Title 15 Minimum Standards for Juvenile Facilities

Strike out and Underline Version Highlighting Revisions

Regulations Effective April 1, 2014
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Minimum Standards for Juvenile Facilities  
Title 15. Crime Prevention and Corrections  
Division 1. Board of State and Community Corrections  
Chapter 1., Subchapter 5.  

STRIKE OUT AND UNDERLINE VERSION  
HIGHLIGHTING REVISIONS  

Effective April 1, 2014  

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ARTICLE 1. GENERAL INSTRUCTIONS

Section 1300. Severability.

If any article, subsection, sentence, clause or phrase of these regulations is for any reason held to be unconstitutional, contrary to statute, exceeding the authority of the Board State Corrections Standards Authority, or otherwise inoperative, such decision shall not affect the validity of the remaining portion of these regulations.


Section 1301. Other Standards and Requirements.

Nothing contained in the standards and requirements hereby fixed shall be construed to prohibit a city, county, or city and county agency operating a local juvenile facility from adopting standards and requirements governing its own employees and facilities provided such standards and requirements meet or exceed and do not conflict with these standards and requirements. Nor shall these regulations be construed as authority to violate any state fire safety standard, building standard, or applicable statutes.


Section 1302. Definitions.

The following definitions shall apply:

“Administering medication,” as it relates to pharmaceutical management, means the act by which a single dose of medication is given to a patient by licensed health care staff. The single dose of medication may be taken either from stock (undispensed) or dispensed supplies.

“Alternate means of compliance” means a process for meeting or exceeding the intent of the standards in an innovative way as approved by the Corrections Standards Authority Board pursuant to an application.

“Appeal hearing” means an administrative procedure providing an appellant with an opportunity to present the facts of the appeal for the formal decision concerning matters raised pursuant to the purposes set forth in these regulations. Such hearing may be conducted using oral and/or written testimony as specified by the Executive Director of the Corrections Standards Authority Board or the Corrections Standards Authority Board.

“Appellant” means a county or city which files a request for an appeal hearing.
“Authorized representative” means an individual authorized by the appellant to act as its representative in any or all aspects of the hearing.

“CSA Board” means the State Corrections Standards Authority Board of State and Community Corrections, which acts by and through its executive director, deputy directors, and field representatives.

“Camp” means a juvenile camp, ranch, forestry camp or boot camp established in accordance with Section 881 of the Welfare and Institutions Code, to which minors made wards of the court on the grounds of fitting the description in Section 602 of the Welfare and Institutions Code may be committed.

“Cell Extraction” means the forceful removal of a minor from a room.

“Child supervision staff” means a juvenile facility employee, whose duty is primarily the supervision of minors. Administrative, supervisory, food services, janitorial or other auxiliary staff is not considered child supervision staff.

“Clergy” means persons ordained for religious duties.

“Committed” means placed in a jail or juvenile facility pursuant to a court order for a specific period of time, independent of, or in connection with, other sentencing alternatives.

“Contraband” is any object, writing or substance, the possession of which would constitute a crime under the laws of the State of California, pose a danger within a juvenile facility, or interfere with the orderly day-to-day operation of a juvenile facility, or violate facility rules.

“Control Room” is a continuously staffed secure area within the facility that contains staff responsible for safety, security, emergency response, communication, electronics and movement.

“Court holding facility for minors” means a local detention facility constructed within a court building used for the confinement of minors or minors and adults for the purpose of a court appearance, for a period not to exceed 12 hours.

“Delivering medication,” as it relates to pharmaceutical management, means the act of providing one or more doses of a prescribed and dispensed medication to a patient.

“Developmentally disabled” means those persons who have a disability which originates before an individual attains age 18, continues, or can be expected to continue indefinitely, and constitutes a substantial disability for that individual. This term includes mental retardation, cerebral palsy, epilepsy, and autism, as well as disabling conditions found to be closely related to mental retardation or to require treatment similar to that required for mentally retarded individuals.
“Direct visual observation” means staff must personally see minor’s movement and/or skin. Audio/video monitoring may supplement but not substitute for direct visual observation.

“Direct visual supervision” means staff constantly in the presence of the minor. Audio/video monitoring may supplement but not substitute for direct visual supervision.

“Dispensing,” as it relates to pharmaceutical management, means the interpretation of the prescription order, the preparation, repackaging, and labeling of the drug based upon a prescription from a physician, dentist, or other prescriber authorized by law.

“Disposal,” as it relates to pharmaceutical management, means the destruction of medication or its return to the manufacturer or supplier.

“DNA” or Deoxyribonucleic acid means a chromosomal double-stranded molecule that exists in each living cell. DNA determines an individual's hereditary characteristics and can be used to distinguish and identify an individual from another person. This becomes critical when blood, hair, skin, or any other part of the body is used to prove one’s involvement or lack of involvement, in a crime scene.

“Emergency” means a significant disruption of normal facility procedure, policy or operation caused by civil disorder, single incident of mass arrest of juveniles or natural disasters such as flood, fire or earthquake; and which requires immediate action to avert death or injury and to maintain security.

“Executive Director” means the Executive Director of the Corrections Standards Authority Board of State and Community Corrections.

“Exercise” means an activity that requires physical exertion of the large muscle groups.

“Exigent” means an urgent and unanticipated event that requires immediate action.

“Facility administrator” means chief probation officer, sheriff, marshal, chief of police or other official charged by law with administration of the facility.

“Facility manager” means director, superintendent, police or sheriff commander or other person in charge of the day-to-day operation of a facility holding minor’s youth.

“Filing date” means the date a request for an appeal hearing is received by the Executive Director of the Corrections Standards Authority Board.

“504 plan” means a written educational plan developed by a group of educators, administrators, parents and other relevant participants pursuant to Section 504 of the Federal Rehabilitation Act of 1973; Title 29 of the United States Code, Section 794; and Title 34 of the Code of Federal Regulations, Part 104, that addresses the needs of a disabled student with a physical or mental impairment which may substantially limit major life activities, including caring for one’s
self, walking, seeing, hearing, speaking, breathing, working, performing manual tasks and learning as defined under section 504.

“Furlough” means the conditional or temporary release of a minor youth from the facility.

“Gender expression” means the manner in which a person expresses his or her gender through clothing, appearance, behavior, speech, etc.

“Gender identity” means a person’s sense of identification with either the male or female self.

“Group Punishment” means a group of uninvolved minors youth is disciplined denied programming due to the actions of one or more minors youth.

“Health administrator” means that individual or agency that is designated with responsibility for health care policy pursuant to a written agreement, contract or job description. The health administrator may be a physician, an individual or a health agency. In those instances where medical and mental health services are provided by separate entities, decisions regarding mental health services shall be made in cooperation with the mental health director. When the administrator is other than a physician, final clinical judgments rest with a designated responsible physician.

“Health care” means medical, mental health and dental services.

“Health care clearance” means a non-confidential statement which indicates to child supervision staff that there are no health contraindications to a minor youth being admitted to a facility and specifies any limitations to full program participation.

“Hearing panel” means a panel comprised of three members of the Corrections Standards Authority Board who shall be selected by the Chairman at the time an appeal is filed. A fourth member may be designated as alternate. Members designated to the hearing panel shall not be employed by, or citizens of, the county or city submitting an appeal.

“Individual Education Program” (IEP) means a written statement for each individual with exceptional needs that is developed, reviewed and revised in a meeting in accordance with Education Code Section 56345 and applicable federal laws and regulation. statement determined in a meeting of the individualized education program team pursuant to Education Code Section 56345.

“Intensive Supervision Unit” within a camp means a secure unit that shall comply with all requirements for a Special Purpose Juvenile Hall.

“Juvenile facility” means a juvenile hall, juvenile home, ranch or camp, forestry camp, regional youth education facility, boot camp or special purpose juvenile hall.

“Juvenile hall” means a county facility designed for the reception and temporary care of minors youth detained in accordance with the provisions of this subchapter and the juvenile court law.
“Labeling,” as it relates to pharmaceutical management, means the act of preparing and affixing an appropriate label to a medication container.

“Legend drugs” are any drugs defined as “dangerous drugs” under Chapter 9, Division 2, Section 4211 of the California Business and Professions Code. These drugs bear the legend, “Caution Federal Law Prohibits Dispensing Without a Prescription.” The Food and Drug Administration (FDA) has determined, because of toxicity or other potentially harmful effects, that these drugs are not safe for use except under the supervision of a health care practitioner licensed by law to prescribe legend drugs.

“Licensed health care personnel” means those individuals who are licensed by the State to perform specified functions within a defined scope of practice. This includes but is not limited to the following classifications of personnel: Physician/Psychiatrist, Dentist, Pharmacist, Physician’s Assistant, Registered Nurse/Nurse Practitioner/Public Health Nurse, Licensed Vocational Nurse, and Psychiatric Technician.

“Living unit” shall be a self-contained unit containing locked sleeping rooms, single and double occupancy sleeping rooms, or dormitories, day room space, water closets, wash basins, drinking fountains and showers commensurate to the number of minor youths housed. A living unit shall not be divided in a way by any permanent or temporary barrier that hinders direct access, supervision, or immediate intervention or other action if needed.

“Local Health Officer” means that licensed physician who is appointed by the Board of Supervisors pursuant to Health and Safety Code Section 101000 to carry out duly authorized orders and statutes related to public health within his/her jurisdiction.

“Maximum capacity” means the number of minor youths that can be housed at any one time in a juvenile hall, camp, ranch, home, forestry camp, regional youth education facility or boot camp in accordance with provisions in this subchapter.

“Mental Health Director” means that individual who is designated by contract, written agreement or job description to have administrative responsibility for the mental health program. The health administrator shall work in cooperation with the mental health director to develop and implement mental health policies and procedures.

“Minimum Standards for Local Detention Facilities” means those regulations within Title 15, Division 1, Subchapter 4, Section 1000 et seq. of the California Code of Regulations and Title 24, Part 1, Section 13-102, and Part 2, Section 470A of the California Code of Regulations, as adopted by the Corrections Standards Authority.

“Minor” means a person under 18 years of age and includes those persons whose cases are under the jurisdiction of the adult criminal court.

“New Generation Podular design” means a design concept for detention facilities in which housing cells, dormitories or sleeping rooms are positioned around the perimeter of a common
dayroom, forming a housing/living unit. Generally, the majority of services for each housing/living unit (such as dining, medical exam/sick call, programming, school, etc.) occur in specified locations within the unit.

“Non-school day” means a day when school is not in operation. It also applies when an individual youth is not enrolled in school and is not required to be in attendance.

“Notice of decision” means a written statement by the Executive Director of the Corrections Standards Authority/Board of State and Community Corrections which contains the formal decision of the Executive Director of the CSA and the reason for that decision.

“On-site health care staff” means licensed, certified or registered health care personnel who provide regularly scheduled health care services at the facility pursuant to a contract, written agreement or job description. It does not extend to emergency medical personnel or other health care personnel who may be on-site to respond to an emergency or an unusual situation.

“Over-the-counter (OTC) drugs,” as it relates to pharmaceutical management, are medications which do not require a prescription (non-legend).

“Pilot project” means an initial short-term method to test or apply an innovation or concept related to the operation, management or design of a juvenile facility, jail or lockup pursuant to an application to, and approval by, the Corrections Standards Authority/Board of State and Community Corrections.

“Primary responsibility” is the ability of a child supervision staff member to independently supervise one or more minors/youth.

“Procurement,” as it relates to pharmaceutical management, means the system for ordering and obtaining medications for facility stock.

“Proposed decision” means a written recommendation from the hearing panel/hearing officer to the full Corrections Standards Authority/Board containing a summary of facts and a recommended decision on an appeal.

“Prostheses” means artificial devices to replace missing body parts or to compensate for defective bodily function. Prostheses are distinguished from slings, crutches, or other similar assistive devices.

“Psychotropic medication” means those drugs that are used to treat psychiatric symptoms, whose purpose is to have an effect on the central nervous system to impact behavior or psychiatric symptoms. Psychotropic medications include but are not limited to anti-psychotic, antidepressant, lithium carbonate and anxiolytic drugs, as well as anti-convulsants or any other medication when used to treat psychiatric conditions. Drugs used to reduce the toxic side effects of psychotropic medications are not included.
“Recreation” means activities that occupy the attention and offer the opportunity for relaxation. Such activities may include ping-pong, TV, reading, board games, letter writing.

“Regional facility” means a facility serving two or more counties bound together by a memorandum of understanding or a joint powers agreement identifying the terms, conditions, rights, responsibilities and financial obligations of all parties.

“Remodeling” means to alter the facility structure by adding, deleting or moving any of the building’s components thereby affecting any of the spaces specified in Title 24, Section 460A.

“Repackaging,” as it relates to pharmaceutical management, means transferring medications from the original manufacturers’ container to another properly labeled container.

“Request for appeal hearing” means a clear written expression of dissatisfaction about a procedure or action taken, requesting a hearing on the matter, and filed with the Executive Director of the Corrections Standards Authority, Board of State and Community Corrections.

“Responsible physician” means that physician who is appropriately licensed by the State and is designated by contract, written agreement or job description to have responsibility for policy development in medical, dental and mental health matters involving clinical judgments. The responsible physician may also be the health administrator.

“Security glazing” means a glass/polycarbonate composite glazing material designed for use in detention facility doors and windows and intended to withstand measurable, complex loads from deliberate and sustained attacks in a detention environment.

“Separation” means limiting a youth’s participation in regular programming for a specific purpose.

“Sexual orientation” means a person’s emotional, romantic, and sexual attraction for members of the same, opposite or both sexes.

“Shall” is mandatory; “may” is permissive.

“Special purpose juvenile hall” means a county facility used for the temporary confinement of a minor youth, not to exceed 96 hours, prior to transfer to a full service juvenile facility or release.

“Special visits” mean visits by persons that may not be parents or guardians, as outlined in Section 1374 of these regulations, and may include mentors, extended family members, role models and spouses.

“Status offender” means a minor alleged or adjudged to be a person described in Section 601 of the Welfare and Institutions Code.
“Storage,” as it relates to pharmaceutical management, means the controlled physical environment used for the safekeeping and accounting of medications.

