

(2024-2025) Annual Plan

Date: 4/16/2024

County Name: San Mateo

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Instructions:

Government Code Section 30061(b)(4) and Welfare & Institution Code Section 1961(b) call for consolidation of the annual plans required for JJCPA and YOBG.

Please submit your most up-to-date consolidated plan. The following is a standardized template for a consolidated county plan. If you find it helpful to use this template, please do so. Each field must be completed before submitting your plan to the BSCC. If you have nothing to report for a field, please indicate 'N/A'. At the end of the template please press the 'Submit' button to be recorded with the BSCC. Your work will be saved each time you log in, if you need to make any edits.

Your Submission will be posted, as submitted, to the BSCC website. yalbino@smcgov.org

If you have any questions on completing your annual plan, or wish to use your own plan, please email:

JJCPA-YOBG@bscc.ca.gov

Juvenile Justice Plan

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Part I. Service Needs, Priorities & Strategy (Government Code Section 30061(b)(4)(A))

A. Assessment of Existing Services

Include here an assessment of existing law enforcement, probation, education, mental health, health, social services, drug and alcohol, and youth services resources that specifically target at-risk juveniles, juvenile offenders, and their families.

The San Mateo County Probation Department (Probation) is committed to providing at-risk and juvenile justice involved youth and their families with prevention, diversion, early intervention services that are culturally sensitive, trauma-informed, evidence-based and/or promising-practice programs that promote resiliency, pro-social behavior, emotional wellbeing, improve family functioning, reduce substance use, and increase engagement in the community and in school.

Juvenile Justice Crime Prevention Act (JJCPA) services and programs for youth are provided by community-based organizations (CBOs), county partners from the Human Services Agency's Children and Family Services (C&FS), and Behavioral Health and Recovery Services (BHRS) as well as Probation's prevention, diversion, and intervention units, and the Family Preservation Program (FPP). Services offered include counseling for youth and their families, case management, substance abuse treatment, mentoring, emotional well-being, academic skills and tutoring, law-related education, parenting support program, job-readiness training, sexual violence prevention curriculum, and victim impact awareness programs.

In partnership with Applied Survey Research (ASR), an outside evaluator, Probation completed a comprehensive annual program evaluation for all JJCPA, Juvenile Probation and Camp Funding (JPCF) and Youthful Offender Block Grant (YOBG) funded services. Individual CBO reports were presented to the Juvenile Justice Coordinating Council (JJCC) in November 2023 and published on Probation's website. The annual evaluation provided analysis and trends on youth profiles, services provided to youth and their families, criminogenic risk, youth strengths and needs and juvenile justice outcomes.

Results from the Child and Adolescent Needs and Strengths (CANS) assessments completed from annually by JJCPA-funded community-based organizations show that many youth are accessing supports and developing internal resources to significantly improve behavioral/emotional functioning, life functioning at home and at school, and problematic risk behavior. Additionally, results from the Ohio Youth Assessment System (OYAS) support findings regarding strengths in youths' family support and youth motivation to learn new skills and change behaviors that do not serve them.

In fiscal year 2022-23, there were a total of six JJCPA funded programs that served 425

unduplicated clients which is a 17% decrease as compared to fiscal year 2021-22 (n=511). While the number of youth served decreased from the prior year, the average number of service hours and length of time in the program reported per youth remained steady at 20 hours and four months during both fiscal year 2021-22 and 2022-23.

Furthermore, there were a total of four YOBG funded programs that provided services to address the needs of 263 unduplicated youth primarily at the Youth Services Center-Juvenile Hall (YSC-JH) and Margaret J. Kemp Camp for Girls (Camp Kemp), with an average of 19 hours of service per youth and five months in the program.

Describe what approach will be used to facilitate collaboration among the organizations listed above and support the integration of services.

Collaboration and communication among Probation's contracted CBOs occur through quarterly scheduled meetings. In this forum, items discussed include but are not limited to, policy updates, legislation, data collection processes, trainings, and an opportunity for open discussion. The meetings continue to be held virtually and will likely continue in this format for the extended future. The JJCC also meet on a quarterly basis and all JJCC related information, agenda, minutes, etc. are maintained and available online on Probation's website.

<https://www.smcgov.org/probation/juvenile-justice-coordinating-council>

B. Identifying and Prioritizing Focus Areas

Identify and prioritize the neighborhoods, schools, and other areas of the county that face the most significant public safety risk from juvenile crime.

