship program.

Program Name:

Risk/Needs Assessment

Evidence Upon Which It is Based:

All youth entering the probation department for a delinquency citation/arrest receive an assessment to assist in determination of services needed/offered, as well as how the case will proceed forward in the juvenile justice system.

Description:

The Positive Achievement Change Tool (PACT) risk/needs assessment and case planning tool is one aspect of the department's efforts to implement evidence-based practices. The PACT satisfies the following areas: 1) determines a minor's level of risk to reoffend; 2) identifies the risk and protective factors linked to criminal behavior so that the rehabilitative effort can be tailored to address the minor's unique criminogenic needs; 3) pre-populates an automated and customizable case plan focused on reducing risk factors and increasing protective factors; 4) allows managers to run reports to see changes in risk/protective factors over time. Every youth that enters the juvenile justice system is assessed with the PACT, whether it be the pre-screen or the full screen. The PACT revitalizes the role and responsibilities of the probation officer from that of one who monitors sanctions, to that of one who is provided a working tool to assist while modeling pro-social behavior and one who will continue to work with the juvenile and the juvenile's family to mitigate the youth's risk to re-offend by increasing protective factors. The use of Risk/Need Assessments to identify the risk factors and specific needs of each juvenile, and case planning to address those needs, while supporting and building upon a youth's identified protective factors, are evidence-based practices.

Sutter County Probation also utilizes the Detention Risk Assessment Instrument (DRAI) which indicates whether detention, alternatives to detention, release with court-ordered conditions, or release without court-ordered conditions is appropriate when a youth is detained.

Program Name:

Sutter County Probation Mentoring Program

Evidence Upon Which It is Based:

All youth with current or past probation involvement may be referred to the evidence-based mentoring program. This program serves youth being served via JJCPA funding. This program is mainly funded with Juvenile Probation Funds.

Description:

The Sutter County Probation Mentoring Program utilizes the Elements of Effective Practice for Mentoring with guidance through technical assistance from the Office of Juvenile Justice and Delinquency Prevention, which partners with The National Mentoring Resource Center. The program matches youth and mentors who would agree to meet weekly for six months' time. Connecting youth to natural resources in the community is key in reducing recidivism and the hope is that the mentoring program will show positive outcomes in this area. Initially, the program is being offered to youth with current or past probation involvement; it is hoped, the mentor population will increase enough to be able to open the service up for community referrals at some point.

Program Name:

Individual and Family Therapy

Evidence Upon Which It is Based:

All youth referred to probation for citation/arrest will be eligible for this program, including the Trauma-Focused Cognitive Behavioral Therapy program funded via JJCPA.

Description:

Individual and Family Therapy contracted with and provided by a community-based organization (CBO). That contract allows for the following:

- Individual therapy for those youth that do not have Medi-Cal and are either unwilling or unable to access their private insurance for treatment.
- Individual therapy to bridge a warm handoff to Sutter Yuba Behavioral Health (SYBH) for youth that find themselves unable to or unwilling to engage in services with SYBH.
- Family therapy
- Trauma-Focused Cognitive Behavioral Therapy (funded by JJCPA).

Probation collaborated with the community-based organization Youth4Change to provide services for up to 10 youth a year. Probation has determined that a partnership with the Youth4Change will meet the need for family and individual therapy that has gone unmet for many probation-involved youth in recent years. If the program provides successful outcomes, discussions will ensue to increase the number of youth and families to be served.

Program Name:

Pro-Social Skills Training – Digital Citizenship

Evidence Upon Which It is Based:

All youth referred to probation for citation/arrest will be eligible for this program, and programs funded via JJCPA.

Description:

The Digital Citizenship curriculum from Digital Futures Initiative (DFI) is provided to incoming middle schoolers (6th grade) and outgoing middle schoolers (8th grade). The program objectives and goals are as follows:

As a result of this course students will be able to:

- Identify social media platforms objectives influencing our behaviors, attitudes, and emotions.
- Understand behavioral, emotional, and social contagion theory as it applies to digital media.
- Identify the importance of data protection and being more intentional with our attention.
- Explain the effects of misinformation and disinformation.
- View digital consumption from all perspectives to get the correct perceptions.
- Awareness of our personal biases & imitation influencing daily decisions.
- Describe how personal value should come within, not from faceless online groups.
- Empower students to think before they send.

Our goal is to cultivate & maintain a child's values, morals, and beliefs as we become better digital consumers and citizens. Without guidance, digital platforms can manipulate behaviors, attitudes, and emotions with suggestive material to alter how we think and feel. Children will be introduced to the right tools to avoid a SPIRAL, develop their ART skills and acquire GRIT. Avoid the S.P.I.R.A.L. effect of online Suggestions turning to Propaganda pushing a point of view that becomes the Imitation and Rumors we participate in that Alter and Lead us down new paths.

Developing A.R.T. (acceptance, resiliency, & tolerance) skills enables kids to identify empathetic experiences to appreciate the differences we have with others.

G.R.I.T. – Guard our emotions from being infected by digital contagions, Recognize the goal of the platform, media or author behind the post, Investigate for truth/lies or fact/fiction to limit disinformation or biases. Think before participating on platforms, being mindful before we comment or post. With determination & G.R.I.T. kids can combat these infectious online influences.

With these foundations, kids can use practical activities to become safer, emotionally intelligent & conscious of our digital surroundings.

Program Name:

Recreational Activities – Educational Outings

Evidence Upon Which It is Based:

All youth referred to probation for citation/arrest will be eligible for this program, and programs funded via JJCPA.

Description:

Probation will be scheduling quarterly Education Outings for youth to explore and participate in events and activities they would otherwise be unable to participate in, as well as experience and visit other areas in Northern California. Many of the youth Probation works with have not had the opportunity to venture outside of Sutter County or even their immediate city/town. This program is designed to expose small groups of youth to new and exciting experiences, while filling up their free time, and teaching and practicing pro-social life skills.