“Supervisory staff” means a staff person whose primary duties may include, but are not limited to, scheduling and evaluating subordinate staff, providing on-the-job training, making recommendations for promotion, hiring and discharge of subordinate staff, recommending disciplinary actions, and overseeing subordinate staff work. Supervisory staff shall not be included in the minor:youth to supervision staff ratio, although some of their duties could include the periodic supervision of minor:youth.

“Transgender youth” means a youth whose gender identity does not correspond with his or her anatomical sex.

“Use of force” means an immediate means of overcoming resistance and controlling the threat of imminent harm to self or others.

“Youth” means a person who is in the custody of the juvenile detention facility. This person may be under 18 years of age or over 18 years of age. This includes persons whose cases are under the jurisdiction of the juvenile court and persons whose cases are under the jurisdiction of the adult court.


Section 1303. Pilot Projects.

(a) The Corrections Standards Authority Board may, upon application of a city, county or city and county, grant pilot project status to a program, operational innovation or new concept related to the operation and management of a local juvenile facility. An application for a pilot project shall include, at a minimum, the following information:

(1) the regulations which the pilot project shall affect;
(2) any lawsuits brought against the applicant local juvenile facility, pertinent to the proposal;
(3) a summary of the “totality of conditions” in the facility or facilities, including but not limited to:
   (A) program activities, exercise and recreation;
   (B) adequacy of supervision;
   (C) types of minor:youth affected; and,
   (D) classification procedures.
(4) a statement of the goals the pilot project is intended to achieve, the reasons a pilot project is necessary, and why the particular approach was selected;
(5) the projected costs of the pilot project and projected cost savings to the city, county, or city and county, if any;
(6) a plan for developing and implementing the pilot project including a time line where appropriate; and,
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(7) a statement of how the overall goal of providing safety to staff and minors—youth shall be achieved.

(b) The Corrections Standards Authority Board may consider applications for pilot projects based on the relevance and appropriateness of the proposed project, the applicant’s history of compliance/non-compliance with regulations, the completeness of the information provided in the application, and staff recommendations.

(c) Within 10 working days of receipt of the application, CSABoard staff shall notify the applicant, in writing, that the application is complete and accepted for filing, or that the application is being returned as deficient and identifying what specific additional information is needed. This does not preclude the Corrections Standards Authority Board members from requesting additional information necessary to make a determination that the pilot project proposed actually meets or exceeds the intent of these regulations at the time of the hearing. When complete, the application shall be placed on the agenda for the CSABoard’s consideration at a regularly scheduled meeting. The written notification from the CSA-Board to the applicant shall also include the date, time and location of the meeting at which the application shall be considered.

(d) When an application for a pilot project is approved by the Corrections Standards Authority Board, the CSA-Board staff shall notify the applicant, in writing within 10 working days of the meeting, of any conditions included in the approval and the time period for the pilot project. Regular progress reports and evaluative data on the success of the pilot project in meeting its goals shall be provided to the CSABoard. The Corrections Standards Authority Board may extend time limits for pilot projects for good and proper purpose.

(e) If disapproved, the applicant shall be notified in writing, within 10 working days of the meeting, the reasons for said disapproval. This application approval process may take up to 90 days from the date of receipt of a complete application.

(f) Pilot project status granted by the Corrections Standards Authority Board shall not exceed twelve months after its approval date. When deemed to be in the best interest of the applicant, the Corrections Standards Authority Board may extend the expiration date. Once a city, county, or city and county successfully completes the pilot project evaluation period and desires to continue with the program, it may apply for an alternate means of compliance. The pilot project shall be granted an automatic extension of time to operate the project pending the Corrections Standards Authority Board consideration of an alternate means of compliance.


Section 1304. Alternate Means of Compliance.

(a) An alternate means of compliance is the long-term method used by a local juvenile facility/system, approved by the Corrections Standards Authority Board, to encourage responsible innovation and creativity in the operation of California’s local juvenile facilities. The
Corrections Standards Authority Board may, upon application of a city, county, or city and county, consider alternate means of compliance with these regulations either after the pilot project process has been successfully evaluated or upon direct application to the Corrections Standards Authority Board. The city, county, or city and county shall present the completed application to the Corrections Standards Authority Board no later than 30 days prior to the expiration of its pilot project, if needed.

(b) Applications for alternate means of compliance shall meet the spirit and intent of improving facility management, shall be equal to, or exceed the intent of, existing standard(s), and shall include reporting and evaluation components. An application for alternate means of compliance shall include, at a minimum, the following information:

1. any lawsuits brought against the applicant local facility, pertinent to the proposal;
2. a summary of the “totality of conditions” in the facility or facilities, including but not limited to:
   A. program activities, exercise and recreation;
   B. adequacy of supervision;
   C. types of minors-youth affected; and,
   D. classification procedures.
3. a statement of the problem the alternate means of compliance is intended to solve, how the alternative shall contribute to a solution of the problem and why it is considered an effective solution;
4. the projected costs of the alternative and projected cost savings to the city, county, or city and county, if any;
5. a plan for developing and implementing the alternative including a time line where appropriate; and,
6. a statement of how the overall goal of providing safety to staff and minors-youth was or would be achieved during the pilot project evaluation phase.

(c) The Corrections Standards Authority Board may consider applications for alternate means of compliance based on the relevance and appropriateness of the proposed alternative, the applicant’s history of compliance/non-compliance with regulations, the completeness of the information provided in the application, the experiences of the jurisdiction during the pilot project, if applicable and staff recommendations.

(d) Within 10 working days of receipt of the application, CSA-Board staff shall notify the applicant, in writing, that the application is complete and accepted for filing, or that the application is being returned as deficient and identifying what specific additional information is needed. This does not preclude the Corrections Standards Authority Board members from requesting additional information necessary to make a determination that the alternate means of compliance proposed meets or exceeds the intent of these regulations at the time of the hearing. When complete, the application shall be placed on the agenda for the CSA’s Board’s consideration at a regularly scheduled meeting. The written notification from the CSA-Board to the applicant shall also include the date, time and location of the meeting at which the application shall be considered.
(e) When an application for an alternate means of compliance is approved by the Corrections Standards Authority Board, the CSA Board staff shall notify the applicant, in writing within 10 working days of the meeting, of any conditions included in the approval and the time period for which the alternate means of compliance shall be permitted. Regular progress reports and evaluative data as to the success of the alternate means of compliance shall be submitted by the applicant. If disapproved, the applicant shall be notified in writing, within 10 working days of the meeting, the reasons for said disapproval. This application approval process may take up to 90 days from the date of receipt of a complete application.

(f) The Corrections Standards Authority Board may revise the minimum standards during the next biennial review based on data and information obtained during the alternate means of compliance process. If, however, the alternate means of compliance does not have universal application, a city, county, or city and county may continue to operate under this status as long as they meet the terms of this regulation.


ARTICLE 2. APPLICATION OF STANDARDS AND INSPECTIONS.

Section 1310. Applicability of Standards.

All standards and requirements contained herein shall apply to any county, city and county, or joint juvenile facility that is used for the confinement of minors or youth.

(a) Juvenile halls, juvenile homes, camps, ranches, forestry camps and boot camps shall comply with all regulations.

(b) Special purpose juvenile halls shall comply with all regulations except the following

1322(c) Child Supervision Staff Orientation and Training
1370 School Program
1415 Health Education
1464 Food Services Manager
1481 Special Clothing
1488 Hair Care Services


Section 1311. Emergency Suspension of Standards or Requirements.

Nothing contained herein shall be construed to deny the power of any facility administrator to temporarily suspend any standard or requirement herein prescribed in the event of any emergency which threatens the safety of a local juvenile facility, jail, lockup, minors or youth, staff, or the public. Only such regulations directly affected by the emergency may be suspended. The facility administrator shall notify the Corrections Standards Authority Board in writing in the event that such a suspension lasts longer than three days. In no event shall a suspension
Section 1312. Juvenile Criminal History Information

Such juvenile criminal history information as is necessary for the conduct of facility inspections as specified in Section 209 of the Welfare and Institutions Code shall be made available to the staff of the Corrections Standards Authority Board. Such information shall be held confidential except that published reports may contain such information in a form which does not identify an individual.

Note: Authority cited: Sections 210 and 885, Welfare and Institutions Code; and Assembly Bill 1397, Chapter 12, Statutes of 1996.

Section 1313. County Inspection and Evaluation of Building and Grounds.

On an annual basis, or as otherwise required by law, each juvenile facility administrator shall obtain a documented inspection and evaluation from the following:

(a) county building inspector or person designated by the Board of Supervisors to approve building safety;
(b) fire authority having jurisdiction, including a fire clearance as required by Health and Safety Code Section 13146.1 (a) and (b);
(c) local health officer, inspection in accordance with Health and Safety Code Section 101045;
(d) county superintendent of schools on the adequacy of educational services and facilities as required in Section 1370; 
(e) juvenile court as required by Section 209 of the Welfare and Institutions Code; and,
(f) the Juvenile Justice Commission as required by Section 229 of the Welfare and Institutions Code or Probation Commission as required by Section 240 of the Welfare and Institutions Code.


Section 1314. Appeal.

The appeal hearing procedures are intended to provide a review concerning the Corrections Standards Authority Board application and enforcement of standards and regulations governing juvenile facilities. A county, city, city and county, or joint juvenile facility may appeal on the basis
of alleged misapplication, capricious enforcement of regulations, or substantial differences of opinion as may occur concerning the proper application of regulations or procedures.

(a) Levels of Appeal.
(1) There are two levels of appeal as follows:
(A) appeal to the Executive Director; and,
(B) appeal to the Corrections Standards Authority Board.
(2) An appeal shall first be filed with the Executive Director.

(b) Appeal to the Executive Director.
(1) If a county, city, city and county, or joint juvenile facility is dissatisfied with an action of the Corrections Standards Authority Board staff, it may appeal the cause of the dissatisfaction to the Executive Director. Such appeal shall be filed within 30 calendar days of the notification of the action with which the county or city is dissatisfied.
(2) The appeal shall be in writing and:
(A) state the basis for the dissatisfaction;
(B) state the action being requested of the Executive Director; and,
(C) attach any correspondence or other documentation related to the cause for dissatisfaction.

c) Executive Director Appeal Procedures.
(1) The Executive Director shall review the correspondence and related documentation and render a decision on the appeal within 30 calendar days except in those cases where the appellant withdraws or abandons the appeal.
(2) The procedural time requirement may be waived with the mutual consent of the appellant and the Executive Director.
(3) The Executive Director may render a decision based on the correspondence and related documentation provided by the appellant and may consider other relevant sources of information deemed appropriate.

d) Executive Director’s Decision.
The decision of the Executive Director shall be in writing and shall provide the rationale for the decision.

(e) Request for Appeal Hearing by CSABoard.
(1) If a county, city, city and county, or joint juvenile facility is dissatisfied with the decision of the Executive Director, it may file a request for an appeal hearing with the Corrections Standards Authority Board. Such appeal shall be filed within 30 calendar days after receipt of the Executive Director's decision.
(2) The request shall be in writing and:
(A) state the basis for the dissatisfaction;
(B) state the action being requested of the CSABoard; and,
(C) attach any correspondence related to the appeal from the Executive Director.

(f) CSA-Board Hearing Procedures.
(1) The hearing shall be conducted by a hearing panel designated by the Chairman of the CSA-Board at a reasonable time, date, and place, but not later than 21 days after the filing of the request for hearing with the CSABoard, unless delayed for good cause. The
CSA-Board shall mail or deliver to the appellant or authorized representative a written notice of the time and place of hearing not less than 7 days prior to the hearing.
(2) The procedural time requirements may be waived with mutual consent of the parties involved.
(3) Appeal hearing matters shall be set for hearing, heard, and disposed of by a notice of decision within 60 days from the date of the request for appeal hearing, except in those cases where the appellant withdraws or abandons the request for hearing or the matter is continued for what is determined by the hearing panel to be good cause.
(4) An appellant may waive a personal hearing before the hearing panel and, under such circumstances, the hearing panel shall consider the written information submitted by the appellant and other relevant information as may be deemed appropriate.
(5) The hearing is not formal or judicial in nature. Pertinent and relative information, whether written or oral, shall be accepted. Hearings shall be tape recorded.
(6) After the hearing has been completed, the hearing panel shall submit a proposed decision in writing to the Corrections Standards Authority Board at its next regular public meeting.

(g) Corrections Standards Authority Board Decision.
(1) The Corrections Standards Authority Board, after receiving the proposed decision, may:
   (A) adopt the proposed decision;
   (B) decide the matter on the record with or without taking additional evidence; or,
   (C) order a further hearing to be conducted if additional information is needed to decide the issue.

(2) the CSA-Board, or notice of a new hearing ordered, notice of decision or other such actions shall be mailed or otherwise delivered by the CSA-Board to the appellant.

(3) The record of the testimony exhibits, together with all papers and requests filed in the proceedings and the hearing panel's proposed decision, shall constitute the exclusive record for decision and shall be available to the appellant at any reasonable time for one year after the date of the CSA's Board's notice of decision in the case.

(4) The decision of the Corrections Standards Authority Board shall be final.


ARTICLE 3. TRAINING, PERSONNEL, AND MANAGEMENT

Section 1320. Appointment and Qualifications.

(a) Appointment

In each juvenile facility there shall be a superintendent, director or facility manager in charge of its program and employees. Such superintendent, director, facility manager and other employees of the facility shall be appointed by the facility administrator pursuant to applicable provisions of law.
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(b) Employee Qualifications

Each facility shall:

1. recruit and hire employees who possess knowledge, skills and abilities appropriate to their job classification and duties in accordance with applicable civil service or merit system rules;
2. require a medical evaluation and physical examination including tuberculosis screening test and evaluation for immunity to contagious illnesses of childhood (i.e., diphtheria, rubeola, rubella, and mumps);
3. adhere to the minimum standards for the selection and training requirements adopted by the CSA Board pursuant to Section 6035 of the Penal Code; and,
4. conduct a criminal records review, on each new employee, and psychological examination in accordance with Section 1031 et seq. of the Government Code.