Through the leadership of the JJCC, Probation continues to partner with ASR who developed the county's current Local Action Plan (LAP) for 2020-2025. Additionally, ASR develops an annual comprehensive evaluation based on data that guides the commission's work on providing programs and services to youth and their families in San Mateo County. The LAP highlights the needs and gaps in services, which provides samples of best practices and recommends future steps for service delivery and needs to the JJCC. The current LAP identifies that families in high-needs areas experience barriers to accessing high-quality services because of financial hardship. To increase access to services, all programs offered are free of charge to youth and their families and many services are provided in school locations to minimize transportation barriers for youth as their services are provided directly on school campuses.

Community-Based service providers are located in, or near, the identified high-needs cities listed below taking into consideration local transportation options for clients and their families. The LAP identified the city or residence for youth probationers and the five cities with the largest concentrations of clients, as listed below in order of ranking, which demonstrates the areas in San Mateo County with the greatest needs for youth on probation and their families:

1. Redwood City
2. San Mateo
3. South San Francisco
4. Daly City
5. East Palo Alto

C. Juvenile Justice Action Strategy

Describe your county's juvenile justice action strategy. Include an explanation of your county's continuum of responses to juvenile crime and delinquency as well as a description of the approach used to ensure a collaborative and integrated approach for implementing a system of swift, certain, and graduated responses for at-risk youth and juvenile offenders.

Probation implements informed service delivery programs and prioritizes the use of evidence-based practices among its contracted CBOs and maintains a collaborative approach to address the continuum of juvenile delinquency responses in the county. There are several early intervention and diversion programs and services provided to assist at-risk youth and their families both in the community and for those that are juvenile justice involved. The situations of the juvenile justice involved youth and their families served by probation are extremely complex and require collaborative and well-coordinated services from multiple agencies to achieve optimal outcomes. Meeting the needs of each youth requires a careful decision-making process and sufficient resources to enable decision-makers to select the type of resources, services, and other necessary supports that they conclude are best suited for each youth and their families. To generate best possible decisions for individual youth, multi-disciplinary teams consisting of a range of juvenile justice professionals which include Deputy Probation Officers, C&FS, BHRS, CBOs, Superior Court, County Office of Education, etc. coordinate to determine individualized case plans and each provide specialized services tailored to youth's specific needs. The evaluation tool currently utilized by San Mateo County to assist in these decisions include the use of the Ohio Youth Assessment System (OYAS), a dynamic risk/needs assessment system to be used with juvenile offenders. It offers the ability to assess youth at various decision points across the juvenile justice system.

The county addresses the needs of youth and their families by providing programs and resources that improve family functioning, improve educational outcomes, increase developmental assets, pro-social and coping skills, reduce substance use as well as reentry case management and services.

This is achieved through the following:

1. Emphasis on early prevention and intervention starting in the middle schools when youth first begin to display behavioral problems or have other risk factors that may be predictive of future juvenile justice contact. Targeting youth who are showing signs of behavioral difficulties (e.g., behavioral referrals at school) through the continuum of those who are experiencing their first contact with the juvenile justice system or who are on Probation for the first time.
2. Address the needs of both youth and their families by offering parenting workshops and/or family counseling in addition to their youth-centered interventions. Programs are offered free of charge to youth and their families as well as providing services on-site at school campuses and

via virtual models.

3. Continue partnerships with funded programs that use a variety of solid, carefully crafted practices to respond to the needs of their clients and that those practices span the range of what is evidence-based and/or promising practice programs.

4. Understand and address system barriers that limit accessibility and lead to increased recidivism.

5. Programs are offered free of charge to youth and their families as well as providing services on-site at school campuses and via virtual models.

6. Address the needs of underserved groups or groups over-represented in the juvenile justice system by age, gender, ethnicity, and geographic areas.

7. Support a complementary set of interventions along a continuum of care for youth through various needs. Most of the department's programs provide trauma-informed and developmentally appropriate programs through partnerships with CBOs and county partners who work with youth and their families on the development of behavioral skills/decision-making while providing counseling and asset development, as well as information on community resources and referrals for services. Several programs also work on an alcohol and other drugs (AOD) continuum of education, early intervention, and treatment or referrals for treatment.

8. Eligible youth to be referred to the Phoenix Reentry Program (PREP) which provides youth with the specific tools and resources needed in attaining and maintaining successful reentry to their community upon release from custody.

D. Comprehensive Plan Revisions Describe how your Plan has been updated for this year.

In fiscal year 2023-24, the county is using JJCPA and YOBG funding in partnership with Urban Services YMCA of San Francisco to provide a sexual violence prevention (SVP) program for youth in the community as well as inside the county's juvenile detention facilities. Clinicians provide interventions intended to reach youth before they engage in sexually harmful behaviors. The SVP group sessions include topics on creating safer spaces, introduction to boundaries, identifying emotions, self-regulation strategies, building empathy, consent, healthy relationships, LGBTQ+ community, restorative practices, creating consent cultures and bystander intervention. Probation provides all referrals for the SVP program.