(c) Contract personnel, volunteers, and other non-employees of the facility, who may be present at the facility, shall have such clearance and qualifications as may be required by law, and their presence at the facility shall be subject to the approval and control of the facility manager.


Section 1321. Staffing.

Each juvenile facility shall:

(a) have an adequate number of personnel sufficient to carry out its program, to provide for safety and security of minors/youth and staff, and meet established standards and regulations;
(b) ensure that no required services shall be denied because of insufficient numbers of staff on duty absent exigent circumstances;
(c) have a sufficient number of supervisory level staff to ensure adequate supervision of all staff members;
(d) have a clearly identified person on duty at all times who is responsible for operations and activities and has completed the Juvenile Corrections Officer Core Course and PC 832 training;
(e) have at least one staff member present on each living unit whenever there is a minor/youth or minors/youth in the living unit;
(f) have sufficient food service personnel relative to the number and security of living units, including staff qualified and available to: plan menus meeting nutritional requirements of the gender and age groups fed; provide kitchen supervision; direct food preparation and servings; conduct related training programs for culinary staff; and maintain necessary records; or, a facility may serve food that meets nutritional standards prepared by an outside source;
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(g) have sufficient administrative, clerical, recreational, medical, dental, mental health, building maintenance, transportation, control room, institutional security and other support staff for the efficient management of the facility, and to ensure that child/youth supervision staff shall not be diverted from supervising minors/youth; and,

(h) assign sufficient child/youth supervision staff to provide continuous wide awake supervision of minors/youth, subject to temporary variations in staff assignments to meet special program needs. Staffing shall be in compliance with a minimum child/youth-staff ratio for the following facility types:

(1) Juvenile halls
   (A) during the hours that minors/youth are awake, one wide-awake child/youth supervision staff member on duty for each 10 minors/youth in detention;
   (B) during the hours that minors/youth are asleep confined to their room for the purpose of sleeping, one wide-awake child/youth supervision staff member on duty for each 30 minors/youth in detention;
   (C) at least two wide-awake child/youth supervision staff members on duty at all times, regardless of the number of minors/youth in detention, unless an arrangement has been made for backup support services which allow for immediate response to emergencies; and,
   (D) at least one child/youth supervision staff member on duty who is the same gender as minors/youth housed in the facility.
   (E) personnel with primary responsibility for other duties such as administration, supervision of personnel, academic or trade instruction, clerical, kitchen or maintenance shall not be classified as youth supervision staff positions.

(2) Special Purpose Juvenile Halls
   (A) during the hours that minors/youth are awake, one wide-awake child/youth supervision staff member on duty for each 10 minors/youth in detention;
   (B) during the hours that minors/youth are asleep confined to their room for the purpose of sleeping, one wide-awake child/youth supervision staff member on duty for each 30 minors/youth in detention;
   (C) at least two wide-awake child/youth supervision staff members on duty at all times, regardless of the number of minors/youth in detention, unless an arrangement has been made for backup support services which allow for immediate response to emergencies; and,
   (D) at least one child/youth supervision staff member on duty who is the same gender as minors/youth housed in the facility, unless an arrangement has been made for immediate same gender supervision.
   (E) personnel with primary responsibility for other duties such as administration, supervision of personnel, academic or trade instruction, clerical, kitchen or maintenance shall not be classified as youth supervision staff positions.

(3) Camps
(A) during the hours that minors—youth are awake, one wide-awake child/youth supervision staff member on duty for each 15 minors—youth in the camp population;

(B) during the hours that minors—youth are asleep confined to their room for the purpose of sleeping, one wide-awake child/youth supervision staff member on duty for each 30 minors—youth present in the facility;

(C) at least two wide-awake child/youth supervision staff members on duty at all times, regardless of the number of minors—youth in residence, unless arrangements have been made for backup support services which allow for immediate response to emergencies;

(D) at least one child/youth supervision staff member on duty who is the same gender as minors—youth housed in the facility;

(E) in addition to the minimum staff to child/youth ratio required in (c)(2)(A), consideration shall be given to the size, design, and location of the camp; types of offenders committed to the camp; and the function of the camp in determining the level of supervision necessary to maintain the safety and welfare of minors—youth and staff;

(F) personnel with primary responsibility for other duties such as administration, supervision of personnel, academic or trade instruction, clerical, farm, forestry, kitchen or maintenance shall not be classified as child/youth supervision staff positions.


Section 1322. Child Supervision Staff Orientation and Training.

(a) Prior to assuming any responsibilities each child supervision staff member shall be properly oriented to his/her duties, including:

   (1) child supervision duties;
   (2) scope of decisions he/she shall make;
   (3) the identity of his/her supervisor;
   (4) the identity of persons who are responsible to him/her;
   (5) persons to contact for decisions that are beyond his or her responsibility; and
   (6) ethical responsibilities.

(b) Prior to assuming responsibility for the supervision of minors, each child supervision staff member shall receive a minimum of 40 hours of facility specific orientation, including:

   (1) individual and group supervision techniques;
   (2) regulations and policies relating to discipline and basic rights of minors pursuant to law and the provisions of this chapter;
   (3) basic health, sanitation and safety measures;
   (4) suicide prevention and response to suicide attempts;
   (5) policies regarding use of force, mechanical and physical restraints;
(6) procedures to follow in the event of emergencies;
(7) routine security measures;
(8) crisis intervention and mental health referrals to mental health services;
(9) documentation; and
(10) fire/life safety training

c) Prior to assuming primary responsibility for supervision of minors, each child supervision staff member shall successfully complete the requirements of the Juvenile Corrections Officer Core Course pursuant to Penal Code Section 6035.

d) Prior to exercising the powers of a peace officer child supervision staff shall successfully complete training pursuant to Section 830 et seq. of the Penal Code.


Section 1323. Fire and Life Safety.

Whenever there is a minor youth in a juvenile facility, there shall be at least one wide awake person on duty at all times who meets the training standards established by the Corrections Standards Authority Board for general fire and life safety which relate specifically to the facility.


All facility administrators shall develop, publish, and implement a manual of written policies and procedures that address, at a minimum, all regulations that are applicable to the facility. Such a manual shall be made available to all employees, reviewed by all employees, and shall be administratively reviewed annually at a minimum every two years, and updated, as necessary.

Those records relating to the standards and requirements set forth in these regulations shall be accessible to the Corrections Standards Authority Board on request.

The manual shall include:
(a) table of organization, including channels of communications and a description of job classifications;
(b) responsibility of the probation department, purpose of programs, relationship to the juvenile court, the Juvenile Justice/Delinquency Prevention Commission or Probation Committee, probation staff, school personnel and other agencies that are involved in juvenile facility programs;
(c) responsibilities of all employees;
(d) initial orientation and training program for employees;
(e) initial orientation, including safety and security issues and anti-discrimination policies, for support staff, contract employees, school and medical staff, program providers and volunteers;

(f) maintenance of record-keeping, statistics and communication system to ensure:
   (1) efficient operation of the juvenile facility;
   (2) legal and proper care of minors;
   (3) maintenance of individual minor’s records;
   (4) supply of information to the juvenile court and those authorized by the court or by the law; and,
   (5) release of information regarding minors.

(g) ethical responsibilities;

(h) a non-discrimination provision that provides that all minors within the facility shall have fair and equal access to all available services, placement, care, treatment, and benefits, and provides that no person shall be subject to discrimination or harassment on the basis of actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, sex, gender, sexual orientation, gender identity, gender expression, mental or physical disability, or HIV status, including restrictive housing or classification decisions based solely on any of the above mentioned categories; and,

(i) storage and maintenance requirements for any chemical agents used in the facility; and,

(j) establish procedures for collection of Medi-Cal eligibility information and enrollment of eligible youth.

Section 1325. Fire Safety Plan.

The facility administrator shall consult with the local fire department having jurisdiction over the facility, or with the State Fire Marshal, in developing a plan for fire safety which shall include, but not be limited to:

(a) a fire prevention plan to be included as part of the manual of policy and procedures;
(b) monthly fire and life safety inspections by facility staff with two year retention of the inspection record;
(c) fire prevention inspections as required by Health and Safety Code Section 13146.1(a) and (b);
(d) an evacuation plan;
(e) documented fire drills not less than quarterly;
(f) a written plan for the emergency housing of minors in the case of fire; and,
(g) development of a fire suppression pre-plan in cooperation with the local fire department.

Section 1326. Security Review.

Each facility administrator shall develop policies and procedures to annually review, evaluate, and document security of the facility. The review and evaluation shall include internal and external security, including, but not limited to, key control, equipment, and staff training.


Section 1327. Emergency Procedures.

The facility administrator shall develop facility-specific policies and procedures for emergencies that shall include, but not be limited to:

(a) escape, disturbances, and the taking of hostages;
(b) civil disturbance;
(c) fire and natural disasters;
(d) periodic testing of emergency equipment;
(e) storage, issue and use of chemical agents, related security devices, and weapons and ammunition, where applicable; and,
(f) emergency evacuation of the facility; and
(g) a program to provide all child supervision staff with an annual review of emergency procedures.

Confidential policies and procedures that relate to the security of the facility may be kept in a separate manual.


Section 1328. Safety Checks.

The facility administrator shall develop and implement policy and procedures that provide for direct visual observation of minors/youth at least every 15 minutes during hours when minors/youth are asleep or when minors/youth are in their rooms, confined in holding cells or confined to their bed in a dormitory. Supervision is not replaced, but may be supplemented by an audio/visual electronic surveillance system designed to detect overt, aggressive or assaultive behavior and to summon aid in emergencies. All safety checks shall be documented with the actual time the check is completed.

Section 1329. Suicide Prevention Program

The facility shall have a comprehensive written suicide prevention program developed by the health administrator, mental health director and facility administrator. The program shall include the following:

a. Suicide prevention training, which may include training provided in accordance with Section 1322, Orientation and Training and Standards and Training for Corrections Regulations pursuant to Penal Code 6035.
b. Intake screening for suicide risk immediately upon confinement and prior to housing assignment.
c. Provisions facilitating communication among arresting officers, facility staff, family members, medical and mental health personnel in relation to suicide risk.
d. Guidance on housing of youth at risk of suicide.
e. Adequate supervision depending on level of suicide risk.
f. Suicide and suicide attempt intervention policies and procedures.
g. Provisions for reporting suicides and suicide attempts.
h. Critical incident debriefing.


ARTICLE 4. RECORDS AND PUBLIC INFORMATION

Section 1340. Reporting of Legal Actions.

Each facility shall submit to the Corrections Standards Authority Board a letter of notification on each legal action, pertaining to conditions of confinement, filed against persons or legal entities responsible for juvenile facility operation.


Section 1341. Death and Serious Illness or Injury of a Minor Youth While Detained.

In any case in which a minor youth dies while detained in a juvenile facility:

(a) The administrator of the facility shall provide to the Corrections Standards Authority Board a copy of the report submitted to the Attorney General under Government Code Section 12525. A copy of the report shall be submitted to the CSA Board within 10 calendar days after the death.

(b) Upon receipt of a report of death of a minor youth from the administrator, the CSA Board may within 30 calendar days inspect and evaluate the juvenile facility, jail, lockup or court holding facility pursuant to the provisions of this subchapter. Any inquiry made by the CSA Board shall be limited to the standards and requirements set forth in these regulations.
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(c) The health administrator, in cooperation with the facility administrator, shall develop written policy and procedures to assure that there is a medical and operational review of every in-custody death of a minor. The review team shall include the facility administrator and/or the facility manager, the health administrator, the responsible physician and other health care and supervision staff who are relevant to the incident.

(d) The facility administrator, in cooperation with the health administrator and the mental health director, shall develop written policies and procedures for handling deaths, suicide attempts, suicide prevention and for notification of the Juvenile Court and the parent, guardian, or person standing in loco parentis, in the event of a serious illness, injury or death of a minor.


Section 1342. Population Accounting.

Each juvenile facility shall submit required population and profile survey reports to the Corrections Standards Authority Board within 10 working days after the end of each reporting period, in a format to be provided by the CSA Board.


Section 1343. Juvenile Facility Capacity.

The Corrections Standards Authority Board shall establish the maximum capacity of a juvenile facility based on statute and applicable regulations. When the number of minors detained in a living unit of a juvenile facility exceeds its maximum capacity for more than fifteen (15) calendar days in a month, the facility administrator shall provide a crowding report to the CSA Board in a format provided by the CSA Board. The Executive Director of the Corrections Standards Authority Board shall review the juvenile facility’s report and initiate a process to make a preliminary determination if the facility is suitable for the continued confinement of minors. If the Executive Director determines that the facility is unsuitable for the confinement of minors, the recommendation shall be reviewed by the Corrections Standards Authority Board at the next scheduled meeting. Notice of the CSA’s Board’s findings and/or actions shall be public record and, at a minimum, will be provided to the facility administrator, presiding juvenile court judge, chairperson of the board of supervisors and juvenile justice commission within ten working days of the CSA Board meeting.

ARTICLE 5. CLASSIFICATION AND SEGREGATION.

Section 1350. Admittance Procedures.

The facility administrator shall develop and implement written policies and procedures for admittance of minors/youth. In addition to the requirements of Sections 1324 and 1430 of these regulations:

(a) juvenile halls shall assure that a minor/youth shall be allowed access to a telephone, in accordance with the provisions of Welfare and Institution Code Section 627;
(b) juvenile hall administrators shall establish written criteria for detention; and,
(c) juvenile camps shall develop/policies and procedures that advise the minor/youth of the estimated length of stay, and shall develop program guidelines that include written screening criteria for inclusion and exclusion from the program.
(d) juvenile halls shall develop policies and procedures that advise any committed youth of the estimated length of his/her stay.


Section 1351. Release Procedures.

The facility administrator shall develop and implement written policies and procedures for release of minors/youth from custody which provide for:

(a) verification of identity/release papers;
(b) return of personal clothing and valuables;
(c) notification to the minor/youth’s parents or guardian;
(d) notification to the facility health care provider in accordance with Sections 1408 and 1437 of these regulations, for coordination with outside agencies; and,
(e) notification of school staff;
(f) notification of facility mental health personnel.

The facility administrator shall develop and implement written policies and procedures for the furlough of minors/youth from custody.


Section 1352. Classification.

The facility administrator shall develop and implement written policies and procedures on classification of minors/youth for the purpose of determining housing placement in the facility.

Such procedures shall:

(a) provide for the safety of the minor/youth, other minor/youth, facility staff, and the public by placing minor/youth in the appropriate, least restrictive housing and program
settings. Housing assignments shall consider the need for single, double or dormitory assignment or location within the dormitory;

(b) consider facility populations and physical design of the facility;

(c) provide that a minor youth shall be classified upon admittance to the facility; classification factors shall include, but not be limited to: age, maturity, sophistication, emotional stability, program needs, legal status, public safety considerations, medical/mental health considerations and sex of the minor youth; and,

(d) provide for periodic classification reviews, including provisions that consider the level of supervision and the minor youth’s behavior while in custody; and,

(e) provide that facility staff shall not separate youth from the general population or assign youth to a single occupancy room based solely on the youth’s actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, gender, sexual orientation, gender identity, gender expression, mental or physical disability, or HIV status. This section does not prohibit staff from placing youth in a single occupancy room at the youth’s specific request or in accordance with Title 15 regulations regarding separation.


Section 1353. Orientation.

The facility administrator shall develop and implement written policies and procedures to orient a minor youth prior to placement in a living area. Both written and verbal information shall be provided. Provision shall be made to provide accessible orientation information to all detained youth minors—including those with disabilities, limited English proficiency, or limited literacy who are impaired, illiterate or do not speak English. Orientation shall include:

(a) facility rules and disciplinary procedures;
(b) grievance procedures;
(c) access to legal services;
(d) access to health care services;
(e) access to counseling services;
(f) access to religious services;
(g) access to educational services;
(h) information on the court process;
(i) housing assignments;
(j) availability of personal care items and opportunity for personal hygiene;
(k) correspondence, visiting and telephone use;
(l) availability of reading materials, programs, and activities;
(m) use of restraints and chemical agents;
(n) use of force; and,
(o) emergency and evacuation procedures; and,
(p) non-discrimination policy.

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Section 1354. Segregation

The facility administrator shall develop and implement written policies and procedures addressing the separation of youth for reasons that include, but are not be limited to, medical and mental health conditions, assaultive behavior, disciplinary consequences and protective custody concerning the need to segregate minors. Separated youth Minors who are segregated shall not be denied normal privileges available at the facility, except when necessary to accomplish the objectives of separation segregation. When the objective of the separation is discipline, Title 15 Section 1390 shall apply. Written procedures shall be developed which Policies and procedures shall ensure a daily review of separated youth to determine if separation remains necessary provide a review of all minors to remain in segregation and for direct visual observation. When segregation is for the purpose of discipline, Title 15, Section 1390 shall apply.


Section 1355. Institutional Assessment and Plan.

The facility administrator shall develop and implement written policies and procedures to provide that for minors youth held for 30 days or more, an assessment and plan shall be developed within 40 days of admission. The assessment and plan shall be documented.

(a) The assessment is a statement of the minor youth’s problems, including, but not limited to, identification of substance abuse history, educational, vocational, counseling, mental health and family reunification needs.

(b) The institutional plan, for pre-adjudicated minor youth, shall include, but not be limited to, written documentation that provides:

(1) objectives and time frames for the resolution of problems identified in the assessment;

(2) a plan for meeting the objectives that includes a description of program resources needed and individuals responsible for assuring that the plan is implemented;

(c) In addition to the items noted above, once a minor youth is adjudicated, the institutional plan shall include, but not be limited to, written documentation that provides:

(1) periodic evaluation or of progress towards meeting the objectives, including periodic review and discussion of the plan with the minor youth;

(2) a transition or aftercare plan, subject to existing resources, that is completed prior to the minor youth being released; and,

(3) contact with the Regional Center for the Developmentally Disabled for minor youth that are developmentally disabled, including provisions of Section 1413(b).


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Section 1356. Counseling and Casework Services.

The facility administrator shall develop and implement written policies and procedures ensuring the availability of appropriate counseling and casework services for all minors-youth. Policies and procedures shall ensure:

(a) minors-youth will receive assistance with personal problems or needs that may arise;
(b) minors-youth will receive assistance in requesting contact with parents, attorney, clergyman, probation officer, or other public official; and,
(c) minors-youth will be provided services as appropriate to the population housed in the facility, and may include, but not be limited to: substance abuse, family crisis and reunification, counseling, public health and mental health services.


Section 1357. Use of Force.

The facility administrator, in cooperation with the responsible physician, shall develop and implement written policies and procedures for the use of force, which may include chemical agents. Force shall never be applied as punishment, discipline or treatment.

(a) At a minimum, each facility shall develop policy statements which:
   (1) define the term “force,” and address the escalation and appropriate level of force, while emphasizing the need to avoid the use of force whenever possible and using only that force necessary to ensure the safety of minors-youth, staff and others;
   (2) describe the requirements for staff to report the use of force, and to take affirmative action to stop the inappropriate use of force;
   (3) define the role, notification, and follow-up procedures of medical and mental health staff concerning the use of force; and,
   (4) define the training which shall be provided and required for the use of force, which shall include, but is not limited to, known medical conditions that would contraindicate certain types of force; acceptable chemical agents; methods of application; signs or symptoms that should result in immediate referral to medical or mental health staff; and, requirements of the decontamination of chemical agents, if such agents are utilized; and appropriate response if the current use of force is ineffective.

(b) Policies and procedures shall be developed which include, but are not limited to, the types, levels and application of force, documentation of the use of force, a grievance procedure, a system for investigation of the use of force and administrative review, and discipline for the improper use of force. Such procedures shall address:
   (1) the specific use of physical, chemical agent, lethal, and non-lethal force that may, or may not, be used in the facility;
   (2) the limitations regarding use of force on pregnant minors-youth in accordance with Penal Code 6030(f) and Welfare and Institutions Code Section 222; and,
   (3) a standardized format, time period, and procedure for reporting the use of force, including the reporting requirements of management and line staff.

Section 1358. Use of Physical Restraints.

(a) The facility administrator, in cooperation with the responsible physician and mental health director, shall develop and implement written policies and procedures for the use of restraint devices.

(b) Physical restraints shall be used only for those minors who present an immediate danger to themselves or others, who exhibit behavior which results in the destruction of property, or reveals the intent to cause self-inflicted physical harm. The circumstances leading to the application of restraints must be documented.

(c) Restraint devices include any devices which immobilize a youth’s extremities and/or prevent the youth from being ambulatory. Physical restraints should be utilized only when it appears less restrictive alternatives would be ineffective in controlling the disordered behavior.

In addition to the areas specifically outlined in this regulation, as a minimum, the policy shall address the following areas: known medical conditions that would contraindicate certain restraint devices and/or techniques; acceptable restraint devices; signs or symptoms which should result in immediate medical/mental health referral; availability of cardiopulmonary resuscitation equipment; protective housing of restrained minors; provision for hydration and sanitation needs; and exercising of extremities.

(d) Restraint devices include any devices which immobilize a minor's extremities and/or prevent the minor from being ambulatory. Physical restraints should be utilized only when it appears less restrictive alternatives would be ineffective in controlling the disordered behavior. Physical restraints shall be used only for those minors who present an immediate danger to themselves or others, who exhibit behavior which results in the destruction of property, or reveals the intent to cause self-inflicted physical harm. The circumstances leading to the application of restraints must be documented.

(e) Minors shall be placed in restraints only with the approval of the facility manager or designee. The facility manager may delegate authority to place a minor in restraints to a physician. Reasons for continued retention in restraints shall be reviewed and documented at a minimum of every hour.

(f) A medical opinion on the safety of placement and retention shall be secured as soon as possible, but no later than two hours from the time of placement. The minor shall be medically cleared for continued retention at least every three hours thereafter.

(g) A mental health consultation shall be secured as soon as possible, but in no case longer than four hours from the time of placement, to assess the need for mental health treatment.

(h) Continuous direct visual supervision shall be conducted to ensure that the restraints are properly employed, and to ensure the safety and well-being of the minor. Observations of the minor’s behavior and any staff interventions shall be documented at least every 15 minutes, with actual time of the documentation recorded. While in restraint devices all minors shall be housed alone or in a specified housing area for restrained minors which makes provision to protect the minor from abuse. In no case shall restraints be used as punishment or discipline, or as a substitute for treatment. Additionally, the affixing of hands and feet together behind the back (hogtying) is prohibited.
(i.e) The provisions of this section do not apply to the use of handcuffs, shackles or other restraint devices when used to restrain minors for movement or transportation reasons.

(jf) The use of restraints on pregnant minors is limited in accordance with Penal Code Section 6030(f) and Welfare and Institutions Code Section 222.


Section 1359. Safety Room Procedures.

The facility administrator, in cooperation with the responsible physician, shall develop and implement written policies and procedures governing the use of safety rooms, as described in Title 24, Part 2, Section 460A-1230.1.13. The room shall be used to hold only those minors who present an immediate danger to themselves or others, who exhibit behavior which results in the destruction of property, or reveals the intent to cause self-inflicted physical harm. A safety room shall not be used for punishment or discipline, or as a substitute for treatment.

Policies and procedures shall:
(a) include provisions for administration of necessary nutrition and fluids, access to a toilet, and suitable clothing to provide for privacy;
(b) provide for approval of the facility manager, or designee, before a minor is placed into a safety room;
(c) provide for continuous direct visual supervision and documentation of the minor’s behavior and any staff interventions every 15 minutes, with actual time recorded;
(d) provide that the minor shall be evaluated by the facility manager, or designee, every four hours;
(e) provide for immediate medical assessment, where appropriate, or an assessment at the next daily sick call;
(f) provide that a minor shall be medically cleared for continued retention every 24 hours;
(g) provide that a mental health opinion is secured within 24 hours; and,
(h) provide a process for documenting the reason for placement, including attempts to use less restrictive means of control, and decisions to continue and end placement.


Section 1360. Searches.

The facility administrator shall develop and implement written policies and procedures governing the search of minors, the facility, and visitors. Searches shall be conducted to ensure the safety and security of the facility, and to provide for the safety and security of the public, visitors, minors, and staff. Searches shall, to the extent possible, be conducted in a manner that preserves the privacy and dignity of the person being searched, and shall not be
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conducted for harassment or as a form of discipline or punishment. Written procedures shall address each of the following:

(a) intake searches;
(b) searching minors youth who are returning from activities outside of the living unit, court, another facility, or visiting;
(c) facility searches;
(d) searches of visitors; and,
(e) cross gender supervision searches; and
(f) searches of transgender youth.


Section 1361. Grievance Procedure.

The facility administrator shall develop and implement written policies and procedures whereby any minor youth may appeal and have resolved grievances relating to any condition of confinement, including but not limited to health care services, classification decisions, program participation, telephone, mail or visiting procedures, and—food, clothing, or—bedding, mistreatment, or—harassment or violations of the nondiscrimination policy. Policies and procedures shall include provisions whereby the facility manager ensures:

(a) a grievance form and instructions for registering a grievance, which includes provisions for the minor youth to have free access to the form;
(b) the minor youth shall have the option to confidentially file the grievance or to deliver the form to any child care supervision staff working in the facility;
(c) resolution of the grievance at the lowest appropriate staff level;
(d) provision for a prompt review and response to grievances within a specified time limit;
   (1) The minor youth may elect to be present to explain his/her version of the grievance to a person not directly involved in the circumstances which led to the grievance.
   (2) Provision for a staff representative approved by the facility administrator to assist the minor youth.
(e) provision for a written response to the grievance which includes the reasons for the decisions; and,
(f) a system which provides that any appeal of a grievance shall be heard by a person not directly involved in the circumstances which led to the grievance.

Whether or not associated with a grievance, concerns of parents, guardians, staff or other parties shall be addressed and documented in accordance with written policies and procedures within a specified timeframe.


Section 1362. Reporting of Incidents.

A written report of all incidents which result in physical harm, serious threat of physical harm, or death to an employee or youth or minor of a juvenile facility, or other person(s) shall be
maintained. Such written record shall be prepared by the staff and submitted to the facility manager by the end of the shift.


Section 1363. Use of Reasonable Force to Collect DNA Specimens, Samples, Impressions.

(a) Pursuant to Penal Code Section 298.1 authorized law enforcement, custodial, or corrections personnel including peace officers, may employ reasonable force to collect blood specimens, saliva samples, and thumb or palm print impressions from individuals who are required to provide such samples, specimens or impressions pursuant to Penal Code Section 296 and who refuse following written or oral request.

(1) For the purpose of this section, the “use of reasonable force” shall be defined as the force that an objective, trained and competent correctional employee, faced with similar facts and circumstances, would consider necessary and reasonable to gain compliance with this section.

(2) The use of reasonable force shall be preceded by efforts to secure voluntary compliance. Efforts to secure voluntary compliance shall be documented and include an advisement of the legal obligation to provide the requisite specimen, sample or impression and the consequences of refusal.

(b) The force shall not be used without the prior written authorization of the supervising officer on duty. The authorization shall include information that reflects the fact that the offender was asked to provide the requisite specimen, sample, or impression and refused.

(1) If the use of reasonable force includes a cell extraction, the extraction shall be videotaped. Video shall be directed at the cell extraction event. The videotape shall be retained by the agency for the length of time required by statute. Notwithstanding the use of the video as evidence in a court proceeding, the tape shall be retained administratively.

(2) Within 10 days of the use of reasonable force pursuant to this section, the facility administrator shall send a report to the Corrections Standards Authority, documenting a refusal to voluntarily submit the requisite specimen, sample or impression; the use of reasonable force to obtain the specimen, sample or impression, if any; the type of force used; the efforts undertaken to obtain voluntary compliance; and whether medical attention was needed by the juvenile offender or other person as a result of reasonable force being used.

ARTICLE 6. PROGRAMS AND ACTIVITIES.

Section 1370. Education Program.