In addition, the county began partnering with Therapeutic Beat Making, LLC in fiscal year 2023-24, using YOBG funds to provide a music-related program inside the Youth Services Center-Juvenile Hall. Led by Elliot Gann, Psy.D., the program uses hip hop and electronic music production (beat making) and DJ'ing as therapeutic and educational interventions to help youth to express themselves and gain new skills.

If your Plan has not been updated this year, explain why no changes to your plan are necessary.

N/A

**Part II. Juvenile Justice Crime Prevention Act (JJCPA)
(Government Code Section 30061(b)(4))**

A. Information Sharing and Data
Describe your information systems and their ability to facilitate the sharing of data across agencies within your county. Describe the data obtained through these systems and how those data are used to measure the success of juvenile justice programs and strategies.

The following are the systems utilized by the San Mateo County Probation Department in partnership with the CBOs delivering program services:

Probation Information Management System (PIMS)

PIMS is the probation internal case management system which maintains and tracks client and case information in detail and is also utilized for data collection, reports and analysis.

E-Probation

E-Probation is the probation internal case management system that went live on March 6, 2023, which maintains and tracks client and case information in detail and is also utilized for data collection, reports and analysis. The system captures risk assessment data and case plan recommendations. This will replace PIMS in the future.

Child Adolescent Needs and Strengths (CANS)

CANS is a multi-purpose tool developed for children's services to support decision-making in determining level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes.

Children's Global Assessment of Functioning (CGAF)

CGAF is a numeric scale used by mental health clinicians to provide a global measure of level of functioning in children and adolescents. The measure provides a single global rating only on scale of 0-100, with high scores indicating better functioning. In making their rating, the clinician makes use of the glossary details to determine the meaning of the points on the scale.

Developmental Asset Profile (DAP)

The DAP is a social-emotional assessment which measures the internal strengths and external supports of young people, and their growth in these key areas over time. It is built on the Developmental Assets Framework, which is a set of 40 positive supports, opportunities, and relationship qualities young people need across all aspects of their lives (called "external assets") and personal skills, social emotional strengths, self-perceptions, and values they need to make good choices, take responsibility for their action, and be independent (called "internal assets").

The Holistic Student Assessment (HSA)

The HSA is a data-driven tool to promote social-emotional development in youth in school and afterschool settings. The self-report tool provides teachers, program staff and administrators with a social-emotional “portrait” of the unique strengths and challenges of each youth.

Stakeholders Self-Assessment Survey

Youth are administered the Self-Assessment Survey biannually in the fall and spring sessions which provide data directly related to CBOs meeting their targeted performance measures within the Project-LEARN program.

Youth Self-Report Survey

Youth are administered a Self-Report Survey on the first, fourth and final sessions, which provide data directly related to CBOs meeting their targeted performance measures within the Victim Impact Awareness (VIA) program.

The Law Knowledge Survey

CBO administers this pre/post assessment of youths' understanding of the Law Program content, focusing on the most important aspects of each lesson that will help youth stay safe and reduce Juvenile Justice involvement. The survey will be completed in two parts with the pre-test completed on the first day of class and the post-test on the last day of class.

The Exit Evaluation

This is a program evaluation each youth completes on the last day of the Law Program class using a Likert scale about the impact of the class on the youth’s outlook and choices. It will help determine increases in positive decision making, engagement with adults, reductions in likelihood of breaking the law, etc. as key program indicators.

San Mateo County Probation Department contracts with Applied Survey Research (ASR), a third-party evaluation service to conduct individual CBO reports and comprehensive annual reports of its programs and services funded through the JJCPA and YOBG. All the demographic and service datasets provide relevant outcome information about the characteristics of clients receiving services, their length of involvement in services and the impact of involvement of specific services. The Comprehensive Reports are presented annually to the JJCC.

B. Juvenile Justice Coordinating Councils

Does your county have a fully constituted Juvenile Justice Council (JJCC) as prescribed by Welfare & institutions Code 749.22?

yes

If no, please list the current vacancies that exist on your JJCC, when those vacancies occurred, and your plan for filling them.

N/A

C. Funded Programs, Strategies and/or System Enhancements

JJCPA Funded Program(s), Strategy and/or System Enhancement

Below are JJCPA funded programs reported by the county.