(a) School Programs
The County Board of Education shall provide for the administration and operation of juvenile court schools in conjunction with the Chief Probation Officer, or designee. The school and facility administrators shall develop and implement written policy and procedures to ensure communication and coordination between educators and probation staff. The facility administrator shall request an annual review of each required element of the program by the Superintendent of Schools, and a report or review checklist on compliance, deficiencies, and corrective action needed to achieve compliance with this section. Such a review, when conducted, cannot be delegated to the principal or any other staff of any juvenile court school site. At the discretion of the Superintendent of Schools, this review may be conducted by a qualified outside agency or individual. Upon receipt of the review, the facility administrator or designee shall review each item with the Superintendent of Schools and shall take whatever corrective action is necessary to address each deficiency and to fully protect the educational interests of all youth in the facility.

(b) Required Elements
The facility school program shall comply with the State Education Code and County Board of Education policies, all applicable federal education statutes and regulations and provide for an annual evaluation of the educational program offerings. Minor Youth shall be provided a quality educational program that includes instructional strategies designed to respond to the different learning styles and abilities of students.

(1) The course of study shall comply with the State Education Code and include, but not be limited to, the following:
   (A) English/Language Arts;
   (B) Social Sciences;
   (C) Physical Education;
   (D) Science;
   (E) Health;
   (F) Mathematics;
   (G) Fine Arts/Foreign Language; and,
   (H) Electives (including career education).

(2) General Education Development (GED) preparation shall be provided to all eligible youth.

(3) Supplemental instruction shall be afforded to youth who do not demonstrate sufficient progress towards passing the California High School Exit Exam (CAHSEE) as set forth in the Education Code.

(3)(4) The minimum school day shall be consistent with State Education Code Requirements for juvenile court schools. The facility administrator, in conjunction with education staff, must ensure that the procedures to deliver youth to their educational program do not interfere with the time afforded for the minimum instructional day.

(c) School Discipline
(1) The educational program shall be integrated into the facility’s overall behavioral management plan and security system.

(2) School staff shall be advised of administrative decisions made by probation staff that may affect the educational programming of students.

(3) Expulsion/suspension from school shall follow the appropriate due process safeguards as set forth in the State Education Code including the rights of students with special needs.

(4) The facility administrator, in conjunction with education staff will develop policies and procedures that address the rights of any student who has continuing difficulty completing a school day.

(d) Provisions for Individuals with Special Needs

(1) Educational instruction shall be provided to minors restricted to high security or other special units.

(2) State and federal laws shall be observed for individuals with special education needs.

(3) Youth identified as limited English proficient (LEP)/English Learners (EL) shall be afforded an educational program that addresses their language needs pursuant to all applicable state and federal laws and regulations governing programs for LEP students. Non-English speaking minors, and those with limited English speaking skills, shall be afforded an educational program.

(e) Educational Screening and Admission

(1) Minors shall be interviewed after admittance and a written record prepared that documents a minor’s educational history, including but not limited to:

(A) school progress/school history;

(B) Home Language Survey and California English Language Development Test (CELDT) results to determine whether the youth is LEP/EL, fluent English proficient (FEP) as defined by the Education Code;

(C) special needs, including special education eligibility when appropriate; and,

(D) discipline problems.

(2) Youth will be enrolled in school as soon as possible, but not to exceed three school days after admission to the facility. Not later than three school days after admission to the facility the minor shall be enrolled in school; and the educational staff shall conduct an assessment to determine the minor’s general academic functioning levels to enable placement in core curriculum courses.

(3) After admission to the facility, a preliminary education plan shall be developed for each minor within five school days.

(4) If a minor is detained, the education staff shall immediately request the minor’s records from his/her prior school(s), including, but not limited to, transcripts from his/her prior school. Copies of the student’s Individual Education Program (IEP), 504 Plan, CELDT scores, California High School Equivalency Exam (CAHSEE) results, immunization records and exit grades will also be requested. Upon receipt of the transcripts, the minor’s educational plan shall be reviewed and modified as needed.

(f) Educational Reporting
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(1) The complete facility educational record of the minor/youth shall be forwarded to the next educational placement in accordance with the State Education Code.

(2) The County Superintendent of Schools shall provide appropriate credit (full or partial) for course work completed while in juvenile court school.


Section 1371. Recreation, Programs and Exercise.

(a) The facility administrator shall develop and implement written policies and procedures for recreation, programs and exercise for all youth/minors. The intent is to maximize the amount of time youth are out of their rooms and not confined to their bed in a dormitory setting.

(b) Juvenile facilities shall provide the opportunity for recreation, programs and exercise a minimum of three hours a day during the week and five hours a day each Saturday, Sunday or other non-school days, of which one hour shall be an outdoor activity, weather permitting. Such recreation, program and exercise schedule shall be posted in the living units.

(c) Recreation shall include the opportunity for at least one hour of daily access to unscheduled activities such as reading, television, radio, music, video and games. Activities shall be supervised and include orientation and may include coaching of youth.

(d) Programs shall include social awareness programs as outlined in Section 1378.

(e) Exercise. All youth shall be provided with the opportunity for at least one hour of large muscle activity each day. That one hour of exercise may be suspended only upon a written finding by the administrator/manager that the youth represents a threat to the safety and security of the facility.

(b) Equivalent programming for both female and male minors shall exist for all recreation programs.

(c) The recreation program shall include: a written daily schedule; access to approved reading materials; other programs such as television, radio, ping pong, video and games. Activities shall be supervised and include orientation and coaching of minors.

(d) The exercise program shall include the opportunity for at least one hour of outdoor physical activity each day, weather permitting. In the event weather does not permit outdoor physical activity, at least one hour each day of exercise involving large muscle activities shall be provided.

(e) Juvenile facilities shall provide the opportunity for recreation and exercise a minimum of three hours a day during the week and five hours a day each Saturday, Sunday or other non-school days, of which one hour shall be large muscle exercise, as noted in item (d) above. Such recreation and exercise schedule shall be posted in the living units.

(f) The administrator/manager may suspend, for a period not to exceed 24 hours, access to recreation and programs. However, minors on disciplinary status shall continue to have an opportunity for a minimum of one hour of large muscle exercise. That one hour of exercise may be suspended only upon a written finding by the administrator/manager that the minor represents a threat to the safety and security of the facility.
Section 1372. Religious Program.

The facility administrator shall provide access to religious services and/or religious counseling at least once each week. Attendance shall be voluntary. A minor shall be allowed to participate in other program activities if he/she elects not to participate in religious programs.

Religious programs shall provide for:

(a) opportunity for religious services;
(b) availability of clergy; and,
(c) availability of religious diets.

Section 1373. Work Program.

The facility administrator shall develop policies and procedures regarding the assignment of minors to work programs. Work assigned to a minor shall be meaningful, constructive and related to vocational training or increasing a minor's sense of responsibility.

Section 1374. Visiting.

The facility administrator shall develop and implement written policies and procedures for visiting that include provisions for special visits. Minors Youth shall be allowed to receive visits by parents, guardians or persons standing in loco parentis, at reasonable times, subject only to the limitations necessary to maintain order and security. Opportunity for visitation shall be a minimum of two hours per week. Visits may be supervised, but conversations shall not be monitored unless there is a security or safety need.

Section 1375. Correspondence.

The facility administrator shall develop and implement written policies and procedures for correspondence which provide that:

(a) there is no limitation on the volume of mail that minors youth may send or receive;
(b) minors-youth may send two letters per week postage free;
(c) minors-youth may correspond confidentially with state and federal courts, any member of the State Bar or holder of public office, and the State Board of Corrections Standards Authority; however, authorized facility staff may open and inspect such mail only to search for contraband and in the presence of the minor-youth; and,
(d) incoming and outgoing mail, other than that described in (c), may be read by staff only when there is reasonable cause to believe facility safety and security, public safety, or minor-youth safety is jeopardized.

Note: Authority cited: Sections 210 and 885, Welfare and Institutions Code; Assembly Bill 1397, Chapter 12, Statutes of 1996.

Section 1376. Telephone Access.

The administrator of each juvenile facility shall develop and implement written policies and procedures to provide minors with access to telephone communications.


Section 1377. Access to Legal Services.

The facility administrator shall develop written procedures to ensure the right of minors to have access to the courts and legal services. Such access shall include:

(a) access, upon request by the minor, to licensed attorneys and their authorized representatives;
(b) provision for confidential consultation with attorneys; and,
(c) unlimited postage free, legal correspondence and cost free telephone access as appropriate.


Section 1378. Social Awareness Program.

Programs designed to promote social awareness and reduce recidivism shall be provided. Social Awareness Programs shall take into consideration the needs of male and female minors-youth. Such programs may be provided under the direction of the County Board of Education or the chief probation officer and may include: victim awareness; conflict resolution; anger management; parenting skills; juvenile justice; self-esteem; tolerance and diversity; building effective decision making skills; appropriate gender specific programming; and, other topics that suit the needs of the minors-youth. There will be a written annual record review of the programs by the responsible agency to ensure that program content offered is current, consistent, and relevant to the population.
ARTICLE 7. DISCIPLINE.

Section 1390. Discipline.

The facility administrator shall develop and implement written policies and procedures for the discipline of minors-youth that shall promote acceptable behavior. Discipline shall be imposed at the least restrictive level which promotes the desired behavior and shall not include corporal punishment, group punishment, physical or psychological degradation, or deprivation of the following is not permitted:

- bed and bedding;
- daily shower, access to drinking fountain, toilet and personal hygiene items, and clean clothing;
- full nutrition;
- contact with parent or attorney;
- exercise;
- medical services and counseling;
- religious services;
- clean and sanitary living conditions;
- the right to send and receive mail; and,
- education.

The facility administrator shall establish rules of conduct and disciplinary penalties to guide the conduct of minors-youth. Such rules and penalties shall include both major violations and minor violations, be stated simply and affirmatively, and be made available to all minors-youth. Provision shall be made to provide accessible information to youth with disabilities, limited English proficiency, or limited literacy minors who are impaired, illiterate or do not speak English.

Section 1391. Discipline Process.

The facility administrator shall develop and implement written policies and procedures for the administration of discipline which shall include, but not be limited to:

- designation of personnel authorized to impose discipline for violation of rules;
- prohibiting discipline to be delegated to any minor-youth;
- definition of major and minor rule violations and their consequences, and due process requirements;
- minor rule violations which may be handled informally by counseling, or advising the minor-youth of the expected conduct or by the imposition of a minor consequence. Segregation for a minor violation shall not exceed 24 hours.
Discipline shall be accompanied by written documentation and a policy of review and appeal to a supervisor; and,

(e) major rule violations which may include but are not limited to: withdrawal from group activities for 24 hours or more, any violation that results in segregation for 24 hours or more, or extension of time in custody. Major rule violations and the discipline process shall be documented and require the following:

1. written notice of violation prior to a hearing;
2. hearing by a person who is not a party to the incident;
3. opportunity for the youth to be heard, present evidence and testimony;
4. provision for youth to be assisted by staff in the hearing process;
5. provision for administrative review.

(f) violations that result in a removal from camp or commitment program, but not a return to court, will follow the due process provisions in subsection (e) above.


ARTICLE 8. RESPONSIBILITY FOR HEALTH CARE SERVICES.

Section 1400. Responsibility for Health Care Services.

The facility administrator shall ensure that health care services are provided to all minors. The facility shall have a designated health administrator who, in cooperation with the mental health director and facility administrator and pursuant to a written agreement, contract or job description, is administratively responsible to:

(a) develop policy for health care administration;
(b) identify health care providers for the defined scope of services;
(c) establish written agreements as necessary to provide access to health care;
(d) develop mechanisms to assure that those agreements are properly monitored; and,
(e) establish systems for coordination among health care service providers.

When the health administrator is not a physician, there shall be a designated responsible physician who shall develop policy in health care matters involving clinical judgments.


Section 1401. Patient Treatment Decisions.

Clinical decisions about the treatment of individual minors are the sole province of licensed health care professionals, operating within the scope of their license and within facility policy defining health care services.
Security policies and procedures that are applicable to child supervision staff also apply to health care personnel.


Section 1402. Scope of Health Care.

(a) The health administrator, in cooperation with the facility administrator, shall develop and implement written policy and procedures to define the extent to which health care shall be provided within the facility and delineate those services that shall be available through community providers. Each facility shall provide:

(1) at least one physician to provide treatment; and,

(2) health care services which meet the minimum requirements of these regulations and be at a level to address acute symptoms and/or conditions and avoid preventable deterioration of health while in confinement.

(b) When health services are delivered within the juvenile facility, staff, space, equipment, supplies, materials, and resource manuals shall be adequate to the level of care provided.

(c) Consistent with security requirements and public safety, written policy and procedures for juvenile facilities shall provide for parents, guardians, or other legal custodians, at their own expense, to authorize and arrange for medical, surgical, dental, mental health or other remedial treatment of minors/youth that is permitted under law.


Section 1403. Health Care Monitoring and Audits.

(a) In juvenile facilities with on-site health care staff, the health administrator, in cooperation with the facility administrator, shall develop and implement written policy and procedures to collect statistical data and submit at least annual summaries of health care services to the facility administrator.

(b) The health administrator, in cooperation with the responsible physician and the facility administrator, shall establish policies and procedures to assure that the quality and adequacy of health care services are assessed at least annually.

(1) Policy and procedures shall identify a process for correcting identified deficiencies in the medical, dental, mental health and pharmaceutical services delivered.

(2) Based on information from these assessments, the health administrator shall provide the facility administrator with an annual written report on medical, dental, mental health and pharmaceutical services.
(c) Medical, mental and dental services shall be reviewed at least quarterly, at documented administrative meetings between the health and facility administrators and other staff, as appropriate.


Section 1404. Health Care Staff Qualifications.

(a) The health administrator shall, at the time of recruitment for health care positions, develop education and experience requirements that are consistent with the community standard and the needs of the facility population.

(b) In all juvenile facilities providing on-site health care services, the health administrator, in cooperation with the facility administrator, shall establish policy and procedures to assure that State licensure, certification, or registration requirements and restrictions that apply in the community, also apply to health care personnel who provide services to minors.

(c) Appropriate credentials shall be on file at the facility, or in another central location where they are available for review. Policy and procedures shall provide that these credentials are periodically reviewed and remain current.

(d) The health administrator shall assure that position descriptions and health care practices require that health care staff receive the supervision required by their license and operate within their scope of practice.


Section 1405. Health Care Staff Procedures.

The responsible physician for each facility providing on-site health care may determine that a clinical function or service can be safely and legally delegated to health care staff other than a physician. When this is done, the function or service shall be performed by staff operating within their scope of practice pursuant to written protocol, standardized procedures or direct medical order.


Section 1406. Health Care Records.

In juvenile facilities providing on-site health care, the health administrator, in cooperation with the facility administrator, shall maintain complete individual and dated health records that include, but are not limited to:
(a) intake health screening form;
(b) health appraisals/medical examinations;
(c) health service reports (e.g., emergency department, dental, psychiatric, and other consultations);
(d) complaints of illness or injury;
(e) names of personnel who treat, prescribe, and/or administer/deliver prescription medication;
(f) location where treatment is provided;
(g) medication records in conformance with Title 15, Section 1438;
(h) progress notes;
(i) consent forms;
(j) authorizations for release of information;
(k) copies of previous health records;
(l) immunization records; and,
(m) laboratory reports.

Written policy and procedures shall provide for maintenance of the health record in a locked area separate from the confinement record. Access to the medical/mental health record shall be controlled by the health administrator and shall assure that all confidentiality laws related to the provider-patient privilege apply to the health record. Minors shall not be used to translate confidential medical information for other non-English speaking minors.

Health care records shall be retained in accordance with community standards.


Section 1407. Confidentiality.

(a) For each juvenile facility that provides on-site health services, the health administrator, in cooperation with the facility administrator, shall establish policy and procedures, consistent with applicable laws, for the multi-disciplinary sharing of health information. These policies and procedures shall address the provision for providing information to the court, child supervision staff and to probation. Information in the minor's case file shall be shared with the health care staff when relevant. The nature and extent of information shared shall be appropriate to treatment planning, program needs, protection of the minor or others, management of the facility, maintenance of security, and preservation of safety and order.

(b) Medical and mental health services shall be conducted in a private manner such that information can be communicated confidentially.

Section 1408. Transfer of Health Care Summary and Records.

The health administrator, in cooperation with the facility administrator, shall establish written policy and procedures to assure that a health care summary and relevant records are forwarded to health care staff in the receiving facility when a minor is transferred to another jurisdiction, and to the local health officer, when applicable. Policies shall include:

(a) a summary of the health record, or documentation that no record exists at the facility, is sent in an established format, prior to or at the time of transfer;
(b) relevant health records are forwarded to the health care staff of the receiving facility;
(c) advance notification is provided to the local health officer in the sending jurisdiction and responsible physician of the receiving facility prior to the release or transfer of minors with known or suspected active tuberculosis disease;
(d) written authorization from the minor and/or parent-legal guardian is obtained prior to transferring copies of actual health records, unless otherwise provided by court order, statute or regulation having the force and effect of law; and,
(e) confidentiality of health records is maintained.

After minors are released to the community, health record information shall be transmitted to specific physicians or health care facilities in the community, upon request and with the written authorization of the minor and/or parent/guardian.

In special purpose juvenile halls and other facilities that do not have on-site health care staff, policy and procedures shall assure that child supervision staff forward non-confidential information on medications and other treatment orders prior to or at the time of transfer.


For juvenile facilities with on-site health care staff, the health administrator, in cooperation with the facility administrator, shall develop, implement and maintain a facility-specific health services manual of written policies and procedures that address, at a minimum, all health care related standards that are applicable to the facility.

Health care policy and procedure manuals shall be available to all health care staff, to the facility administrator, the facility manager, and other individuals as appropriate to ensure effective service delivery.

Each policy and procedure for the health care delivery system shall be reviewed at least every two years annually and revised as necessary under the direction of the health administrator. The health administrator shall develop a system to document that this review occurs. The facility administrator, facility manager, health administrator and responsible physician shall designate their approval by signing the manual.
Section 1410. Management of Communicable Diseases.

The health administrator/responsible physician, in cooperation with the facility administrator and the local health officer, shall develop written policies and procedures to address the identification, treatment, control and follow-up management of communicable diseases. The policies and procedures shall address, but not be limited to:

(a) intake health screening procedures;
(b) identification of relevant symptoms;
(c) referral for medical evaluation;
(d) treatment responsibilities during detention;
(e) coordination with public and private community-based resources for follow-up treatment;
(f) applicable reporting requirements; and,
(g) strategies for handling disease outbreaks.

The policies and procedures shall be updated as necessary to reflect communicable disease priorities identified by the local health officer and currently recommended public health interventions.

Section 1411. Access to Treatment.

The health administrator, in cooperation with the facility administrator, shall develop written policy and procedures to provide unimpeded access to health care.

Section 1412. First Aid and Emergency Response.

The health administrator/responsible physician, in cooperation with the facility administrator, shall establish facility-specific policies and procedures to assure access to first aid and emergency services.

(a) First aid kits shall be available in designated areas of each juvenile facility.

(b) The responsible physician shall approve the contents, number, location and procedure for periodic inspection of the kits.
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Child supervision and health care staff shall be trained and written policies and procedures established to respond appropriately to emergencies requiring first aid.


Section 1413. Individualized Treatment Plans.

With the exception of special purpose juvenile halls, the health administrator/responsible physician, in cooperation with the facility administrator, shall develop and implement policy and procedures to assure that health care treatment plans are developed for all minors-youth who have received services for significant health care concerns.

(a) Policies and procedures shall assure that health care treatment plans are considered in facility program planning.

(b) Health care restrictions shall not limit participation of a minor-youth in school, work assignments, exercise and other programs, beyond that which is necessary to protect the health of the minor-youth or others.

(c) Medical and mental health information shall be shared with child-youth supervision staff in accordance with Section 1407 for purposes of programming, treatment planning and implementation.

(d) Program planning shall include pre-release arrangements for continuing medical and mental health care, together with participation in relevant programs upon return into the community.

(e) Policies and procedures shall address accommodations for youth who may have special needs when using showers and toilets and dressing/undressing.

Policy and procedures shall require that any minor-youth who is suspected or confirmed to be developmentally disabled is referred to the local Regional Center for the Developmentally Disabled for purposes of diagnosis and/or treatment within 24 hours of identification, excluding holidays and weekends.


Section 1414. Health Clearance for In-Custody Work and Program Assignments.

The health administrator/responsible physician, in cooperation with the facility administrator, shall develop health screening and monitoring procedures for work and program assignments that have health care implications, including, but not limited to, food handlers.

Section 1415.  Health Education.

With the exception of special purpose juvenile halls, the health administrator for each juvenile facility, in cooperation with the facility administrator and the local health officer, shall develop written policies and procedures to assure that age- and sex-appropriate health education and disease prevention programs are offered to minors.

The education program shall be updated as necessary to address current health priorities and meet the needs of the confined population.


Section 1416.  Reproductive Services.

For all juvenile facilities, the health administrator, in cooperation with the facility administrator, shall develop written policies and procedures to assure that reproductive health services are available to both male and female minors.

Such services shall include but not be limited to those prescribed by Welfare and Institutions Code Sections 220, 221 and 222 and Health and Safety Code Section 123450.


Section 1417.  Pregnant Minors.

With the exception of special purpose juvenile halls, the health administrator for each juvenile facility, in cooperation with the facility administrator, shall develop written policies and procedures pertaining to pregnant minors that address the following: a diet, vitamins and education as required by Penal Code Section 6030(e) and limitations on the use of restraints in accordance with Penal Code Section 6030(f) and Welfare and Institutions Code Section 222.

Note: Authority cited: Sections 210 and 885, Welfare and Institutions Code. Reference: Section 6030(e), Penal Code; and Section 222, Welfare and Institutions Code.

Section 1430.  Intake Health Screening.

The health administrator/responsible physician, in cooperation with the facility administrator and mental health director shall establish policies and procedures defining when a health evaluation and/or treatment shall be obtained prior to acceptance for booking. Policies and procedures shall also establish a documented intake health screening procedure to be conducted immediately upon entry to the facility.

(a) The responsible physician shall establish criteria defining the types of apparent health conditions that would preclude acceptance of a minor into the facility without a documented
medical clearance. The criteria shall be consistent with the facility’s resources to safely hold the minor.

At a minimum, such criteria shall provide:

1. a minor who is unconscious shall not be accepted into a facility;
2. minors who are known to have ingested or who appear to be under the influence of intoxicating substances shall be cleared in accordance with Section 1431;
3. written documentation of the circumstances and reasons for requiring a medical clearance whenever a minor is not accepted for booking; and,
4. written medical clearance shall be received prior to accepting any minor referred for a pre-booking treatment and clearance.

(b) Procedures for an intake health screening shall consist of a defined, systematic inquiry and observation of every minor booked into the juvenile facility. The screening shall be conducted immediately upon entry to the facility and may be performed by either health care personnel or trained child supervision staff.

1. Screening procedures shall address medical, dental and mental health concerns that may pose a hazard to the minor or others in the facility, as well as health conditions that require treatment while the minor is in the facility.
2. Any minor suspected to have a communicable disease that could pose a significant risk to others in the facility shall be separated from the general population pending the outcome of an evaluation by health care staff.
3. Procedures shall require timely referral for health care commensurate with the nature of any problems or complaint identified during the screening process.


Section 1431. Intoxicated and Substance Abusing Minors Youth.

(a) The responsible physician, in cooperation with the health administrator and the facility administrator, shall develop and implement written policy and procedures that address the identification and management of alcohol and other drug intoxication in accordance with Section 1430.

(b) Policy and procedures shall address:

1. designated housing, including use of any protective environment for placement of intoxicated minors;
2. symptoms or known history of ingestion that should prompt immediate referral for medical evaluation and treatment;
3. determining when the minor is no longer considered intoxicated and documenting when the monitoring requirements of this regulation are discontinued;
4. medical responses to minors experiencing intoxication or withdrawal reactions;
5. management of pregnant minors who use alcohol or other drugs;
(6) initiation of substance abuse counseling during confinement and referral procedures for continuation upon release to the community consistent with Section 1413 and Section 1355; and,

(7) coordination with mental health services in cases of substance abusing minors' youth with known or suspected mental illness.

(c) A medical clearance shall be obtained prior to booking any youth minor who is intoxicated to the extent that they are a threat to their own safety or the safety of others, displays outward signs of intoxication or is known or suspected to have ingested any substance that could result in a medical emergency. Supervision of intoxicated minors' youth who are cleared to be booked into a facility shall include monitoring by personal observation no less than once every 15 minutes until resolution of the intoxicated state. These observations shall be documented, with actual time of occurrence recorded. Medical staff, or child supervision staff operating pursuant to medical protocols, shall conduct a medical evaluation for all minors' youth whose intoxicated behavior persists beyond six hours from the time of admission.


Section 1432. Health Appraisals/Medical Examinations.

The health administrator/responsible physician, in cooperation with the facility administrator for each juvenile hall, shall develop and implement written policy and procedures for a health appraisal/medical examination of minors' youth and for the timely identification of conditions necessary to safeguard the health of the minors' youth.

(a) The health appraisal/medical examination shall be completed within 96 hours of admission, excluding holidays, to the facility and result in a compilation of identified problems to be considered in classification, treatment, and the multi-disciplinary management of the minors' youth while in custody and in pre-release planning. It shall be conducted in a location that protects the privacy of the minors' youth and conducted by a physician, or other licensed or certified health professional working within his/her scope of practice and under the direction of a physician.

(1) At a minimum, the health evaluation shall include a health history, examination, laboratory and diagnostic testing, and necessary immunizations as outlined below:

(A) The health history includes: Review of the intake health screening, history of illnesses, operations, injuries, medications, allergies, immunizations, systems review, exposure to communicable diseases, family health history, habits (e.g., tobacco, alcohol and other drugs), developmental history (e.g., school, home, and peer relations), sexual activity, contraceptive methods, reproductive history, physical and sexual abuse, neglect, history of mental illness, self-injury, and suicidal ideation.

(B) The examination includes: Temperature, height, weight, pulse, blood pressure, appearance, gait, head and neck, a preliminary dental and visual acuity screening, gross hearing test, lymph nodes, chest and cardiovascular, breasts, abdomen,
genital (pelvic and rectal examination, with consent, if clinically indicated), musculoskeletal, neurologic.

(C) Laboratory and diagnostic testing includes: Tuberculosis testing, together with pap smears and testing for sexually transmitted diseases for sexually active minors. Additional testing should be available as clinically indicated, including pregnancy testing, pap smears, urinalysis, hemoglobin or hematocrit.

(D) Immunizations shall be verified and, within two weeks of the health appraisal/medical examination, a program shall be started to bring the minor's immunizations up-to-date in accordance with current public health guidelines.

(2) The health examination may be modified by the responsible physician, for minors admitted with an adequate examination done within the last 12 months, provided there is reason to believe that no substantial change would be expected since the last full evaluation. When this occurs, health care staff shall review the intake health screening form and conduct a face-to-face interview with the minor.

(b) For adjudicated minors who are confined in any juvenile facility for successive stays, each of which totals less than 96 hours, the responsible physician shall establish a policy for a medical evaluation and clearance. If this evaluation and clearance cannot be completed at the facility during the initial stay, it shall be completed prior to acceptance at the facility. This evaluation and clearance shall include screening for tuberculosis.

(c) For minors who are transferred to juvenile facilities outside their detention system, the health administrator, in cooperation with the facility administrator, shall develop and implement policy and procedures to assure that a health appraisal/medical examination:

(1) is received from the sending facility at or prior to the time of transfer;
(2) is reviewed by designated health care staff at the receiving facility; and,
(3) absent a previous appraisal/examination or receipt of the record, a health appraisal/medical examination, as outlined in this regulation, is completed on the minor within 96 hours of admission, excluding holidays.

(d) The responsible physician shall develop policy and procedures to assure that minors who are transferred among juvenile facilities within the same detention system, receive a written health care clearance. The health appraisal/medical examination shall be reviewed and updated prior to transfer and forwarded to facilities that have licensed on-site health care staff.

Section 1433. Requests for Health Care Services.