Program Name:

Victim Impact Awareness Program (VIA)

Evidence Upon Which It is Based:

VIA is an alternative dispute resolution program that is a trauma-informed and strengths-based educational program. It includes interactive activities and facilitation that teaches empathy and support toward active reparation to victims.

Description:

The intervention model for VIA is a tested and proven curriculum that uses the power of teenage peer-led influence and empowerment as a tool to expand and shift youth offenders' thoughts and behaviors patterns away from the ones that informed the decisions that led to their arrest. The curriculum is designed to give the students a better perspective of what it's like to be a victim as well as a better understanding of why they committed the crimes they have been charged with. VIA assists youth in identifying their own capacity to learn and use their own motivation and connectedness to build viable coping skills which steer them away from further involvement in the juvenile justice program, to increase empathy and pro-social behavior, and to create new pathways for hopefulness in the future and overall well-being as important citizens in our community. Youth will gain a better perspective through various activities, videos, discussions, and speakers that come to the class. In addition, they are given the opportunity to learn about mediation and to possibly consider experiencing mediation after the class has been completed.

Program Name:

Applied Survey Research (ASR)

Evidence Upon Which It is Based:

ASR is a non-profit social research firm dedicated to collecting meaningful data, facilitating information-based planning, and developing custom strategies. ASR provides ongoing research services to evaluate and understand the effectiveness of grantees receiving JJCPA and YOBG funding.

Description:

San Mateo County will continue to use JJCPA funding to partially support its contract with Applied Survey Research (ASR). ASR provides ongoing and robust evaluation services to analyze and understand the effectiveness of CBO programs receiving JJCPA and YOBG funding, and works closely with Probation staff members and CBOs to collect data, provide technical assistance, and deliver analysis on performance and Juvenile Justice outcomes. The core components of services include:

- planning and meetings,
- data collection, verification, and technical assistance,
- analysis, reporting and dissemination,
- responsive request and project management,
- evaluation of CANS and OYAS,
- completion of the Local Action Plan

Program Name:

Sexual Violence Prevention (SVP)

Evidence Upon Which It is Based:

The SVP curriculum is part of the Juvenile Sexual Responsibility Program for youth referred from Probation who are in the community.

Description:

The program is based on work with youth and hearing from youth that they never learned about problematic sexual behaviors, including boundaries and consent. Many of the youth expressed feeling as though they wouldn't have committed their offense if they had learned about boundaries and consent and had knowledge about the laws around sexting and sharing explicit content on-line. SVP is available to youth involved in the juvenile justice system due to increased risk factors and to provide prevention to youth before they engage in sexually harmful behaviors. The group is designed to be 10 ninety-minute sessions including creating safe spaces and boundaries, emotions and self-regulation strategies, building empathy, consent, healthy relationships, online sexual expression, LGBTQ+ community, restorative practices, and bystander intervention.

Program Name:

Behavioral Health and Recovery Services Intake Assessments

Evidence Upon Which It is Based:

Clinicians assess new bookings using the DSM-5 Self Rated Level 1 Cross-Cutting Symptom Measure developed by the American Psychiatric Association (APA) to screen for a broad range of psychiatric symptoms. The measure was found to be clinically useful and had good test- retest reliability in the DSM-5 Field Trials conducted in pediatric clinical samples across the United States. Clinicians also use the CANS initial assessment tool developed for children's services to support decision making, including level of care and service planning.

Description:

The DIV Unit works in collaboration with Behavioral Health and Recovery Services (BHRS) and has a MOU for clinicians to develop comprehensive assessments and case recommendations that target the treatment needs of youth entering the juvenile justice system. Clinicians assess youth booked into the Youth Services Center-Juvenile Hall and provide information to Probation about Mental Health and Alcohol and other Drugs treatment options. They also provide options for community-based programs for youth and their families within or outside of Probation's Juvenile Services Division.

Program Name:

Job Readiness Training (JRT)

Evidence Upon Which It is Based:

Curriculum has melded four interrelated theoretic approaches into its service delivery to ensure an approach that is respectful, client-centered, and effective. These include Trauma-Informed Services with trained staff who understand the complex impact of trauma on their work with youth and minimize its impact wherever possible. Positive Youth Development that is strength-based, engages youth as partners in the delivery of services, and champions their capacity to succeed. Growth Mindset with trained staff who see youth as having enormous potential to contribute to succeed, rather than being limited by the circumstances of their current life. Restorative Justice which emphasizes to young people that they are an integral part of a community that needs their assistance, seeing others as having emotional needs like themselves, and finding opportunities to give back.