The health administrator, in cooperation with the facility administrator, shall develop policy and procedures to establish a daily routine for minors youth to convey requests for emergency and non-emergency health care services.

(a) There shall be opportunities for both written and verbal communications, including provision for minors youth who have language or literacy barriers.

(b) Child supervision staff shall relay requests from the minors youth, initiate referrals when a need for health care services is observed, and advocate for the minors youth when the need for services appears to be urgent.

(c) Designated staff shall inquire and make observations regarding the health of each minor youth on a daily basis and in the event of possible injury.

(d) There shall be opportunities available on a twenty-four hour per day basis for minors youth and staff to communicate the need for emergency health care services.

(e) Provision shall be made for any minor youth requesting health care attention, or observed to be in need of health care, to be given that attention by licensed or certified health care personnel.

(f) All health care requests shall be documented and maintained.


Section 1434. Consent for Health Care.

The health administrator, in cooperation with the facility administrator, shall establish written policy and procedures to obtain informed consent for health care examinations and treatment.

(a) All examinations, treatments, and procedures requiring verbal or written informed consent in the community also require that consent for confined minors youth.

(b) There shall be provision for obtaining parental consent and obtaining authorization for health care services from the court when there is no parent/guardian or other person standing in loco parentis, including the requirements in Welfare and Institutions Code Section 739.

(c) Policy and procedures shall be consistent with applicable statutes in those instances where the minor’s youth’s consent for testing or treatment is sufficient or specifically required.

(d) Conservators can provide consent only within limits of their court authorization.

Minors Youth may refuse, verbally or in writing, non-emergency medical and mental healthcare.


Section 1435. Dental Care.

The health administrator, in cooperation with the facility administrator, shall develop and implement written policy and procedures to require that dental treatment be provided to
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minors youth as necessary to respond to acute conditions and to avert adverse effects on the minor’s youth’s health and require preventative services as recommended by a dentist. Such Treatment shall not be limited to extractions.

Annual dental exams shall be provided to any youth detained for longer than one year.


Section 1436. Prostheses and Orthopedic Devices.

(a) The health administrator, in cooperation with the facility administrator and the responsible physician shall develop written policy and procedures regarding the provision, retention and removal of medical and dental prostheses, including eyeglasses and hearing aids.

(b) Prostheses shall be provided when the health of the minor would otherwise be adversely affected, as determined by the responsible physician.

(c) Procedures for retention and removal of prostheses shall comply with the requirements of Penal Code Section 2656.


Section 1437. Mental Health Services and Transfer to a Treatment Facility.

The health administrator/responsible physician, in cooperation with the mental health director and the facility administrator, shall establish policies and procedures to provide mental health services. These services shall include, but not be limited to:

(a) screening for mental health problems at intake;
(b) crisis intervention and the management of acute psychiatric episodes;
(c) stabilization of persons with mental disorders and the prevention of psychiatric deterioration in the facility setting;
(d) elective therapy services and preventive treatment where resources permit;
(e) medication support services;
(f) provision for timely referral, transportation, and admission to licensed mental health facilities, and follow-up for minors youth whose psychiatric needs exceed the treatment capability of the facility; and,
(g) assurance that any minor youth who displays significant symptoms of severe depression, suicidal ideation, irrational, violent or self destructive behaviors, or who is receiving psychotropic medication shall be provided a mental status assessment by a licensed mental health clinician, psychologist, or psychiatrist.

(h) transition planning for youth undergoing mental health treatment, including arrangements for continuation of medication and therapeutic services.
Mentally disordered minors-youth who appear to be a danger to themselves or others, or to be 
gravely disabled, shall be evaluated either pursuant to applicable statute or by Penal Code 
Section 4011.6 or Welfare and Institutions Code Section 6551. The minor may be evaluated by 
on-site licensed health personnel to determine if treatment can be initiated at the juvenile 
facility.

Absent an emergency, unless the juvenile facility has been designated as a Lantermann-Petris- 
Short (LPS) facility, and minors-youth meet the criteria for involuntary commitment under the 
LPS Act in Welfare and Institutions Code Section 5000 et seq., all services shall be provided on 
a voluntary basis. Voluntary mental health admissions may be sought pursuant to Penal Code 
Section 4011.8 or Welfare and Institutions Code Section 6552.

Note: Authority cited: Sections 210 and 885, Welfare and Institutions Code.; and Assembly Bill 1397, Chapter 12, Statutes of 
1996. Reference: Section 209, Welfare and Institutions Code.; 1995-96 Budget Act, Chapter 303, Item Number 5430 001 001, 
Statutes of 1995; Assembly Bill 904, Chapter 304, Statutes of 1995; Assembly Bill 1397, Chapter 12, Statutes of 1996.

Section 1438. Pharmaceutical Management.

For all juvenile facilities, the health administrator, in consultation with a pharmacist and in 
cooperation with the facility administrator, shall develop and implement written policy, establish 
procedures, and provide space and accessories for the secure storage, controlled 
administration, and disposal of all legally obtained drugs.

(a) Such policies, procedures, space and accessories shall include, but not be limited to, the 
following:
   (1) securely lockable cabinets, closets, and refrigeration units;
   (2) a means for the positive identification of the recipient of the prescribed medication;
   (3) administration/delivery of medicines to minors-youth as prescribed;
   (4) confirmation that the recipient has ingested the medication;
   (5) documenting that prescribed medications have or have not been administered, by 
      whom, and if not, for what reason;
   (6) prohibition of the delivery of medication from one minor youth to another;
   (7) limitation to the length of time medication may be administered without further 
      medical evaluation;
   (8) the length of time allowable for a physician’s signature on verbal orders, not to 
      exceed seven (7) days;
   (9) training for non-licensed personnel which includes, but is not limited to: delivery 
      procedures and documentation; recognizing common symptoms and side-effects that 
      should result in contacting health care staff for evaluation; procedures for 
      consultation for confirming ingestion of medication; and, consultation with health 
      care staff for monitoring the minor youth’s response to medication; and,
   (10) a written report shall be prepared by a pharmacist, no less than annually, on the 
      status of pharmacy services in the institution. The pharmacist shall provide the 
      report to the health authority and the facility administrator.
   (11) transition planning.
(b) Consistent with pharmacy laws and regulations, the health administrator shall establish written protocols that limit the following functions to being performed by the identified personnel:

1. Procurement shall be done only by a physician, dentist, pharmacist, or other persons authorized by law.
2. Storage of medications shall assure that stock supplies of legend medications shall only be accessed by licensed health personnel. Supplies of legend medications that have been properly dispensed and supplies of over-the-counter medications may be accessed by both licensed and trained non-licensed personnel.
3. Repackaging shall only be done by a physician, dentist, pharmacist, or other persons authorized by law.
4. Preparation of labels can be done by a physician, dentist, pharmacist or other personnel, both licensed and trained non-licensed, provided the label is checked and affixed to the medication container by the physician, dentist, or pharmacist before administration or delivery to the minor youth. Labels shall be prepared in accordance with Section 4047.5 of the Business and Professions Code.
5. Dispensing shall only be done by a physician, dentist, pharmacist, or other person authorized by law.
6. Administration of medication shall only be done by licensed health personnel who are authorized to administer medication and acting on the order of a prescriber.
7. Licensed health care personnel and trained non-licensed personnel may deliver medication acting on the order of a prescriber.
8. Disposal of legend medication shall be done in accordance with pharmacy laws and regulations and requires any combination of two of the following classifications: physician, dentist, pharmacist, or registered nurse. Controlled substances shall be disposed of in accordance with Drug Enforcement Administration disposal procedures.

(c) The responsible physician shall establish policies and procedures for managing and providing over-the-counter medications to minor youth.


Section 1439. Psychotropic Medications.

The health administrator/responsible physician, in cooperation with the mental health director and the facility administrator, shall develop and implement written policies and procedures governing the use of voluntary and involuntary psychotropic medications.

(a) These policies and procedures shall include, but not be limited to:

1. protocols for physicians' written and verbal orders for psychotropic medications in dosages appropriate to the minor youth's need;
2. requirements that verbal orders be entered in the minor's health record and signed by a physician within 72 hours;
3. the length of time voluntary and involuntary medications may be ordered and administered before re-evaluation by a physician;
(43) provision that minors youth who are on psychotropic medications prescribed in the community are continued on their medications pending re-evaluation and further determination by a physician;

(54) provision that the necessity for continuation on psychotropic medications is addressed in pre-release planning and prior to transfer to another facility or program; and,

(6) provision for regular clinical/administrative review of utilization patterns for all psychotropic medications, including every emergency situation.

(b) Psychotropic medications shall not be administered to a minor youth absent an emergency unless informed consent has been given by the legally authorized person or entity.

(1) Minors Youth shall be informed of the expected benefits, potential side effects and alternatives to psychotropic medications.

(2) Absent an emergency, minors youth may refuse treatment.

(c) Minors Youth found by a physician to be a danger to themselves or others by reason of a mental disorder may be involuntarily given psychotropic medication immediately necessary for the preservation of life or the prevention of serious bodily harm, and when there is insufficient time to obtain consent from the parent, guardian, or court before the threatened harm would occur. It is not necessary for harm to take place or become unavoidable prior to initiating treatment.

(d) Assessment and diagnosis must support the administration of psychotropic medications. Administration of psychotropic medication is not allowed for coercion, discipline, convenience or retaliation.

Note: Authority cited: Sections 210 and 885, Welfare and Institutions Code; and Assembly Bill 1397, Chapter 12, Statutes of 1996.


Section 1450. Suicide Prevention Program.

The health administrator, in cooperation with the mental health director and the facility administrator, shall develop a written suicide prevention plan, with policies and procedures to prevent and respond to crisis. Staff training shall include, but not be limited to, identification of minors who present a suicide risk, appropriate monitoring of their condition, necessary treatment and follow-up and emergency response protocols for self-injurious behaviors.


Section 1452. Collection of Forensic Evidence.

The health administrator, in cooperation with the facility administrator, shall establish policies and procedures assuring that forensic medical services, including drawing of blood alcohol samples, body cavity searches, and other functions for the purpose of prosecution are collected by appropriately trained medical personnel who are not responsible for providing ongoing health care to the minor.
Section 1453. Sexual Assaults.

The health administrator, in cooperation with the facility administrator, shall develop and implement policy and procedures for treating victims of sexual assaults and for reporting such incidents to local law enforcement when they occur in the facility.

The evidentiary examination and initial treatment of victims of sexual assault shall be conducted at a health facility that is separate from the custodial facility and is properly equipped and staffed with personnel trained and experienced in such procedures.

Section 1454. Participation in Research.

The health administrator, in cooperation with the facility administrator, shall develop site specific policy and procedures governing biomedical or behavioral research involving minors. Such research shall occur only when ethical, medical and legal standards for human research are met. Written policy and procedure shall require assurances for the safety of the minors and informed consent.

Participation shall not be a condition for obtaining privileges or other rewards in the facility. This regulation does not preclude the collection and analysis of routine facility data or use of Investigational New Drug protocols that are available in the community. Neither does it prohibit blind studies of disease prevalence performed under the auspices of the local health officer. The court, health administrator, and facility administrator shall be informed of all such proposed actions.

ARTICLE 9. FOOD

Section 1460. Frequency of Serving.

Food shall be served three times in any 24-hour period. At least one of these meals shall include hot food. Supplemental food shall be offered to minors at the time of initial intake; shall be served to minors if more than 14 hours pass between meals; and shall be served to minors on medical diets as prescribed by the attending physician.
A minimum of twenty minutes shall be allowed for the actual consumption of each meal except for those minors on medical diets where the responsible physician has prescribed additional time.

Provisions shall be made for minors who may miss a regularly scheduled facility meal. They shall be provided with a substitute meal and beverage, and minors on medical diets shall be provided with their prescribed meal.


Section 1461. Minimum Diet.

The minimum diet provided shall be based upon the nutritional and caloric requirements found in the 1999-2002 Dietary Reference Intakes (DRI) of the Food and Nutrition Board, Institute of Medicine of the National Academies; the 1990-2008 California Daily Food Guide, and the 2010 Dietary Guidelines for Americans. Facilities electing to provide vegetarian diets, and facilities that provide religious diets, shall also conform to these nutrition standards.

The nutritional requirements for the minimum diet are specified in the following subsections. Snacks may be included as part of the minimum diet. A wide variety of foods should be served, and spices should be used to improve the taste and eye appeal of food served.

(a) Protein Group. Includes: beef, veal, lamb, pork, poultry, fish, eggs, cooked dry beans, peas, lentils, nuts, peanut butter, and textured vegetable protein (TVP). One serving equals 14 grams or more of protein; the daily requirements shall equal two servings (a total of 196 grams per week). In addition, there shall be a requirement to serve a third serving from the legumes three days a week. One serving equals, but is not limited to, one of the following examples:

- 2 to 3 oz. (without bone) lean, cooked meat, poultry or fish
- 2 medium eggs
- 1 cup cooked dry beans, peas, or lentils
- 4 Tbsp. peanut butter
- 8 oz. tofu
- 2 1/4 oz. dry, or 1 cup rehydrated, canned, or frozen TVP
- 1/2 cup seeds
- 2/3 cup nuts

(b) Dairy Group. Includes milk (fluid, evaporated or dry; nonfat; 1% or 2% reduced fat, etc.); cheese (cottage, cheddar, etc.); yogurt; ice cream or ice milk, and pudding. A serving is equivalent to 8 oz. of fluid milk and provides at least 250 mg of calcium. All milk shall be pasteurized and fortified with vitamins A and D. For persons 9-18 years of age, including pregnant and lactating women, the daily requirement is four servings. One serving equals, but is not limited to, one of the following examples:

- 8 oz. fluid milk (nonfat, 1% or 2% reduced fat)
| 1 1/2 oz. natural cheese |
| 2 oz. processed cheese |
| 1 1/2 cups of lowfat, or nonfat cottage cheese |
| 1 1/2 cups of ice milk, or ice cream |
| 1/3 cup nonfat dry milk |
| 1/2 cup nonfat, or lowfat evaporated milk |
| 1 cup nonfat, or lowfat plain yogurt |
| 1 cup pudding |

(c) Vegetable-Fruit Group. Includes: fresh, frozen, dried, and canned vegetables and fruits. One serving equals: 1/2 cup vegetable or fruit; 6 oz. of 100% juice; 1 medium apple, orange, banana, or potato; 1/2 grapefruit, or 1/4 cup dried fruit. The daily requirement shall be at least six servings; at least one serving per day, or seven (7) servings per week, shall be from each of the following three categories:

(1) One serving of a fresh fruit or vegetable.