Description:

JRT is a comprehensive curriculum designed to engage jobseekers to garner skills in the areas of resume writing, interviewing, how to search for the right job using technology, conflict resolution, punctuality, fraternization/authority issues, stress management, and financial literacy using the FDIC Money Start Curriculum. Topics covered include Self Awareness, Career Exploration, Interview Skills, and Resume Writing with a “wrap up” chapter designed to allow students to discuss what they have learned and how to apply it to their lives. Built within each chapter are sub-sections that dive deeper into each topic such as career planning, barriers to employment, researching the job, interview questions, how to respond to questions about justice system involvement, resume critique, and a student evaluation. During these workshops participants can practice work maturity skills with staff who are knowledgeable of employers’ expectations. Through JRT, participants learn about community resources (transportation, One Stop centers, Department of Motor Vehicles, childcare, social services, vital document acquisition, etc.), Career Preparedness (vocational assessments, college and tech school training, SAT/ACT prep, financial aid assistance), Job Search Techniques (online application, LinkedIn Learning, electronic portfolio, creating responsible social media presences, use of email), and Presentation Skills (PowerPoint, mock interviews, guest speakers, portfolio presentations, dress for success, and more).

Program Name:

The Parent Support Group

Evidence Upon Which It is Based:

Curriculum was designed utilizing Motivational Interviewing (MI), Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), and Mindfulness Based Therapy (MBT). At the core, CBT/DBT and MBT builds upon the principles of cognitive therapy by using techniques such as mindfulness meditation to teach people to consciously pay attention to their thoughts and feelings without placing any judgments upon them. These therapies are recognized as evidence-based practices by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Description:

Through interactive engagement, behavior awareness, commitments to change, goal setting and robust curriculum supports, parents can better understand and connect with their children. Clinicians and parents will explore abstract discussions on influence and control, look at characteristics and behaviors that shape their relationships with their children, and come up with some concrete tools to guide future interactions. In the last session, youth will have the opportunity to participate and openly communicate goals and hopes for their relationship(s) with their parents.

Sessions include:

- Providing psychoeducation regarding the effects of trauma on the brain.
- CBT model to enable parents to better understand how their/their children's thoughts and feelings ultimately impact and effect behaviors and actions.
- An introduction on substance use as a coping mechanism and the ways drugs alter the neural pathways, thinking and decision-making processes, and how they can be managed and overcome with mindfulness practices.
- Understanding the various levels of influence in their child's everyday experience by discussing the personal, social, and macro-level spheres and the role of each.
- Exploration of:
 - oThe roots of addiction through an intergenerational lens.
 - oThe intergenerational path of trauma and the connection to the societal context.
 - oRelationship dynamics with parent and children in a multifamily group where children will have the opportunity to vocalize their goals and hopes for their relationship with their parents.
- Discuss and make the connections between Adverse Childhood Experiences (ACE's), trauma and current behavioral manifestations.

Program Name:

Positive Parenting Program – Triple P

Evidence Upon Which It is Based:

Triple P is built on more than 35 years of program development and evaluation. The model avoids a one-size-fits-all approach by using evidence-based tailored variants and flexible delivery options targeting diverse groups of parents. The California EvidenceBased Clearinghouse for Parent Training Programs identified Triple P with a scientific rating of 3 (Promising Research Evidence).

<https://www.cebc4cw.org/program/triple-p-positive-parenting-program-system/>

Description:

Triple P – Teen is a parenting and family support system designed to prevent, as well as treat, behavioral and emotional problems in teenagers and is delivered to parents of youth ages 12 to 16 years old. The primary aim of Triple P - Teen is to assist parents to promote positive skills and abilities in their teenage children, which contributes to the prevention of more serious adolescent health-risk behavior, and delinquent or antisocial behavior. The Triple P - Teen system consists of five levels of interventions of increasing strength as shown in the table below. The availability of the multiple levels and the flexibility in service delivery method enables parents to receive the intensity and format of services that will best meet their needs.

Level/Description

1Universal: Media based parenting information campaign

2Selected: Information and tips for specific parenting concerns provided in 1-2 brief sessions or in large-group seminars

3Primary Care: Brief consultations about specific parenting concerns provided in 3-4 sessions

4Standard or Group: In-depth training in positive parenting skills, offered as 10-week sessions to individual families (Standard) or 8-week groups (Group)

5Enhanced: Additional support for families where parenting issues is compounded by parental stress and/or relationship difficulties

Pathways: Additional support for families at risk for child maltreatment due to anger management and/or negative attributions about their children's behaviors

Program Name:

San Mateo County Probation Department's Juvenile Diversion Caseloads (DIV Unit)

Evidence Upon Which It is Based:

The DIV Unit utilizes the Ohio Youth Assessment System (OYAS) tool designed to assist in effectively and efficiently supervising youth in both institutional settings and in the community. The OYAS is an evidence-based individualized determination tool to assess youth at the various decision points across the juvenile justice system.

Description:

The DIV Unit provides a primary point of entry for intake and assessment of youth who are in contact with the juvenile justice system. At the DIV Unit intake, the process begins when the youth receive a multidisciplinary team risk/needs assessment, including screening for mental health, substance abuse, and other significant risk factors. Based upon the assessment findings, a recommendation that includes a balance of accountability and support/treatment services is completed and discussed with the youth's family by the assigned DPO.

Recommendations are also made to the Juvenile Court if release from custody is appropriate. Diversion-eligible youth can be referred to a range of programs and services including the Petty Theft Program, Juvenile Mediation Program, Victim Impact Awareness Program, and Traffic Court. Youth may also be placed on short-term (3 months) or long-term (6 months) supervised Probation Diversion contracts.

The DIV Unit works in collaboration with San Mateo County Children and Family Services (C&FS) and has a Memorandum of Understanding (MOU) for the Youth Outreach Program (YOP), which provides at risk youth and their families with clinical services through family counseling, crisis support, and individual clinical support as identified through an individual and family assessment. Under this MOU, clinicians also provide the Triple P—Teen parenting program, and one-on-one parenting support.

Program Name:

Insights Behavioral Health Services – Seeking Safety

Evidence Upon Which It is Based:

Seeking Safety draws upon multiple evidence-based models to improve participants' behavioral health and help individuals achieve safety from trauma experiences and/or substance abuse. Counselors use Family Skills Training, a cognitive behavioral therapy (CBT) model that provides skills to support pro-social behaviors and deal with challenging adolescent behavior. This model, developed in 1992 by Dr. Lisa Najavits, has proven extremely successful in directly addressing substance use and Post-Traumatic Stress Disorder (PTSD) in youth.

<https://www.cebc4cw.org/program/seeking-safety-for-adolescents/>

Description:

Established in 1994, the Insights Seeking Safety program offers early intervention and family focused individual or peer group support sessions along with case management for firsttime offenders and other atrisk youth. For youth with emerging substance abuse problems, it also offers more intensive family counseling, as appropriate. This treatment provides 12 topics from Seeking Safety's curriculum to align with the 12week duration of programming at Insights. The topics selected are those that appear most relevant to the population served, and include Safety, Detaching from Emotional Pain (Grounding), When Substances Control You, Asking for Help, Taking Good Care of Yourself, Red and Green Flags, Honesty, Commitment, Community Resources, Setting Boundaries in Relationships, Coping with Triggers, and Healthy Relationships.

Program Name:

Law and Leadership Program

Evidence Upon Which It is Based:

The Law and Leadership Program offers intervention and prevention strategies for at-risk and system-involved/probation youth grounded in evidence-based principles and focuses on building developmental assets such as motivational interviewing; cognitive behavioral based therapy; growth mindset goal management; strengths-based case management; and gang awareness training.

The Leadership Training Program intervenes more intensively with high-risk juvenile probation and at-risk populations to decrease recidivism and increase educational engagement. Youth receive one-on-one case management with a positive, non-parental adult who can provide connection, supervision, guidance, skills training, vocational support, help youth understand and manage social norms, and establish goals to meet their full potential.

Description:

The Law-Related Education (LRE) curriculum covers topics such as: assault, theft, vandalism, hate crimes, drugs, gangs, and the Three-Strikes law. Classes meet once per week for two hours over a 12-week period running from September to December over the fall semester and from January to May over the spring semester. The topics covered capture youth interest, activate cognitive-behavioral change, and build life skills in conflict management, problem solving, empathy and resisting negative peer pressure, which in turn contributes to the youth's developmental assets. Each week youth participate in role-plays to build pro-social life skills in non-violent conflict resolution, drug refusal, problem solving, and positive leadership. Youth take a field trip to a local university where they take a campus tour, learn about the juvenile justice system, and act out a trial in a law school courtroom. Guest speakers such as lawyers, judges, police officers, and probation officers attend sessions to share their experiences. The program culminates with a recognition ceremony for youth, their families, and friends.

Program Name:

San Mateo County Probation Department's Family Preservation Program (FPP)

Evidence Upon Which It is Based:

This is a supervision unit within the San Mateo County Probation Department whose supervision guidelines are modeled after graduated responses and evidence-based risk and needs assessment tools.