(2) One serving of a Vitamin C source containing 30 mg. or more. One serving equals, but is not limited to, the following examples:

| Broccoli | Orange juice |
| Brussels Sprouts | Potato (baked only) |
| Cabbage | Strawberries |
| Cantaloupe, or honeydew melon | Tangerine, large |
| Cauliflower | Tomato paste |
| Green and red peppers (not dehydrated) | Tomato puree |
| Greens collards including kale, turnip, and mustard greens | Tomato juice |
| Grapefruit | Vegetable juice cocktail |
| Grapefruit juice | Orange |

(3) One serving of a Vitamin A source fruit or vegetable containing 200 micrograms Retinol Equivalents (RE) or more. One serving equals, but is not limited to, the following examples:

| Apricot nectar (6 oz.) | Peas and carrots |
| Apricots | Pumpkin |
| Cantaloupe | Red peppers |
| Carrots | Sweet potatoes or yams |
| Greens, including kale, beets, chard, mustard, turnips, or spinach | Vegetable juice cocktail (6 oz.) |
| Mixed vegetables with carrots | Winter squash |

(d) Grain Group. Includes: bread, rolls, pancakes, sweet rolls, ready-to-eat, or cooked cereals, corn bread, pasta, rice, tortillas, etc., and any food item containing whole or enriched grains. At least three-four (4) servings from this group must be made with
some whole grains. The daily requirement for minors' youth shall be a minimum of six (6) servings, or 42 servings per week. One serving equals, but is not limited to, one of the following examples:

Bread, white (including French and Italian), 1 slice
whole wheat, rye, pumpernickel, or raisin
Bagel, small 1/2
English muffin, small 1/2
Plain roll, muffin or biscuit 1
Frankfurter roll 1/2
Hamburger bun 1/2
Dry bread crumbs 3 Tbsp.
Crackers:
Arrowroot 3
Graham, 2 1/2 " 2
Matzo, 4" x 6" 1/2
Oyster 20
Pretzels, 3 1/8" long, 1/8" diameter 25
Rye wafers, 2" x 3 1/2" 3
Soda, 2 1/2" sq. 6
Ready-to-eat unsweetened cereal 3/4 cup
Cereal, cooked 1/2 cup
Barley, couscous, grits, macaroni, noodles, 1/2 cup
pastas, rice, spaghetti, etc.
Cornmeal, dry 2 Tbsp.
Flour (wheat, whole wheat, carob, soybean, 2 1/2 Tbsp.
cornmeal, etc.)
Wheat germ 1/4 cup
Pancakes, 5" 1
Waffle, 5" 1
Tortilla, 6" (corn/flour) 1

The following are examples of whole grains and whole grain products:

Barley Pumpernickel bread
Bran Rolled oats
Brown rice Rye
Corn meal Whole grain
tortilla bagels, muffins, and crackers, graham
baked taco/tostada shell hot cereal
Cracked wheat (bulgur) pancakes and waffles
Flour ready-to-eat cereal
carob whole wheat
soybean bread
whole wheat rolls
(e) Calories. The average daily caloric allowances shall be based on the level of physical activities and shall be as follows: 2200-1800-2000 calories for females 11 to 18 years of age; 2500 to 3000 calories for males 11 to 18 years of age.

(1) Providing only the minimum servings outlined earlier in this regulation is not sufficient to meet the minors’ youths’ caloric requirements. Based on activity levels, additional servings from dairy, vegetable-fruit, and bread-cereal groups shall be provided in amounts to meet caloric requirements. Pregnant minors youth shall be provided with a diet as approved by a doctor in accordance with Penal Code Section 6030(e) and a supplemental snack, if medically indicated.

(2) In keeping with chronic disease prevention goals, total dietary fat should not exceed 30 percent of total calories on a weekly basis. Fat shall be added only in minimum amounts necessary to make the diet palatable.

(f) Sodium. In keeping with the 2010 Dietary Guidelines for Adults, facilities shall reduce the sodium content of menus. Herbs and spices may be used to improve the taste and eye appeal of food served.


Section 1462. Medical Diets.

Only the attending physician shall prescribe a medical diet. The medical diets utilized by a facility shall be planned, prepared, and served with the consultation of a registered dietitian. The facility manager shall comply with any medical diet prescribed for a minor. Diet orders shall be maintained on file for at least one year.

The facility manager and responsible physician shall ensure that the medical diet manual, with sample menus for medical diets, shall be available in both the medical unit and the food service office for reference and information. A registered dietitian shall review, and the responsible physician shall approve the diet manual on an annual basis.


Section 1463. Menus.

Menus shall be planned at least one month in advance of their use. Menus shall be planned to provide a variety of foods considering the cultural and ethnic makeup of the facility, thus, preventing repetitive meals. Menus shall be approved by a registered dietitian before being used.

If any meal served varies from the planned menu, the change shall be noted in writing on the menu and/or production worksheet.
Menus, as planned and including changes, shall be retained for one year and evaluated by a registered dietitian at least annually.


Section 1464. Food Service Plan.

Facilities shall have a written site specific food service plan that shall comply with the applicable California Uniform Retail Food Facilities Law (CURFFL) California Retail Food Code (CalCode). In facilities with an average daily population of 50 or more, there shall be employed or available, a trained and experienced food services manager to prepare a written food service plan. In facilities of less than an average daily population of 50, that do not employ or have a food services manager available, the facility administrator shall prepare a written food service plan. The plan shall include, but not be limited to the following policies and procedures:

(a) menu planning;
(b) purchasing;
(c) storage and inventory control;
(d) food preparation;
(e) food serving;
(f) transporting food;
(g) orientation and on-going training;
(h) personnel supervision;
(i) budgets and food costs accounting;
(j) documentation and record keeping;
(k) emergency feeding plan;
(l) waste management; and,
(m) maintenance and repair.


Section 1465. Food Handlers Education and Monitoring.

The facility administrator, in cooperation with the food services manager, shall develop and implement written policies and procedures to ensure that supervisory staff and food handlers receive ongoing training in safe food handling techniques, including personal hygiene, in accordance with Section 114020-113947 of the Health and Safety Code, California Uniform Retail Food Facilities Law California Retail Food Code (CalCode). The procedures shall include provisions for monitoring compliance that ensure appropriate food handling and personal hygiene requirements.
Section 1466. Kitchen Facilities, Sanitation, and Food Storage.

Kitchen facilities, sanitation, and food preparation, service, and storage shall comply with standards set forth in Health and Safety Code, Division 104, Part 7, Chapters 1-13, Sections 113700 et seq. California Retail Food Code (CalCode), Chapter 4, Articles 1-8, Sections 113700 et seq. California Uniform Retail Food Facilities Law (CURFFL).

In facilities where minors youth prepare meals for self-consumption or where frozen meals or pre-prepared food from other permitted food facilities (see Health and Safety Code sSection 114381-113920) are (re)heated and served, the following applicable CURFFL-CalCode standards may be waived by the local health officer:

(a) H & S Sections 114130-114141 section 114065, Equipment Standards;
(b) H & S Sections 114099.6, 114095-114099.5, 114101-114109, 114123, and 114125 section 114090 (b) through (e) Dishwashing Equipment.
(c) H & S Sections 114149-114149.3 section 114140 Ventilation except that, regardless of such a waiver, the facility shall provide mechanical ventilation sufficient to remove gases, odors, steam, heat, grease, vapors and smoke from the kitchen;
(d) H & S Sections 114268-114269 section 114150 (a) Floors; and,
(e) H & S Sections 114279-114282 section 114165 (b) Mop Sinks.

Section 1467. Food Serving and Supervision.

Policies and site specific procedures shall be developed and implemented to ensure that appropriate work assignments are made and food handlers are adequately supervised. Food shall be prepared and served only under the immediate supervision of a staff member.

ARTICLE 10. CLOTHING AND PERSONAL HYGIENE.

Section 1480. Standard Facility Clothing Issue.

The minor's youth's personal clothing, undergarments and footwear may be substituted for the institutional clothing and footwear specified in this regulation. The facility has the primary responsibility to provide clothing and footwear. Clothing provisions shall ensure that:

(a) clothing is clean, reasonably fitted, durable, easily laundered, and in good repair; and
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(b) the standard issue of climatically suitable clothing for minors youth shall consist of but not be limited to:
   (1) socks and serviceable footwear;
   (2) outer garments; and,
   (3) undergarments, that are freshly laundered and free of stains, including shorts and tee shirts for males, and bra and panties for females.

(c) clothing is laundered at the temperature required by local ordinances for commercial laundries and dried completely in a mechanical dryer or other laundry method approved by the local health officer.


Section 1481. Special Clothing.

Provision shall be made to issue suitable additional clothing essential for minors to perform special work assignments where the issue of regular clothing would be unsanitary or inappropriate.


Section 1482. Clothing Exchange.

The facility administrator shall develop and implement written policies and site specific procedures for the cleaning and scheduled exchange of clothing. Unless work, climatic conditions, or illness necessitates more frequent exchange, outer garments, except footwear, shall be exchanged at least once each week. Undergarments and socks shall be exchanged daily.


Section 1483. Clothing, Bedding and Linen Supply.

There shall be a quantity of clothing, bedding, and linen available for actual and replacement needs of the facility population. Each facility shall have a written procedure for acquisition, handling, storage, transportation and processing of clothing, bedding and linen in a clean and sanitary manner.

Section 1484. Control of Vermin in Minors' Youths' Personal Clothing.

There shall be written policies and site specific procedures developed and implemented by the facility administrator to control the contamination and/or spread of vermin in all minors' youths' personal clothing. Infested clothing shall be cleaned or stored in a closed container so as to eradicate or stop the spread of the vermin.


Section 1485. Issue of Personal Care Items.

There shall be written policies and site specific procedures developed and implemented by the facility administrator for the availability of personal hygiene items. Each female minor youth shall be provided with sanitary napkins and/or tampons as needed. Each minor youth to be held over 24 hours shall be provided with the following personal care items:

(a) toothbrush;
(b) dentifrice;
(c) soap,
(d) comb; and,
(e) shaving implements.

Minors Youth shall not be required to share any personal care items listed in items (a) through (d). Liquid soap provided through a common dispenser is permitted. Minors Youth shall not share disposable razors. Double edged safety razors, electric razors, and other shaving instruments capable of breaking the skin, when shared among minors youth, shall be disinfected between individual uses by the method prescribed by the State Board of Barbering and Cosmetology in Sections 979 and 980, Chapter 9, Title 16, California Code of Regulations.


Section 1486. Personal Hygiene.

There shall be written policies and site specific procedures developed and implemented by the facility administrator for showering/bathing and brushing of teeth. Minors Youth shall be permitted to shower/bathe upon assignment to a housing unit and on a daily basis thereafter and given an opportunity to brush their teeth after each meal.

Section 1487. Shaving.

Male minors shall be allowed to shave their faces daily, unless their appearance must be maintained for reasons of identification in Court. Female youth shall be allowed to shave their underarms and legs once per week. The facility administrator may suspend this requirement in relation to minors who are considered to be a danger to themselves or others.


Section 1488. Hair Care Services.

Written policies and site specific procedures shall be developed and implemented by the facility administrator to comply with Title 16, Chapter 9, Sections 979 and 980, California Code of Regulations. Hair care services shall be available in all juvenile facilities. Minors shall receive hair care services monthly. Equipment shall be cleaned and disinfected after each haircut or procedure, by a method approved by the State Board of Barbering and Cosmetology.


ARTICLE 11. STANDARD BEDDING AND LINEN ISSUE.

Section 1500. Standard Bedding and Linen Issue.

Clean laundered, suitable bedding and linens, in good repair, shall be provided for each minor entering a living area who is expected to remain overnight, shall include, but not be limited to:

(a) one mattress or mattress-pillow combination which meets the requirements of Section 1502 of these regulations;
(b) one pillow and a pillow case unless provided for in (a) above;
(c) one mattress cover and a sheet or two sheets;
(d) one towel; and,
(e) one blanket or more depending upon climatic conditions.


Section 1501. Bedding and Linen Exchange.

The facility administrator shall develop and implement site specific written policies and procedures for the scheduled exchange of laundered bedding and linen issued to each minor housed. Washable items such as sheets, mattress covers, pillow cases and towels shall be exchanged for clean replacement at least once each week.
The covering blanket shall be cleaned or laundered once a month.

Section 1502. Mattresses.

Any mattress issued to a minor youth in any facility shall conform to the size of the bed as referenced in Title 24, Section 460A 230.2.5 and be enclosed in an easily cleaned, non-absorbent ticking. Any mattress purchased for issue to a minor youth in a facility, which is locked to prevent unimpeded access to the outdoors, shall be certified by the manufacturer as meeting all requirements of the State Fire Marshal and Bureau of Home Furnishings test standard for penal mattresses at the time of purchase. Technical Information Bulletin Number 121, dated April 1980.

Section 1510. Facility Sanitation, Safety and Maintenance.

The facility administrator shall develop and implement written policies and site specific procedures for the maintenance of an acceptable level of cleanliness, repair and safety throughout the facility. The plan shall provide for a regular schedule of housekeeping tasks, equipment, including restraint devices, and physical plant maintenance and inspections to identify and correct unsanitary or unsafe conditions or work practices in a timely manner.

Medical care housing as described in Title 24, Section 13-201(c)6 shall be cleaned and sanitized according to policies and procedures as established by the health administrator.

Section 1511. Smoke Free Environment.

The facility administrator shall develop policies and procedures to assure that State laws prohibiting minors from smoking are enforced in all juvenile facilities, related work details, and other programs. Policies and procedures shall assure that minors are not exposed to second-hand smoke while in the facility or in the custody of staff.