Description:

FPP is a family-focused program designed to assist families in crisis by improving parenting and family functioning while keeping children safe. It was developed with the intent to encourage the continuity of the family unit with a primary focus on keeping the family together and it's based on six components: child safety, immediate response, time-limited, homebased services, manageable caseloads, and community connections. These youth have either been charged with low-level offenses or come from homes where the functionality of the family has been compromised (e.g., child abuse and/or neglect) and are at high risk for out-of-home placement. Probation and county partners work collaboratively to provide an array of specialized services, offer intensive case management, and therapeutic interventions by mental health providers.

**Part III. Youthful Offender Block Grant (YOBG)
(Welfare & Institutions Code Section 1961(a))**

A. Strategy for Non-707(b) Offenders

Describe your county's overall strategy for dealing with non-707(b) youthful offenders who are not eligible for commitment to the Division of Juvenile Justice. Explain how this Plan relates to or supports that strategy.

The San Mateo County Probation Department (Probation) recognizes that the varied needs of non-707(b) youth require a comprehensive approach if the department is to be successful in transitioning these youth back into the social and educational mainstream. Specifically, the Probation's Juvenile Justice Local Action Plan (LAP) responds to non-707(b) offenders by employing a strategy of providing appropriate services to these offenders based on the youths' assessed needs. The Department uses YOBG funds to support community-based organization (CBO) programs for youth detained at the Youth Services Center-Juvenile Hall (YSC-JH) and/or Margaret J. Kemp Camp for Girls (Camp Kemp). As of fiscal year 2023-24, these programs have included yoga classes, mindfulness classes, job-readiness training and life skills classes, culinary arts, writing workshops, beat making classes, law-related education, pre-release and reentry case management, and sexual violence prevention group counseling. Some of the CBOs follow the youth into the community where they continue to offer services and supports.

In addition, the Department uses YOBG funds to support facility staffing, supplies, and staff-led programs, county mental health services for detained youth, and the Phoenix Re-Entry Program (PREP), a step-down program offering enhanced privileges and services for youth preparing to reenter their communities.

B. Regional Agreements

Describe any regional agreements or arrangements to be supported with YOBG funds.

N/A

YOBG Funded Program(s), Placement, Service, Strategy and/or System Enhancement

Below are YOBG funded programs reported by the county.

Program Name:

Community Supervision

Evidence Upon Which It is Based:

Juvenile DPOs provide connections to JJCPA-funded programs and services.

Description:

San Mateo County anticipates using YOBG funding to support staffing costs for Deputy Probation Officers (DPOs) who supervise youth who are home on probation, including juveniles requiring intensive supervision and more frequent visits. DPOs ensure youth are following court orders such as refraining from drugs and alcohol, attending school, obeying curfews, and following rules at home. DPOs also provide referrals to victim impact awareness programs, counseling, and other resources to support the youth and their family.

Program Name:

Phoenix Reentry Program (PREP)

Evidence Upon Which It is Based:

San Mateo County works with partners to develop a comprehensive approach to rehabilitation that includes links to community resources post-release.

Description:

San Mateo County anticipates using YOBG funding to support staffing costs, services and supplies for the PREP. Launched in 2019, PREP provides enhanced reentry services for repeat offenders transitioning back to their home communities following periods of confinement. PREP provides case management, mentoring, step-down incentives and connections to outside programs and services.

Program Name:

Margaret J Kemp Camp (Camp Kemp)

Evidence Upon Which It is Based:

San Mateo County works with partners to develop a comprehensive approach to rehabilitation that includes links to community resources post-release.

Description:

San Mateo County anticipates using YOBG funding to support staffing costs, services and supplies at Camp Kemp. The facility provides a placement option for female youth in need of comprehensive gender-responsive and trauma-informed services. The camp program offers intervention services implemented through a strengths-based approach that address issues of abuse, violence, family relationships, substance abuse, and co-occurring disorders.

Program Name:

Youth Services Center-Juvenile Hall (YSC-JH)

Evidence Upon Which It is Based:

San Mateo County works with partners to develop a comprehensive approach to rehabilitation that includes links to community resources post-release.

Description:

San Mateo County anticipates using YOBG funding to support staffing costs, services and supplies at the YSC-JH. The facility employs a therapeutic detention model that combines the philosophy of secure detention with comprehensive resources that aid in the youth's rehabilitation and successful reentry. These resources include health and dental services, mental health and substance abuse treatment, education and programs from cognitive skills, job readiness to yoga and mindfulness. Resources are provided in partnership with county agencies (Health, Behavioral Health and Recovery Services, County Office of Education) and various community-based organizations (CBOs). Staff-led programs and activities include gardening and managing chicken coops, mural painting, hosting assemblies featuring inspirational guest speakers, and organizing a variety of games, activities, and art projects throughout the year. Through the use of therapeutic detention, San Mateo County is able to work with partners to develop a comprehensive approach to rehabilitation to not only treat mental health and substance abuse issues, but also provide an opportunity to learn more prosocial behaviors.

Program Name:

Therapeutic Beat Making

Evidence Upon Which It is Based:

This program is only offered within the YSC-JH and Camp Kemp.

Description:

San Mateo County anticipates using YOBG funding to continue a program led by Elliot Gann, Psy.D., that uses hip hop and electronic music production (beat making) and DJ'ing as therapeutic and educational interventions to help youth to express themselves and gain new skills. This service would be provided through a partnership with Therapeutic Beat Making₂₆ LLC.

Program Name:

Urban Services YMCA of San Francisco

Evidence Upon Which It is Based:

Youth may continue to receive sexual violence prevention services from provider following their release from custody.

Description:

San Mateo County anticipates using YOBG funding to continue a sexual violence prevention group program for youth detained at the YSC-JH and Camp Kemp. The gender-responsive program is geared for youth with offenses that aren't sexual in nature, and focuses on themes of building empathy, consent, healthy relationships, restorative practices, and setting healthy boundaries. This service would be provided through a partnership with nonprofit Urban Services YMCA of San Francisco.

Program Name:

Mind Body Awareness

Evidence Upon Which It is Based:

This program is only offered within the YSC-JH and Camp Kemp.

Description:

San Mateo County anticipates using YOBG funding to continue a weekly group program for youth detained at the YSC-JH teaching mindfulness, stress reduction, and emotional regulation. This service would be provided through a partnership with nonprofit The Mind Body Awareness Project.

Program Name:

The Beat Within

Evidence Upon Which It is Based:

This program is only offered within the YSC-JH.

Description:

San Mateo County anticipates using YOBG funding to continue a weekly creative writing/magazine production program for youth detained at the YSC-JH. This service would be provided through a partnership with nonprofit The Beat Within.

Program Name:

The Art of Yoga Project

Evidence Upon Which It is Based:

This program is only offered within the YSC-JH and Camp Kemp.

Description:

San Mateo County anticipates using YOBG funding to continue a weekly yoga and creative arts program for youth detained at the YSC-JH and Camp Kemp. These services would be provided through a partnership with nonprofit The Art of Yoga Project.

Program Name:

Fresh Lifelines for Youth

Evidence Upon Which It is Based:

Youth may continue to receive law education services from provider following their release from custody.

Description:

San Mateo County anticipates using YOBG funding to continue a law-related education classes and career navigation workshops for youth detained at the YSC-JH and Camp Kemp. In addition, funding would support mentoring and career coaching as well as reentry case management, parent meetings, advocacy, and post-release prosocial activities for youth after they return home from custody. These coordinated services would be provided through a partnership with nonprofit Fresh Lifelines for Youth.

Program Name:

Success Centers

Evidence Upon Which It is Based:

Youth may continue to receive employment supports from provider following their release from custody.

Description:

San Mateo County anticipates using YOBG funding to continue a job-readiness training/life skills program and one-on-one career advising services for youth detained at the YSC-JH and Camp Kemp. The program would also provide access to virtual “employer spotlights” featuring local employers. These services would be provided through a partnership with nonprofit Success Centers.

Program Name:

San Mateo County Mental Health Services

Evidence Upon Which It is Based:

Behavioral Health and Recovery Services provides referrals to outside services for youth released from custody.

Description:

Probation works with BHRS to provide mental health services to youth at the county's juvenile detention facilities. The County anticipates using YOBG funds to support BHRS clinicians who will provide crisis intervention, evaluation, treatment, psychiatric medication, behavioral therapy, continuing care referrals, and other mental health services to youth detained at the YSC-JH and Camp Kemp.

Program Name:

Applied Survey Research

Evidence Upon Which It is Based:

San Mateo County Probation partners with Applied Survey Research to evaluate the effectiveness of CBO programs funded by JJCPA and YOBG funds.

Description:

San Mateo County will continue to use YOBG funding to partially support its contract with Applied Survey Research (ASR), a nonprofit social research firm dedicated to collecting meaningful data, facilitating information-based planning, and developing custom strategies. ASR provides ongoing and robust evaluation services to analyze and understand the effectiveness of CBO programs receiving JJCPA and YOBG funding, and works closely with Probation staff members and CBOs to collect data, provide technical assistance, and deliver analysis on performance and Juvenile Justice outcomes.